

# Brainspotting

## International Webinar Series

2nd Webinar to Benefit the Brainspotting Association

### Brain Science to Transform Your Brainspotting Practice Animal Brain Gone Wild!

Online via Zoom

**Deborah Antinori, MA, LPC, FT, RDT**

#### What you will learn in this course:

- How to communicate in layman's terms our current theories regarding how Brainspotting works in the brain/body.
- A deep understanding of the brain mechanisms that inform us why Brainspotting seems to work as profoundly as it does
- Clear knowledge and articulation of how the brain moves from dysregulation to regulation.
- The neurobiological reasons to "WAIT" (Why am I Talking?)
- What the heck are the agranular isocortex, isocortex, allocortex, amygdala, hypothalamus and PAG and their gang? And, why do they matter?

#### Meet the Trainer: Deborah Antinori MA, LPC, FT, RDT

Deborah Antinori is a Licensed Professional Counselor with 30 years in private practice. She is a Brainspotting US Trainer and Certified Consultant, and a member of David Grand's NY supervision group. She has been using Brainspotting since its inception, having met Dr. Grand in a 1998 EMDR training where he was a facilitator and then became her supervisor.

As a grief therapist, Deborah holds her Fellow in Thanatology from the Association for Death Education and Counseling. She is the author of the double award-winning audiobook, Journey Through Pet Loss; and authored a chapter on grief in The Power of Brainspotting: An International Anthology.

She is beginning her PhD on the Visual System, Brainspotting and other modalities utilizing the visual field through the International University for Graduate Studies. Deborah is a masters graduate of NYU's Drama Therapy Dept. Originally an actress, she earned her BFA from the Boston Conservatory of Music and is still in the professional actor's unions, AEA and SAG/AFTRA.

#### WHEN

February 16, 2021

#### SCHEDULE

Tuesday, February 16:  
9:00 am - 11:00 am (Pacific)

#### WHERE

Online via Zoom Conferencing

#### TICKET COST

\$50

All Proceeds Benefit the Brainspotting Association

To Register:

<https://www.pacifictraumacenter.com/events/animal-brain-gone-wild>

For more information:

<https://www.pacifictraumacenter.com/trainings>

For administrative questions  
contact Peter Fitch at:  
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(916) 715-8326



"This course is chalk full of invaluable information for Brainspotters with a comedic feel to it. Deb Antinori, as a former National Lampoon player, makes brain science hilarious, fun and easy to understand. Think of it like Comedy Brain-School!"

-Lisa Larson, LMFT, Brainspotting Trainer