



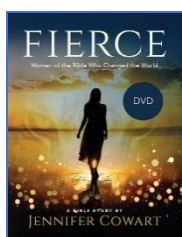
## Exploring UMRC resources - #3

available to borrow from the **United Media Resource Center** <http://www.igrc.org/umrc>

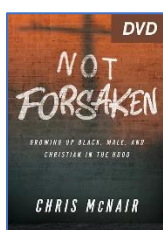
Contact us by e-mail at [umrc@igrc.org](mailto:umrc@igrc.org)

or search for and request items using [the online catalog](#)

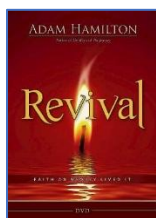
### DVDs:



**FIERCE: WOMEN OF THE BIBLE WHO CHANGED THE WORLD (106094)** Author: Cowart, Jennifer. In this six-session DVD study, Jennifer Cowart explores lesser-known female characters in the Bible and the ways they changed the world by living into God's calling. Sessions: 1) Shiphrah and Puah - Ex. 1 (16 min.); 2) Deborah - Judg. 4-5 (12 min.); 3) Naaman's slave girl - 2 Kings 5 (13 min.); 4) The Samaritan Woman (John 4); Dorcas - Acts 9 (13 min.); 6) Lois and Eunice - Acts 16 and 2 Tim. 1 (16 min.). Note: an optional 3-minute centering segment is provided for each session. Includes leader's guide and sample participant workbook. CLOSED CAPTIONED. Age: Adult. 81 Minutes.



**NOT FORSAKEN: GROWING UP BLACK, MALE, AND CHRISTIAN IN THE HOOD (114058)** Author: McNair, Chris. In this DVD and book set, Chris McNair shares knowledge gleaned from successfully working with at-risk African American boys in the inner city in over thirty years of ministry. He discusses how youth workers can address social, emotional, physical and spiritual issues facing young black men in the city. It is about building a relational ministry among black youth, centered on instilling a sense of identity in Christ and provides a study curriculum to use with the young men themselves. In addition to in-depth content from the leader guide, the study sessions contain everything needed to begin to equip leaders and guide a group through the study including session plans, activities, and discussion questions. The DVD features leadership helps from Chris as well as stories from Chris' graduates for use with youth and can be used in flexible and creative ways in 2-7 minute segments. DVD sessions: 1) Introduction (8 min.); 2) Images of Christ (2 min.); 3) Man up (5 min.); 4) Christian in my context (3 min.); 5) Just wanna be happy (5 min.); 6) How do I fit in? (2 min.); 7) What does it mean to be Black (7 min.); 8) Who I am in Christ (2 min.). Includes paperback book (contains a leader's guide to be used with the book and DVD segments). CLOSED CAPTIONED. Age: Adult. 34 Minutes.

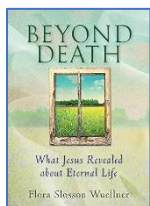


**REVIVAL: FAITH AS WESLEY LIVED IT (118058)** Author: Hamilton, Adam. In this six-session DVD study, we join Adam Hamilton in England and the U.S. as he explores the life and teachings of John Wesley. Sessions: 1) Precursors to revival (11 min.); 2) A longing for holiness (10 min.); 3) A crisis of faith (15 min.); 4) A necessity of grace (16 min.); 5) Works of mercy (10 min.); 6) Persevering to the end (15 min.). Includes leader's guide and paperback book. Age: High school – Adult. 81 Minutes.



**STORIES OF JESUS IN LUKE: SPEED SKETCH BIBLE STORIES (119139)** This DVD contains six Bible stories told in 'speed sketch' style which are appropriate for use with all ages. Each story is told in two versions: 1) an easy-to-understand narrated paraphrase; 2) narrated directly from the NIV 1984 translation of the Bible. Likewise, each story in both forms is available with either English or Spanish audio. Stories (paraphrase time/NIV scripture time): 1) Jesus at the Temple (3 min./2 min.); 2) Jesus' baptism (4 min./2 min.); 3) Jesus' temptation (3 min./2 min.); 4) The paralyzed man (4 min./2 min.); 5) Ten lepers (3 min./2 min.); 6) Zacchaeus (4 min./2 min.). Lesson plans and coloring pages are available online at <https://resources.wesleyan.org/speed-sketch-bible-stories> Ages: Preschool - Adult

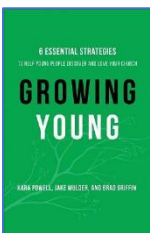
## Books:



