

Get your teams together because it's time to

Walk Across Texas

Join us and walk anywhere and at your own pace....

TEXAS A&M
AGRILIFE
EXTENSION

Fall Into Fitness 2017



**Walk[®]
Across
Texas!**

Beginning: September 24, 2017

8 Week Walking Challenge

Ending: November 19, 2017

Register your family, friends or co-workers as a team or walk as an individual

Walk Across Texas is an 8 week fitness program designed to get folks moving!

Sign up as a Team Leader and

register your members (2-8)

and win prizes!

For more information:

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Teams may be registered at <http://walkacrosstexas.tamu.edu>

