

New Resources!

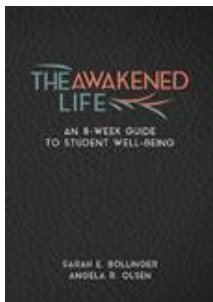
available to borrow from the **United Media Resource Center** <http://www.igrc.org/umrc>
Contact Jill Stone at 217-529-2744 or by e-mail at umrc@igrc.org
or search for and request items using [the online catalog](#)

DVD:



NOTHING WASTED: GOD USES THE STUFF YOU WOULDN'T (114056) Author: Van Norman, Casey. In this six-session DVD study, Kasey Van Norman offers a vulnerable exposition of how capable and willing God is to resurrect us from sin and redeem us from all shame. God does not care if we are the reason for or the recipient of our messes—he wants us to understand the magnitude of receiving his grace and trust him to transform our pain into something glorious. Nothing is wasted with God. Sessions: 1) God doesn't waste your life (19 min.); 2) God doesn't waste your relationship (25 min.); 3) God doesn't waste your regret (19 min.); 4) God doesn't waste your pain (21 min.); 5) God doesn't waste your nature (19 min.); 6) God doesn't waste your confession (24 min.). Includes guide and paperback book. CLOSED CAPTIONED. Age: Adults. 127 Minutes.

Book for an online study – available for two-week preview



AWAKENED LIFE: AN 8-WEEK GUIDE TO STUDENT WELL-BEING (919049) Author: Bollinger, Sarah and Olsen, Angela. This is an eight-week, small group resource designed to teach psychosocial skills and help students build resiliency and foster mental, emotional, and spiritual well-being using mindfulness techniques. Specifically intended to equip chaplains, college ministers, and spiritual leaders, The Awakened Life can help students learn and cultivate spiritual practices that will lead to abundant living despite the anxieties and pressures of college life. Research demonstrates that mindfulness practices contribute to improved mood, concentration, and relationships. The Christian faith tradition has a lot to add to the conversation around mindfulness and draws from a rich contemplative history. With this knowledge in mind, this curriculum teaches students to be more present and navigate emotional disturbance with equanimity by incorporating these mindful practices into their

daily lives. The book includes weekly readings, exercises, journal prompts, discussion questions, home practices for the week, and a leader's guide. **The study also uses online resources which are available at:**

www.theawakenedlife.info Available for two-week preview only. Age: High school - Adult. 151 Pages.

Books:



BIG GOSPEL IN SMALL PLACES: WHY MINISTRY IN FORGOTTEN COMMUNITIES MATTERS (820003) Author: Witmer, Stephen. Chapters: Taking a fresh look at small places; Why small places are better than we think; Why small places are worse than we think; The source and goal of small-place ministry; Strategic isn't always what we think; Small is usually better than we think; Slow is often wiser than we think; Fruitful small-place ministry - the circle and the arrow; Battling joy killers in small-place ministry; Good and bad reasons not to do small-place ministry; Good and bad reasons to do small-place ministry; Common reasons to prioritize big-place ministry; Pray big, trust God, work hard. Age: Adult. 204 Pages.



COLLATERAL DAMAGE: CHANGING THE CONVERSATION ABOUT FIREARMS AND FAITH (820005) Author: Atwood, James. Chapters: Not in the stats - the collateral damage of 393 million guns; Slogans we die by - ten myths about guns; 'In this game for keeps' - a short history of fundamentalism; Fear and incivility - living in a nation with more guns than people; Not just for soldiers - PTSD, suicide, and the epidemic of despair; Our teachers' arms - guns in public spaces; Count the cost - the economic toll of gun violence; Whose law and order? - the interface of guns, racism, and poverty; Come to the light - exposing falsehoods, advocating for truth; Show love, demand justice - some modest proposals for change; Finding hope - working toward God's peaceful tomorrow. Includes bibliography. Age: Adult. 221 Pages.

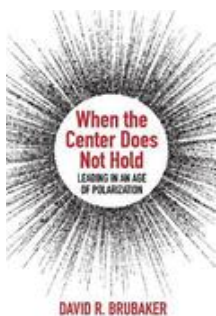


HOW CHANGE COMES TO YOUR CHURCH: A GUIDEBOOK FOR CHURCH INNOVATIONS (820002) Author: Keifert, Patrick and Granberg-Michaelson, Wesley. This book draws on the practical experience, stories, and examples of two experienced church leaders. Patrick Keifert and Wesley Granberg-Michaelson have helped congregations as well as denominational organizations identify key elements that are a necessary part of transformational change. Rather than a superficial approach with a simplistic formula, this book focuses on the important work of changing church culture, with innovative spiritual practices that establish the foundation for durable, missional change. Chapters: What needs to change, and how?; Making space; Nurturing a climate of discernment; Dwelling in the Word; Sharing the journey; Being transformed - practices for missional change. Includes discussion questions. Age: Adult. 154 Pages.



TEACHING KIDS TO CARE FOR GOD'S CREATION: REFLECTIONS, ACTIVITIES AND PRAYERS FOR CATECHISTS AND FAMILIES (820000) Author: Clark, Mary Elizabeth. This book gives ideas to parents and teachers for helping young people and their families do the good work of keeping our planet livable and sustainable for coming generations. Chapters: On care for our common home; What is our common home?; What is happening to our home now?; What can I do about pollution?; Who lives in our common home?; How do we live in our common home?; What can I do about how I live?; What does Jesus in the gospels show us?; What can I do to be more like Jesus?; What does my faith teach me about how to live?; What does science teach?; What do I know about the mystery of the universe?; What can I learn from nature?; What are some ways I can be more creative?; How can I practice being in harmony?; How do I get along with people?; Steps to make a decision to keep the peace; How does technology help me to care?; What does food have to do with our common home?; What kinds of games can deepen our care?; What would a new way of being look like?; Ways

to celebrate the joy and peace; How does the mystery of the Holy Trinity help us?; How do I celebrate the Sabbath?; What sacramental signs help us to remember?; What can we do during Advent?; What can we do during Lent?; Mary is a model for us; What saints are good examples of caring?; Canticle of the Sun - ways to celebrate Earth every day. Age: Adult. 80 Pages.



WHEN THE CENTER DOES NOT HOLD: LEADING IN AN AGE OF POLARIZATION (820001) Author: Brubaker, David, editor. This book provides tools and processes that will equip leaders to both manage themselves and effectively lead others in highly polarized and anxious systems. Chapter titles and authors: Understanding polarization (David Brubaker); Leadership and polarization (David Brubaker); Communicating across the divide (Everett Brubaker); Trauma, polarization, and connection (Carolyn Yoder); Weathering polarization with resilience (Teresa Haase); Transforming polarization (David Brubaker); Love that transforms (David Brubaker). Includes bibliography. Age: Adult. 138 Pages.