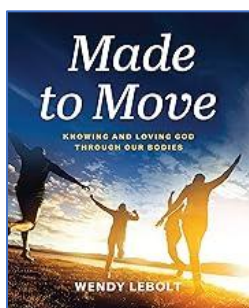
**BEYOND DEATH: WHAT JESUS REVEALED ABOUT ETERNAL LIFE (814122)** Author: Wuellner, Flora Slosson. Chapter titles: Death -- what can we believe; Death is not the end; Resurrection, now or at Judgement Day?; What is heaven?; What is Hell?; How close are we to those who have died? Preparing ourselves and others for death; Eternal life can begin for us now. Each chapter begins with a quotation from Jesus, moves to Wuellner's discernment of the implications of his words, and concludes with a guided meditation that deepens your encounter with the chapter's theme. Age: Adult. 110 Pages.



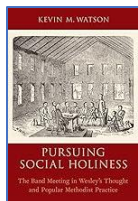
**BIBLE BLACK BELTS: SCRIPTURE WITH A KICK (811071)** Author: Burrows, Mark. Let's get physical! Give children ages 5-12 a healthy balance of fun and content with a program that not only teaches children The Story but teaches them that they are part of The Story. Children move through nine belt levels; each level contains different passages of Scripture or Bible skills. Originally designed to be a series of one-hour sessions for use in Sunday school over the course of nine months, options are also given for 45- and 15-minute sessions. Includes Scripture index. Age: Adult. 112 Pages.



**GROWING YOUNG: SIX ESSENTIAL STRATEGIES TO HELP YOUNG PEOPLE DISCOVER AND LOVE YOUR CHURCH (817140)** Author: Powell, Kara; Mulder, Jake; Griffin, Brad. The authors profile innovative churches that are engaging 15- to 29-year-olds and as a result are growing - spiritually, emotionally, missionally, and numerically. Chapter titles: Growing young -- what congregations are doing right; Unlock keychain leadership -- sharing power with the right people at the right time; Empathize with today's young people -- why 25 is the new 15, and 15 is the new 25; Take Jesus' message seriously -- what's young about the good news; Fuel a warm community -- warm is the new cool; Prioritize young people and families everywhere -- from rhetoric to reality; Be the best neighbors -- loving and shaping your world well; Growing young in your context -- how to create a plan for change. Includes discussion questions. Age: Adult. 330 Pages.



**MADE TO MOVE: KNOWING AND LOVING GOD THROUGH OUR BODIES (819055)** Author: LeBolt, Wendy. Made to Move is a six-week study designed to help people of all ages experience God with heart, soul, mind, and strength through activities that engage the body and its senses, as well as the mind and its imagination. Through daily prayer, Scripture reading, reflection, and activities, individuals and groups will discover the masterpiece God created and is continually crafting in their lives. A book will need to be purchased for each adult participant. Includes a leader's guide for use with adults and notes for using the study with children (which could be adapted for use with youth). Weekly topics: 1) Body image; 2) Body of flesh; 3) Body broken; 4) Body bent; 5) Body rebuilt; 6) Body renewed. Age: Adult. 128 Pages.



**PURSUING SOCIAL HOLINESS: THE BAND MEETING IN WESLEY'S THOUGHT AND POPULAR METHODIST PRACTICE (815152)** Author: Watson, Kevin. Chapters: Forerunners of the early Methodist band meeting; John Wesley's structure and theology of discipleship; The bands as a key to the distinctive Wesleyan synthesis of Anglican and Moravian piety; Early popular Methodist experience of the band meeting; Transition in the popular practice of the bands. Includes appendices, bibliography, and index. Age: Adult. 221 Pages.



**TWITCH AND THE INVISIBLE WIND: AN OWLEGORIES TALE (817283)** Author: Boto, Thomas and Julie. In this full-color book for young children, little Twitch the owl learns to fly. His friends have lots of advice, but they can't seem to help Twitch get off the ground. Finally, they realize he's afraid. How can he trust the air to hold him up when he can't even see it? With help from his friends, Twitch begins to notice that the air is always there, showing up in the soft breeze, the wild wind, even the little gusts that help him get off the ground. The wind reminds Twitch and his friends that God is like the wind—always with us and showing up in surprising ways. Includes 'family time' suggestions for discussion, prayer, and a craft. Illustrated by Andrea Werntz. Age: Preschool – Lower elementary. 30 Pages.