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The American College of Psychiatrists Announces 2024 Award Recipients Awards Honor Leaders in Mental Healthcare

Chicago, January 17, 2024—The American College of Psychiatrists has announced the recipients of its 2024 awards, which will be presented at The College's Annual Meeting in New Orleans, on February 24, 2024. The awards recognize those mental health professionals responsible for advancing psychiatry through their service, research, clinical work, and educational activities.

Laura Roberts, MD, MA, Receives the Distinguished Service Award

The Distinguished Service Award recognizes significant achievements and leadership in the field of psychiatry. Laura Roberts serves as Chairman and the Katharine Dexter McCormick and Stanley McCormick Memorial Professor in the Department of Psychiatry and Behavioral Sciences at the Stanford University School of Medicine as well as in a number of leadership roles at Stanford University and in the Stanford Medicine enterprise. She is a physician-scientist in academic medicine and an internationally recognized scholar in bioethics, psychiatry, medicine, and medical education. Dr. Roberts' early work elevated the perspectives of key stakeholders in psychiatric research, engaging with individuals with lived experience of mental and physical disorders, investigators, community members, and policymakers. Over two decades, Dr. Roberts has received scientific, peer-reviewed funding from the National Institutes of Health and Department of Energy, as well as private foundations to perform empirical studies of modern ethical issues in research, clinical care, and health policy, with a particular focus on vulnerable and special populations.

Dr. Roberts has written hundreds of peer-reviewed articles and other scholarly works, and has written or edited many books in the areas of professionalism and ethics in medicine, professional development for physicians, and major texts in clinical psychiatry. Dr. Roberts is the Editor-in-Chief of the journal *Academic Medicine* and has served as Editor-in-Chief, Books for the American Psychiatric Association since 2016. Dr. Roberts also served as the Editor-in-Chief for the journal *Academic Psychiatry* from 2002-2019 and she also serves as an editorial board member and peer reviewer for many scientific and education journals.

Bowis Award Presented to Carol A. Bernstein, MD

Each year, The College presents the Bowis Award to a Member or Fellow who has played an important leadership role in the organization. Carol Bernstein joined The College in 1994 and became a Fellow in 2001. She has a long record of outstanding College service and leadership: she has been a Member of the Program Committee, Laughlin Fellowship Committee, and Nominations Committee, and has been the Vice Chair of the Long-Range Planning Committee. Dr. Bernstein has also served on the College Board of Regents and has been the College Treasurer since 2016. She has attended most Annual Meetings of The College, and she has been a speaker on numerous occasions.

In addition to her College service, Dr. Bernstein has had a long and distinguished record in academic and professional psychiatry. She has held senior educational leadership positions in several departments of psychiatry in the New York City area, including Columbia, NYU, and Einstein. She has been very involved in national professional organizations, including the APA (Board of Trustees, Treasurer, Vice President, and President), Psychiatry Review Committee (Member), ACGME (Board of Directors), ABPN (Senior Examiner), AADPRT (Executive Council), AAP, and the American Medical Women's Association.

Dr. Bernstein's record of service has been recognized by many organizations, including the APA (Irma Bland Award for Excellence in Teaching Residents, Psychiatric Educator Award, Alexandra Symonds Award for Contributions to Women's Health and the Advancement of Women, Distinguished Service Award, and Presidential Commendation), the ACGME (John C. Gienapp Award for Exemplary Contributions to GME and Accreditation), and NYU (Lifetime Service in Residency Education Award). In 2019, she received The College's Distinguished Service in Psychiatry Award.

Dr. Bernstein's approach and her contributions in education and leadership have had major and lasting effects on many young psychiatrists, many of whom look to her as an inspiring role model.

Vikram Patel, MBBS, PhD, Named Honorary Fellow in The College

The American College of Psychiatrists awards Honorary Fellowships in The College to distinguished professionals who have made significant scientific and clinical contributions to the field of psychiatry. Vikram Patel is the Paul Farmer Professor and Chair of the Department of Global Health and Social Medicine at Harvard Medical School. He also holds honorary Professorships at the Harvard Chan School of Public Health, the London School of Hygiene and Tropical Medicine and the Public Health Foundation of India. Dr. Patel co-leads the Department's Mental Health for All lab and co-leads the GlobalMentalHealth@Harvard initiative.

Dr. Patel's work has focused on the burden of mental health problems across the life course, their association with social disadvantage, and the use of community resources for their prevention and treatment. He is a co-founder of the Movement for Global Mental Health, the Centre for Global Mental Health (at the London School of Hygiene & Tropical Medicine), the Mental Health Innovations Network, and Sangath, an Indian NGO which won the WHO Public Health Champion of India prize and the MacArthur Foundation's International Prize.

