

VOLUNTEERS NEEDED

Help Support Brain Health in Our Community

MDR - Your Brain Health Matters

Looking for caring volunteers to support adults with memory loss through companionship, activities, and meal service

Program Volunteer

10:00 AM - 3:00 PM

Monday or Wednesday Available

Lunch Host Volunteer

11:00 AM - 1:30 PM

Monday or Wednesday Available

We're Looking For:

- Compassionate people who enjoy helping others
- Dependable team players
- Flexible Availability
- No healthcare experience needed

Interested?

239-388-4134

admin@yourbrainhealthmatters.org

www.MDRYourBrainHealthMatters.org