

***Opioid Stewardship Plan – CPESN Example/Template***  
***(As of 6.27.2023)***

**Care Delivery Objective** – Safe, judicious, and optimal use of opioids with our pharmacy's patients so that they may achieve therapeutic objectives aligned with their optimal health and well-being.

**Core Strategies:**

1. Monitor patients by using prescription drug monitoring programs (PDMP) when legally available to assess opioid and other high risk prescriptions and prescriber patterns for red flags.
  - a. Require staff who qualify to have a login to local Prescription Drug Monitoring Program (PDMP).
2. Utilize data available through PDMP as needed to enhance care coordination and overall care delivery.
3. Offer naloxone for patients at risk for abuse/overdose, especially consider offering naloxone if  $\geq$  50 MME/day total.
  - a. Discuss with the patient about aspects of their prescription medication regimen, medical history, and substance use that increase their risk for respiratory depression and opioid overdose.
4. Educate patient on importance of and how to properly store and dispose unused opioids and other high risk medications (e.g., benzodiazepines, gabapentin).
5. Implement pharmacy staff training.
6. Documenting opioid stewardship for patients, which may include eCare Plan documentation.

**Special Focus Strategies**

7. Create and implement pharmacy policy for opioid dispensing, which may include an opioid pledge with patients.
8. Provide ongoing screening of patients by utilizing a patient-reported level of pain instrument (i.e., the PEG 3-item scale) and monitoring of patients.
9. Provide opioid tapering when appropriate.
10. Educate and inform patients on appropriate non-opioid pain treatments, including but not limited to other prescription and non-prescription medications and non-pharmacologic treatments. Furthermore, make recommendations to the prescriber where opportunities are found to improve overall pain treatment.
11. Offer Medication Assisted Treatment services.
12. Provide opioid prescriber education: Aims to curb the opioid epidemic by educating providers on managing patients who have chronic pain, specifically focused on opioids.