Dr. Patel is a Fellow of the UK's Academy of Medical Sciences and member of the US National Academy of Medicine. He served on the Committee which drafted India's first National Mental Health Policy and the WHO High Level Independent Commission for Non-Communicable Diseases. He co-led the Lancet

Commission on Global Mental Health & Sustainable Development and the Lancet-World Psychiatric Association Commission on Depression. He has been awarded the Chalmers Medal (Royal Society of Tropical Medicine and Hygiene); the Sarnat Prize (National Academy of Medicine); the Pardes Humanitarian Prize (the Brain and Behaviour Research Foundation); the Klerman Senior Investigator Prize (the Depression and Bipolar Disorder Alliance); an Honorary OBE (UK Government); and the John Dirk Canada Gairdner Award in Global Health. He has been awarded Honorary Doctorates from Georgetown University, York University, Stellenbosch University and the University of Amsterdam. He was listed in TIME Magazine's 100 most influential persons of the year in 2015.

Bradley S. Peterson, MD, Receives the Award for Leadership in Child, Adolescent and Young Adult Psychiatry

The Award for Leadership in Child, Adolescent and Young Adult Psychiatry recognizes practitioners who stand out as leaders among their peers and whose body of work to date has had a substantial impact on the field of child, adolescent and young adult psychiatry. Bradley Peterson is the Vice Chair for Research and Director of the Division of Child and Adolescent Psychiatry in the Department of Psychiatry at the University of Southern California. He is also the Director of the Institute for the Developing Mind, Chief of Psychiatry, and Co-Director of the Behavioral Health Institute at Children's Hospital Los Angeles. He received his MD from the University of Wisconsin-Madison, then trained in General Psychiatry at Massachusetts General Hospital, in Child Psychiatry at the Yale Child Study Center, and in psychoanalysis at the Western New England Institute of Psychoanalysis.

Dr. Peterson previously served as Director of Neuroimaging at the Yale Child Study Center and as founding director of the MRI research program and Director of the Division of Child Psychiatry at Columbia University. His research focuses on the use of brain imaging technologies to study the developmental origins of mental illness. He has authored more than 360 peer-reviewed publications that include imaging studies of normal brain development, preterm birth, neurotoxic exposures, Tourette syndrome, ADHD, Autism, Depression, and other mood disorders. Dr. Peterson often incorporates brain imaging into Randomized Controlled Trials of biological and psychological therapies to identify the brain-based causal mediators of therapeutic response. He has mentored more than 25 graduate students and 55 postdoctoral fellows and junior research faculty members. He also leads the development and implementation of large clinical programs for youth, and he teaches year-long seminars on the principles and techniques of psychodynamic psychotherapy to general residents and child fellows.

The Award for Creativity in Psychiatric Education Presented to University of Calgary's Psychiatry Simulation Training Program

The Simulation Training Program (SIM-P), developed by University of Calgary's residency training program, was initiated to create a more effective way of teaching approaches and management for common and high-risk safety issues one is likely to encounter on call. Its success since its 2018 inception has seen SIM-P expand steadily, and it is now embedded into the curriculum. By combining a simulation with pre-readings, a brief didactic teaching session, the simulation, and the debrief, residents can increase their competence and confidence in managing these experiences. The 'live' element of simulation allows for a chance to perform the skills within the safety of a simulated environment. Out of these simulations there has developed an enhanced ability to teach ethical issues in practice, managing boundary violations, coping with intense

emotional reactions, dealing with complex team dynamics, and addressing challenges in involuntary containment and treatment. In addition, the program addresses teaching in topics of diverse and at-risk populations, as well as cultural psychiatry.

The four components of SIM-P training are 1) Foundational Psychiatric Skills for New Residents, which allows residents to experience high risk and high frequency mental health emergencies, enhancing confidence, decreasing anxiety, and promoting a sense of safety and wellness. 2) Complex and Unusual Presentations for Senior Residents, a series of SIMs that explore the management of unusual, complex, and critical patient scenarios which one may not experience frequently or at all through one's training. This series ensures competency with patient care scenarios, which are rare but critical to understand how to manage. 3) Collaborative integrative SIMs, which are a series of SIMs designed to support the education of staff in faculties which commonly collaborate in the care of psychiatric patients. They are particularly unique as they are co-delivered and debriefed with a resident and staff from another specialty. 4) Socio-Cultural SIMs, a series designed to support the training of residents in meeting the needs of diverse populations and in the practice of sensitive and competent care for patients facing social or culturally challenging experiences in health care settings.

