

DVD studies for adults – list 10

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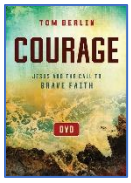
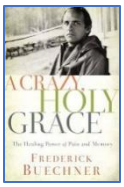
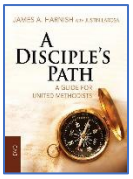


COURAGE: JESUS AND THE CALL TO BRAVE FAITH (103156) Author: Berlin, Tom. In this six-session DVD study, Tom Berlin explores the composition of what we call courage, with Jesus as our guide and our focus. Sessions: 1) The clarity of courage (9 min.); 2) The conviction of courage (7 min.); 3) The candor of courage (8 min.); 4) The hope of courage (7 min.); 5) The fortitude of courage (7 min.); 6) The love of courage (7 min.). Includes leader's guide and paperback book. CLOSED CAPTIONED. 45 Minutes.



CRAZY, HOLY GRACE: THE HEALING POWER OF PAIN AND MEMORY (103144) Author: Buechner, Frederick and Poteet, Michael. Each of us experiences pain. Though time really does help to heal wounds, nothing can erase our memories. In this four-session DVD study, we learn about the healing power of memory and how to use past goodnesses and graces from God to close old wounds. Sessions: 1) The gates of pain (12 min.); 2) A crazy, holy grace (14 min.); 3) The magical room of memory (11 min.); 4) The struggle and hope of memory (13 min.). Includes leader's guide, participant guide, and paperback book. CLOSED CAPTIONED. 50 Minutes.



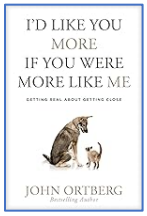
DISCIPLE'S PATH: A GUIDE FOR UNITED METHODISTS (104099) Author: Harnish, James A. and LaRosa, Justin. This six-session DVD study is an engaging approach to discipleship from a distinctly Wesleyan perspective. Whether used as an introduction for new members or a renewal course for existing members, this study guides individuals to take the next step in discipleship and become dynamic, engaged followers of Jesus Christ. Sessions: 1) A disciple's path defined (10 min.); 2) Prayers (10 min.); 3) Presence (10 min.); 4) Gifts (10 min.); 5) Service (10 min.); 6) Witness (10 min.). Includes leader guide, daily workbook, and companion reader. CLOSED CAPTIONED. 60 Minutes.



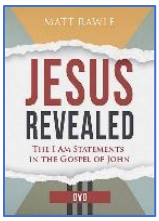
FORGOTTEN GOD: REVERSING OUR TRAGIC NEGLECT OF THE HOLY SPIRIT (106050) Author: Chan, Francis. This DVD study offers a compelling invitation to understand, embrace, and follow the Holy Spirit's direction in our lives. Featuring Francis Chan, this seven-session DVD study contains teaching segments that correspond to each chapter of the paperback book 'Forgotten God': 1) I've got Jesus, why do I need the Spirit (11 min.); 2) What are you afraid of? (9 min.); 3) Theology of the Holy Spirit (10 min.); 4) Why do you want Him (5 min.); 5) A real relationship (12 min.); 6) Forget about His will for your life (11 min.); 7) Supernatural church (9 min.). Kit includes paperback book and workbook ("Remembering the Forgotten God"). CLOSED CAPTIONED. 67 Minutes.



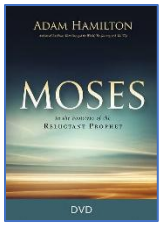
GRACE-FULL LIFE: GOD'S ALL-REACHING, SOUL-SAVING, CHARACTER-SHAPING, NEVER-ENDING LOVE (107098) Author: Acevedo, Jorge and Olds, Wes. God's grace is like a big umbrella that covers us from the cradle to the grave. We all live under this grace. The question is: how do we experience it? In this four-session DVD study, Jorge Acevedo and Wes Olds examine God's Word and explore four distinct seasons in which we experience God's grace along life's journey, leading us to a better understanding and experience of the amazing grace of God that transforms us, those around us, and our world. Sessions: 1) Even there -- God's all-reaching love (11 min.); 2) Even now -- God's soul-saving love (14 min.); 3) Even more -- God's character-shaping love (14 min.); 4) Even when -- God's never-ending love (12 min.). Includes leader's guide and paperback book. 51 Minutes.



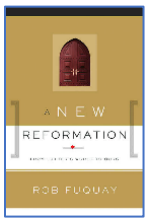
I'D LIKE YOU MORE IF YOU WERE MORE LIKE ME (109056) Author: Ortberg, John. In this six-session DVD study, John Ortberg shares how to connect on a deeper level with the people God has placed in your life as you grow closer to the One who made you for relationships. Sessions: 1) Around the table (5 min.); 2) Created for connection (7 min.); 3) Compassion and commitment (5 min.); 4) Walls and cracks (8 min.); 5) Wounds and healing (5 min.); 6) Real and close (6 min.). Includes leader guide and member guide. 36 Minutes.



