



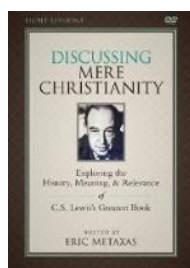
## Sampler #4

available to borrow from the **United Media Resource Center** <http://www.igrc.org/umrc>

Contact Jill Stone by e-mail at [umrc@igrc.org](mailto:umrc@igrc.org)

or search for and request items using [the online catalog](#)

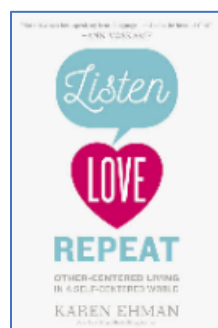
### DVDs:



**DISCUSSING MERE CHRISTIANITY: EXPLORING THE HISTORY, MEANING, AND RELEVANCE OF C. S. LEWIS'S GREATEST BOOK (104075)** Author: Metaxas, Eric. In this eight-session DVD study, host Eric Metaxas and a variety of Christian authors and scholars help us understand the timeless message of C. S. Lewis in fresh ways for a new generation. Sessions: 1) Our sense of right and wrong (22 min.); 2) What's behind our sense of right and wrong (20 min.); 3) The rival conceptions of God (19 min.); 4) Free will and the shocking alternative (22 min.); 5) Christian behavior and the great sin of pride (21 min.); 6) The Christian virtue of hope (20 min.); 7) God in three persons (22 min.); 8) Counting the cost (25 min.). Includes guide. Age: Adult. 171 Minutes.



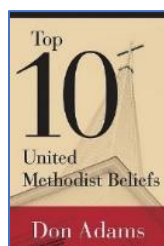
**HOLDING UP YOUR CORNER: GUIDED CONVERSATIONS ABOUT RACE (108062)** Author: Johnson, F. Willis. This resource is designed to help pastors and other faith leaders address issues of race and inequity in their communities. It is a six-hour experience that includes the presentation of key content through brief video clips, activities, and guided discussion in small groups around tables, as well as times for sharing with the whole group. The kit includes DVD (video content for each conversation segment), leader's guide, sample participant guide, and paperback book. For additional information and a link to additional online resources, go to <http://www.abingdonpress.com/holdingupyourcorner> Larger than average print. \*2020 UMW Reading Program: Social Action Age: Adult.



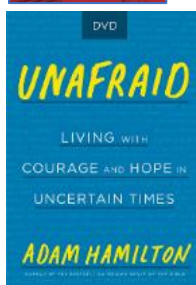
**LISTEN, LOVE, REPEAT: OTHER-CENTERED LIVING IN A SELF-CENTERED WORLD (112111)** Author: Ehman, Karen. In this six-session DVD study, Karen Ehman gives you both the encouragement and practical ways you can reach out to others with planned and random acts of kindness. Topics include loving your family and friends, encouraging coworkers, reaching out to the lonely, blessing the 'necessary people' who help you get life done every day but often go unnoticed, and many others who could use an act of thoughtfulness. An additional focus on modeling for your children a lifestyle that listens and loves is accompanied by doable ideas for you and your family. Sessions: 1) Finding your big 'Why' (22 min.); 2) Let love complete the circle (23 min.); 3) When you live a life of welcome (22 min.); 4) How to hug a porcupine and squeeze a skunk (26 min.); 5) Family matters (23 min.); 6) The boomerang of blessing (28 min.). Includes sample participant's guide. Age: Adult. 144 Minutes.



**METHODIST CLASS LEADER (113091)** Author: Watson, David Lowes. Designed for use in adult classes or small group settings, this seven-session DVD study examines the office of Methodist class leader. Sessions: Class leaders in the early Methodist movement (9 min.); 2) The role and responsibilities of class leaders (9 min.); 3) Who are class leaders? (3 min.); 4) Class leaders in the church today (6 min.); 5) The nature of discipleship and the role of class leaders (10 min.); 6) Helping people grow as disciples (7 min.); 7) Class leaders and the role of laity in the church today (6 min.). Includes discussion guide (also available on the accompanying CD). Age: Adult. 50 Minutes.

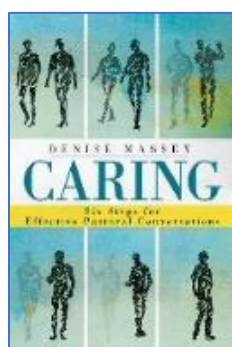


**TOP 10 UNITED METHODIST BELIEFS (120074)** Author: Adams, Don and Rutherford, Rebecca. In this six-session DVD study, Don Adams and Rebecca Rutherford discuss basic beliefs of The United Methodist Church. Chapters: 1) Introduction -- Scriptural beliefs / Conjunctive theology (13 min.); 2) Scripture is our primary source / Reason, tradition, and experience (15 min.); 3) Grace is the necessary glue of all discipleship / Prevenient grace (18 min.); 4) Repentance / Justification (15 min.); 5) Initial sanctification / Holy love (15 min.); 6) We are better together / Entire sanctification (14 min.). Includes leader's guide and paperback book. Age: High school - Adult. 90 Minutes.

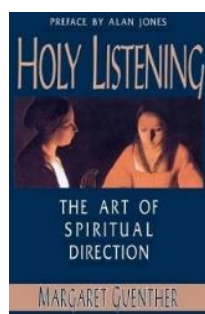


**UNAFRAID: LIVING WITH COURAGE AND HOPE IN UNCERTAIN TIMES (121029)** Author: Hamilton, Adam. In this five-session DVD study, Adam Hamilton explores the worries and fears that all of us experience, helping your small group learn to identify fears and discover practical steps for overcoming them, all in the light of Scripture. Sessions: 1) Understanding and countering fear (17 min.); 2) Crime, race, terrorism, and politics (16 min.); 3) Failure, disappointing others, insignificance, and loneliness (18 min.); 4) Apocalypse, change, missing out, and finances (15 min.); 5) Aging, illness, dying, and fear of the Lord (15 min.). Includes leader's guide and hardback book. CLOSED CAPTIONED. Age: Adult. 81 Minutes.