The College Names David C. Henderson, MD, Recipient of the Stanley Dean Research Award

The Stanley Dean Research Award honors an individual who has had a major impact on the diagnosis and treatment of schizophrenic disorders. David Henderson currently serves as Psychiatrist-in-Chief at Boston Medical Center (BMC) and Professor and Chair, Department of Psychiatry, at Boston University Chobanian & Avedisian School of Medicine. Dr. Henderson previously served as Director of the Chester M. Pierce, M.D., Division of Global Psychiatry at Massachusetts General Hospital (MGH), Director of the MGH Schizophrenia Clinical and Research Program, and Medical Director of the Harvard Program in Refugee Trauma. He serves as Co-Director of the NIMH T32 Boston University Chobanian & Avedisian School of Medicine/Massachusetts General Hospital Global Mental Health Clinical Research Fellowship.

Dr. Henderson has worked internationally for the past 30 years in resource-limited settings, and areas impacted by mass violence, disasters, and complex emergencies. He has conducted research and training programs in Bosnia, Cambodia, East Timor, Ethiopia, Haiti, Liberia, New Orleans, New York City, Rwanda, Peru, South Africa, and Somaliland, among other places. His work has consisted of field studies, needs assessments, mental health policy development and strategic planning, quantitative and qualitative surveys, mental health capacity building programs for specialized and primary health professionals, and skill-transfer program evaluation. In the United States, Dr. Henderson has conducted more than 30 randomized clinical trials in severely mentally ill populations. He has mentored trainees and junior faculty who have progressed to K awards and secured other independent funding. He is a Director of the American Board of Psychiatry and Neurology (ABPN).

Eric J. Lenze, MD, Named Recipient of Award for the Research in Geriatric Psychiatry

The Award for Research in Geriatric Psychiatry honors an individual who has made major contributions to the field of geropsychiatry. Eric Lenze is the Wallace & Lucille Renard Professor of Psychiatry and head of the Department of Psychiatry at Washington University School of Medicine. He is a geriatric psychiatrist whose research has advanced evidence-based medicine for depression, anxiety, and cognitive disorders in older adults. His research has been funded by the NIH, as well as the Patient-Centered Outcomes Research

Institute (PCORI), and he has numerous publications in *JAMA*, *The Lancet*, and the *New England Journal of Medicine*.

Dr. Lenze trained in psychiatry at Washington University School of Medicine, and then in geriatric psychiatry at University of Pittsburgh. Also at Pitt, he trained and worked as a faculty in the Center for Late-Life Mood Disorders (led by Charles Reynolds III, MD) until 2007 when he returned to Washington University. Dr. Lenze is recognized for devising innovative clinical trials to answer pressing public health problems. In this regard, He achieved international distinction early during the COVID-19 pandemic, after he led a study that demonstrated the efficacy of fluvoxamine for treating COVID-19. He is also devoted to improving real-world care, and in 2021 he started the Center for Perioperative Mental Health. This NIMH-funded center is working to improve the lives of patients who are dealing with mental health problems while facing major surgery.

Despite being a department chair, Dr. Lenze remains a clinician, researcher, teacher, and mentor.

Hilary P. Blumberg, MD, Selected as Recipient of Award for Research in Mood Disorders

The Award for Research in Mood Disorders is given to an individual who has advanced the understanding and treatment of depression and bipolar disorder. Hilary Blumberg is the John and Hope Furth Professor of Psychiatric Neuroscience, and a Professor of Psychiatry, Radiology and Biomedical Imaging, as well as Professor in the Child Center, and Director of the Mood Disorders Research Program, at the Yale School of Medicine. Her work is devoted to understanding the causes of mood and related disorders and of suicide risk across the lifespan and generating new early detection and intervention approaches.

Dr. Blumberg's research program focuses on translational investigative approaches integrating multimodal neuroimaging research with genetic, stem cell, clinical and behavioral treatment research to identify brain circuitry differences and generate strategies to target them for early detection, interventions, and prevention. She leads international neuroimaging efforts to study bipolar and other mood disorders and suicide risk from childhood to older adulthood. Dr. Blumberg has published many seminal papers on mood disorders and received numerous awards, including the International Society of Bipolar Disorders Mogens Schou Award for Research in Bipolar Disorder, Brain and Behavior Research Foundation Colvin Prize for research in mood disorders, and American Psychiatric Association Blanche F. Ittleson Award for research in children and adolescents.

The American College of Psychiatrists

Founded on May 8, 1963, in St. Louis, Missouri, The American College of Psychiatrists is a not-for-profit honorary association dedicated to providing continuing education to its Members, promoting the latest advances in the specialty, and supporting the highest standards in psychiatry. Membership in The College is limited to 750 practicing psychiatrists who have demonstrated outstanding competence and national recognition in the field of psychiatry. For more information, visit The College Web site at www.ACPsych.org.