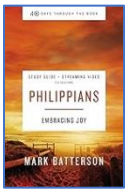
JESUS REVEALED: THE I AM STATEMENTS IN THE GOSPEL OF JOHN (110065) Author: Rawle, Matt. In this six-session DVD study, Matt Rawle explores the 'I Am' statements in John. He shows how these words point beyond themselves to the deep mystery of Jesus Christ. Sessions: 1) I am the light of the world – Jn. 8:12 (13 min.); 2) I am the bread of life - Jn. 6:48 (14 min.); 3) I am the good shepherd - Jn. 10:11 (15 min.); 4) I am the vine – Jn. 15:1 (14 min.); 5) I am the way, the truth, and the life – Jn. 14:6 (12 min.); 6) I am the resurrection and the life – Jn. 11:25 (14 min.). Includes leader's guide and paperback book. CLOSED CAPTIONED. 82 Minutes.



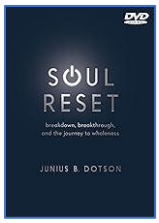
MOSES: IN THE FOOTSTEPS OF THE RELUCTANT PROPHET (113082) Author: Hamilton, Adam. In this six-session DVD study, Adam Hamilton uses historical information, archaeological data, and biblical text to guide us in the footsteps of Moses, a reluctant prophet who blazed a trail of faith. Sessions: 1) The birth of Moses (10 min.); 2) The moments that defined the man (10 min.); 3) The exodus (12 min.); 4) The Ten commandments (10 min.); 5) Lessons from the wilderness (10 min.); 6) Don't forget, pass it on (9 min.). Includes leader's guide and hardback book. CLOSED CAPTIONED. 61 Minutes.



NEW REFORMATION: FROM LUTHER'S WORLD TO OURS (114053) Author: Fuquay, Rob. In this six-session DVD study, Rob Fuquay introduces you to the life of Martin Luther and two important themes of the Reformation he sparked -- the centrality of Scripture and the power of God's grace. Through a close look into the life of Martin Luther and the world of 16th-century Europe, you will discover what makes Luther's message revolutionary today and how we can embrace Reformation in the church and in our personal lives. Sessions: 1) A perfect storm (9 min.); 2) Sola Scriptura (7 min.); 3) Sola Fide (8 min.); 4) Taking a stand (8 min.); 5) Refuge (6 min.); 6) The priesthood of all believers (8 min.). Includes leader guide and paperback book. CLOSED CAPTIONED. 46 Minutes.



PHILIPPIANS: EMBRACING JOY (116115) Author: Batterson, Mark. In this six-session DVD study, Mark Batterson guides you through Paul's letter to the Philippians, revealing what the apostle's words meant to his original readers and how they apply to you today. Part of the 40 Days Through the Book series, designed to help believers more actively engage with God's Word. Each study encourages participants to read through one book in the New Testament at least once during the course of 40 days (approximately 6 weeks of meetings) and will provide them with a clear understanding of the background and culture in which the book was written, insights into key passages of Scripture, and clear applications and takeaways from the particular book that participants can apply to their lives. Sessions: 1) A love letter (19 min.); 2) There you are (21 min.); 3) The creative minority (20 min.); 4) Attitude check (21 min.); 5) Live not by lies (21 min.); 6) The focusing illusion (20 min.) Includes guide. CLOSED CAPTIONED. 122 Minutes.



SOUL RESET: BREAKDOWN, BREAKTHROUGH, AND THE JOURNEY TO WHOLENESS (119174) Author: Dotson, Junius. Are you working at a relentless pace, trapped in a cycle of trying to meet others' needs and ignoring your own? You need a Soul Reset - a hard stop to chronic busyness a deep look inward, an intentional reliance on spiritual practices to help you reconnect with God, and a new path toward the abundant life into which Jesus calls you. Wherever you are on your spiritual journey, this six-session DVD study offers practical help for slowing down and allowing God to transform your life. Sessions: 1) How is it with your soul? / Soul reset assessment (7 min.); 2) When depression hits / Feel the feelings (6 min.); 3) It's not all on me / Feeling overwhelmed (6 min.); 4) Eat something / Rest and renewal (6 min.); 5) Life in crisis / What to do with grief (8 min.); 6) Living in the light / Confession and community (6 min.). Includes paperback book. PDF leader guides are available for sale from the Upper Room and Cokesbury. CLOSED CAPTIONED.