



Lisa Monteggia, Ph.D.
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ACNP Fellow

An Interview with NPP Co-Principal Editor, Lisa Monteggia, Ph.D.

How has being a member of ACNP helped you in your career?

The ACNP meeting attracts outstanding scientists in the field. While the quality of scientific presentations is extremely high the opportunities to meet leading and up and coming scientists in the field is equally superb. Over the years, the annual meeting has given me the opportunity to meet numerous colleagues, many who have become friends, and obtain a broad perspective on neuropsychiatric research.

What are you most excited about the upcoming ACNP meeting?

After several years of ambiguity due to the pandemic, it is extremely exciting to get back together in person and celebrate the science and accomplishments of the field.

What are you looking forward to most in your new role as Co-Principal Editor of NPP?

I am delighted to be Co-Principal Editor with Tony George. I am excited and humbled by this responsibility. Today, neuropsychopharmacology research is impacting science and society in multiple ways beyond its traditional audience. Importantly, several issues that we highlight in the journal substantially effects traditionally underserved segments of society which raises the urgency of our mission. As we face this challenge, we will continue to raise the profile of the journal to address a wider audience in neuroscience and beyond to provide informed and innovative perspectives to solve daunting challenges in society.

Can you speak about one project that are currently working in your lab about which you are excited?

We have been working on mechanisms underlying rapid antidepressant action. I am particularly excited about our recent and upcoming studies that aim to extend the efficacy of antidepressant action beyond their current limited timescale.

What is one piece of advice that you would tell your past self?

The one piece of advice I continue to tell myself is to ‘keep moving forward’. There are so many setbacks and obstacles in science but go forward, go boldly and lift those up around you.

What are three things that have improved your career and that you would advise junior ACNP attendees to do?

1. Engage with others. I have benefited tremendously from the wisdom and advice of other scientists, at both junior and senior levels, to gain a broader perspective regarding my career and science.
2. Volunteer with the College. It is a great way to meet and get to know others while learning more about ACNP and its activities.
3. Have fun at the meeting. Get to know people outside the meeting, hang out, socialize and enjoy the time together with others.

This interview was conducted by Career Development Committee chair Christine Ann Denny, Ph.D.



***Christine Ann Denny, Ph.D.
Associate Professor, Columbia University Irving Medical Center***