TRINITY
EPISCOPAL CHURCH

The Third Sunday in Lent

March 3, 2024 ~ 10:30 AM

The Rev. David S. Sugeno *Rector*
The Rev. Claire Field *Associate Rector*

Trinity's Mission: *to follow Christ through the ministries of worship, education, and service.*
Trinity's Vision: *to be a major Christian presence in the Highland Lakes area, proclaiming the Gospel of Jesus Christ.*

HOLY EUCHARIST RITE I

The Prelude

✠ The Processional *Praise to the living God* *Hymnal 372*

The Acclamation

Bless the Lord who forgives all our sins;

✠ **His mercy endures forever.**

✠ The Decalogue *(The Decalogue may be said, the people kneeling.)*

Hear the commandments of God to his people:

I am the Lord your God who brought you out of bondage.
You shall have no other gods but me.

✠ **Amen. Lord have mercy.**

You shall not make for yourself any idol.

✠ **Amen. Lord have mercy.**

You shall not invoke with malice the Name of the Lord your God.

✠ **Amen. Lord have mercy.**

Remember the Sabbath day and keep it holy.

✠ **Amen. Lord have mercy.**

Honor your father and your mother.

✠ **Amen. Lord have mercy.**

You shall not commit murder.

✠ **Amen. Lord have mercy.**

You shall not commit adultery.

✠ **Amen. Lord have mercy.**

You shall not steal.

✠ **Amen. Lord have mercy.**

You shall not be a false witness.

✠ **Amen. Lord have mercy.**

You shall not covet anything that belongs to your neighbor.

✠ **Amen. Lord have mercy.**

If we say that we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness.

1 John 1:8,9

Let us confess our sins against God and our neighbor.

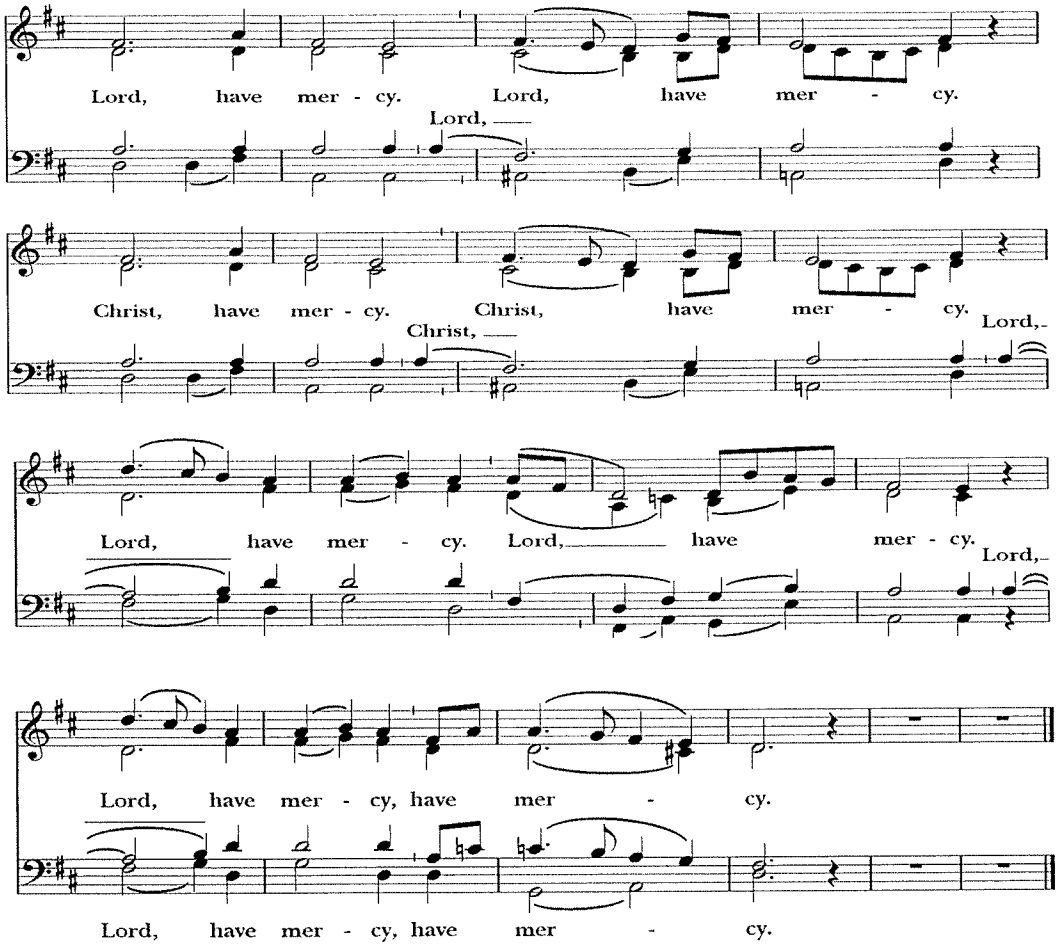
(Silence may be kept)

The Confession

✠ **Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways to the glory of your Name. Amen.**

The Absolution

✠ The Kyrie



The Collect of the Day

The Lord be with you.