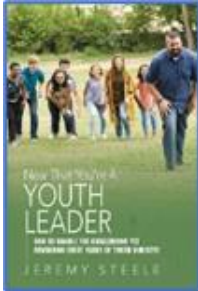
## Books:



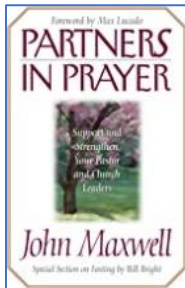
**CARING: SIX STEPS FOR EFFECTIVE PASTORAL CONVERSATIONS (819161)** Author: Massey, Denise. This book helps pastoral caregivers coach people how to access their own spirituality, invoking both God's help and the person's own deep inner wisdom, creating an effective way for caregiver and care seeker to explore six transformative steps together. Chapters: Introduction; C - connect with God, self, and others; A - attend to the journey and assess the need; R - reach clarity about the realistic focus for this conversation; I - inspire the development of a loving action plan; N - navigate around obstacles; G - generate commitment to a specific, loving action plan; Conclusion. Age: Adult. 132 Pages.



**HOLY LISTENING WITH BREATH, BODY, AND THE SPIRIT (820026)** Author: Simpson, Whitney. A stroke at age 31 forced Whitney Simpson to slow down and listen more deeply to her body. During her journey toward healing and wholeness, she found several ancient practices helpful in listening to God and her body: lectio divina, yoga, breath prayer, essential oils, and reflection. Ultimately, she found God's peace. This 40-day prayer book guides us to listen more closely to God with our bodies. Each day includes scripture, yoga postures, breath prayers, essential oils, and reflection questions. Age: Adult. 134 Pages.



**NOW THAT YOU'RE A YOUTH LEADER (818146)** Author: Steele, Jeremy. How to Handle the Challenging Yet Rewarding First Years of Youth Ministry. Practical information makes this book a helpful resource for all youth leaders. Chapters: Self-care; The big pitfalls; Finding and taking youth ministry jobs; Hiring youth ministry staff; Intro to adolescence; Counseling teens; On, the drama of youth ministry; Recruiting, keeping, and firing volunteers; How to manage and plan basic programs; Evaluating youth ministry programs; The boring administration stuff; Communication plan for youth ministry; Your first year in detail - month by month; Small groups/teaching. Age: Adult. 196 Pages.



**PARTNERS IN PRAYER: SUPPORT AND STRENGTHEN YOUR PASTOR AND CHURCH LEADERS (819083)** Author: Maxwell, John. John Maxwell shows church leaders and laypeople how to unleash the potential of prayer on behalf of themselves, one another, and the church. Chapters: Unleashing the potential of prayer; Getting to know your Father; Developing practical prayer skills; Avoiding personal prayer killers; Expanding your prayer focus; Protecting and partnering with your pastors; Praying your church into its potential; Organizing a prayer partner team; Releasing God's power through fasting. Includes discussion questions and additional resources. Age: Adult. 178 Pages.



**SACRED HOLIDAYS: LESS CHAOS, MORE JESUS (818208)** Author: Kiser, Becky. Holidays are meant to be more than chaos with glimpses of grace; they are meant to draw us closer to God and one another. This book helps you avoid what has tripped you up in the past and gives you insights, tips, and tools to make your holidays less chaotic and more about loving Jesus and others. Don't let your holidays be marked by regret, whimsy whirlwinds, or survival mindset. Let's celebrate every holiday together purposefully and worshipfully - loving Jesus and others well in every moment. Chapters: Regrets, better ways, and baby steps; Social experiments and all things whimsy; Holidays (read 30-60 days before holiday): New Year's, Valentine's Day, Lent and Easter, Summer, Halloween, Thanksgiving, Advent and Christmas, Happy Birthday; Common struggles (read as needed): How to not be THAT Christian; Realistic expectations; Conflict, drama and all the feels; Budgets and generosity; Schedules and plans; Grief; Santa and the Easter Bunny; P.S. - be yourself and be with others. Appropriate for teachers and grandparents as well as parents. Age: Adult. 242 Pages.



**SHAPING THEIR FUTURE: MENTORING STUDENTS THROUGH THEIR FORMATIVE COLLEGE YEARS (818072)** Author: Chmielecki, Guy. For many college students today, the formative college years are being wasted. Our young adults need to be encouraged to work with God to make the most of their formative college years. They need a mentor — someone who can help them to recognize God's present work in their life, and the direction they need to move in. This book is designed to assist mentors — the parents, pastors, professors, coaches, employers, etc.— serve as a guide, a rudder, or even a springboard into conversations surrounding specific arenas of life that require our students' attention, consideration, and application or action. Includes questions for reflection. Age: Adult. 224 Pages.



**SPEAK YOUR PEACE: WHAT THE BIBLE SAYS ABOUT LOVING OUR ENEMIES (820067)** Author: Sider, Ronald J. Chapters: The central questions; The setting for Jesus' radical teaching; Living in Jesus' dawning kingdom; Further claims of Jesus and how Christians evade them; Does the rest of the New Testament reflect what Jesus taught?; But what about . . . ?; Jesus and killing in the Old Testament; Foundational theological issues; Problems with pacifism; Problems with just war thinking; What if most (or all) Christians became pacifists?; Nonviolence and the atonement; Christians and killing in church history; If Jesus is Lord. Includes discussion questions. Age: Adult. 197 Pages.