TEJANO CENTER ★ ESTABLISHED 1992 ★

RYSS

BIRTH TO TWO PROGRAM

For expecting parents, moms & caregivers of children 0 - 3 years of age

What to Expect:

- Honor the strengths you already have
- Explore bonding strategies & confidence-building
- Add new skills to your parenting toolbox
- Connect with others who share your journey

Classes:

Week 1: Brain Building
Week 2: Managing Stress
Week 3: Building Resilience
Week 4: Creating Attachment
Week 5: Developing Language
Week 6: Parental Empowerment

Incentive will be given for attendance!

Scan the QR code to register!



Or Contact Us for More Information

713-640-3796

Curriculum in partnership with: Brain Builders