

March 12, 2020

I wanted to take this opportunity to update you on the MNjcc's approach to COVID-19 since my email of March 5.

We are closely following updates from Toronto Public Health, the Public Health Agency of Canada, and the World Health Organization concerning COVID-19 in order to do our part to keep our community healthy.

Please note the following:

- *Programs:* At this time, all of our programs are running as usual with extra measures for social distancing where possible. A banner on the front page of our website [www.mnjcc.org](http://www.mnjcc.org) will contain an up-to-date notice of any cancellations.
- *Cleaning:* Our cleaning protocols and use of disinfectants have intensified in accordance with public health recommendations. This includes extra attention to all spaces, as well as high-use surfaces such as railings, doors and our elevator. We have increased cleaning and use protocols for sanitizing classrooms, toys and equipment, and equipment in the fitness centre and gymnasium. We are actively minimizing food sharing around the building.
- *Hand-washing and sanitizing:* additional hand-washing signage, supplies, sanitizing stations and wipes have been made available throughout the building.
- We have instituted strict travel protocols for staff.

How you can help:

**IF YOU ARE SICK:** If you are not feeling well or exhibit any symptoms of illness, please refrain from coming to the MNjcc and contact your health care practitioner.

**CHILDREN:** If your children are enrolled in any of our programs, please do not send them to the MNjcc if they are sick. Also, if you are called to pick up a sick child from any of our programs, please arrive in as timely a manner as is safely possible.

**HANDS:** Please wash your hands frequently, consider carrying hand sanitizer to use if soap and water are not readily available, cover your mouth and nose when sneezing (if a tissue is not readily available, use the upper part of your arm/sleeve), and properly dispose of tissues and paper towels in appropriate trash receptacles.

**WORKOUT ROUTINE:** If you work out in our Fitness Centre, please use the disinfectant spray that we provide to wipe down your equipment both before and after use.

**TRAVEL:** If you are planning to do any travel in the coming months and during the upcoming March break, please familiarize yourselves with information about areas with health travel advisories. You can find information on that [HERE](#). Please note that travel advisories change often.



The MNjcc is committed to accessibility.  
Please let us know in advance if you have  
any accommodation needs: [inclusion@mnjcc.org](mailto:inclusion@mnjcc.org)



**United Way**  
Toronto & York Region

**Miles Nadal Jewish Community Centre**  
750 Spadina Avenue  
Toronto Ontario M5S 2J2  
416.924.6211 [info@mnjcc.org](mailto:info@mnjcc.org)  
Charitable# 140344243RR0001

TOWELS: Please do not leave any MNjcc towels that you have used in public areas, locker rooms or in the fitness centre; instead, place them in the designated bins located in the locker rooms and at the Fitness Desk.

Important Links:

Public Health Agency of Canada: <https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19.html>

World Health Organization: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019>

Toronto Public Health: <https://www.toronto.ca/community-people/health-wellness-care/diseases-medications-vaccines/coronavirus/>

We are committed to the health, safety and well-being of our MNjcc community. As you know, there are many people who regularly use our building who may be particularly vulnerable to the impact of COVID-19 (young children, older adults, immunocompromised individuals and individuals with underlying medical conditions).

As this situation is changing often, I will update you with new information as it is received. You can also follow our website notifications at [www.mnjcc.org](http://www.mnjcc.org) Together, we can help reduce exposure.

Thank you for your cooperation.

Harriet Wichin  
Executive Director