✠ **And also with you.**

Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen*

The First Reading

Exodus 20:1-7

Then God spoke all these words:

I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the LORD your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments.

You shall not make wrongful use of the name of the LORD your God, for the LORD will not acquit anyone who misuses his name.

Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work. But the seventh day is a sabbath to the LORD your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the LORD made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the LORD blessed the sabbath day and consecrated it.

Honor your father and your mother, so that your days may be long in the land that the LORD your God is giving you.
You shall not murder.
You shall not commit adultery.
You shall not steal.
You shall not bear false witness against your neighbor.
You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor.

The Word of the Lord.

✠ **Thanks be to God.**

✠ The Psalm 19 *The people say the Psalm*

The heavens declare the glory of God, *
and the firmament shows his handiwork.

One day tells its tale to another, *
and one night imparts knowledge to another.

Although they have no words or language, *
and their voices are not heard,

Their sound has gone out into all lands, *
and their message to the ends of the world.

In the deep has he set a pavilion for the sun; *
it comes forth like a bridegroom out of his chamber;
it rejoices like a champion to run its course.

It goes forth from the uttermost edge of the heavens
and runs about to the end of it again; *
nothing is hidden from its burning heat.

The law of the LORD is perfect
and revives the soul; *
the testimony of the LORD is sure
and gives wisdom to the innocent.

The statutes of the LORD are just
and rejoice the heart; *
the commandment of the LORD is clear
and gives light to the eyes.

The fear of the LORD is clean
and endures for ever; *
the judgments of the LORD are true
and righteous altogether.

More to be desired are they than gold,

more than much fine gold, *
sweeter far than honey,
than honey in the comb.

By them also is your servant enlightened, *
and in keeping them there is great reward.

Who can tell how often he offends? *
cleanse me from my secret faults.

Above all, keep your servant from presumptuous sins;
let them not get dominion over me; *
then shall I be whole and sound,
and innocent of a great offense.

Let the words of my mouth and the meditation of my heart be acceptable in your sight, *
O LORD, my strength and my redeemer.

The Second Reading *1 Corinthians 1:18-25*

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

"I will destroy the wisdom of the wise,
and the discernment of the discerning I will thwart."

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

The Sequence Hymn *Help us, O Lord, to learn* *Hymnal 628*

The Holy Gospel *John 2:13-22*

The Holy Gospel of our Lord Jesus Christ according to John.

✠ **Glory to you, Lord Christ**

The Passover of the Judeans was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the

coins of the money changers and overturned their tables. He told those who were selling the doves, "Take these things out of here! Stop making my Father's house a marketplace!" His disciples remembered that it was written, "Zeal for your house will consume me." The Judeans then said to him, "What sign can you show us for doing this?" Jesus answered them, "Destroy this temple, and in three days I will raise it up." The Judeans then said, "This temple has been under construction for forty-six years, and will you raise it up in three days?" But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

The Gospel of the Lord.

✠ **Praise to you, Lord Christ**

The Sermon

The Rev. Claire Field

The Nicene Creed

✠ **We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.**

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Form IV

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world. Give grace to Michael our Presiding Bishop; Andrew, Jeff, Hector, and Kai, our bishops; Dave and Claire our priests.

Silence

Lord, in your mercy

✠ **Hear our prayer.**

Guide the people of this land, and of all the nations, in the ways of justice and peace, in particular, Joseph, our President; Greg, our Governor; Dave our Mayor; Mike, our city manager, that we may honor one another and serve the common good.

Silence

Lord, in your mercy

✠ **Hear our prayer.**

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Silence

Lord, in your mercy

✠ **Hear our prayer.**

Bless all whose lives are closely linked with ours, especially those celebrating birthdays, and grant that we may serve Christ in them, and love one another as he loves us.

Lord, in your mercy

✠ **Hear our prayer.**

We commend to God's gracious care and keeping all the men and women of our armed forces at home and abroad, all first responders, and all who labor for justice and peace in the world.

Silence

Lord, in your mercy

✠ **Hear our prayer.**

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

Silence

Lord, in your mercy

✠ **Hear our prayer.**

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Lord, in your mercy.

✠ **Hear our prayer.**

The Presider adds a concluding collect.

The Peace

The peace of the Lord be always with you.

✠ **And also with you.**

The Ministers and People greet one another in the name of the Lord.

The Celebration of the Holy Eucharist

The Offertory

Parish Choir

✠ The Presentation

The glory of these forty days
we celebrate with songs of praise;
for Christ, through whom all things were made,
himself has fasted and has prayed.

O Father, Son, and Spirit blest,
to thee be every prayer addressed,
who art in threefold Name adored,
from age to age, the only Lord.

The Great Thanksgiving — Eucharistic Prayer A

The Lord be with you.

✠ **And also with you**

Lift up your hearts.

✠ **We lift them up to the Lord.**

Let us give thanks unto our Lord God.

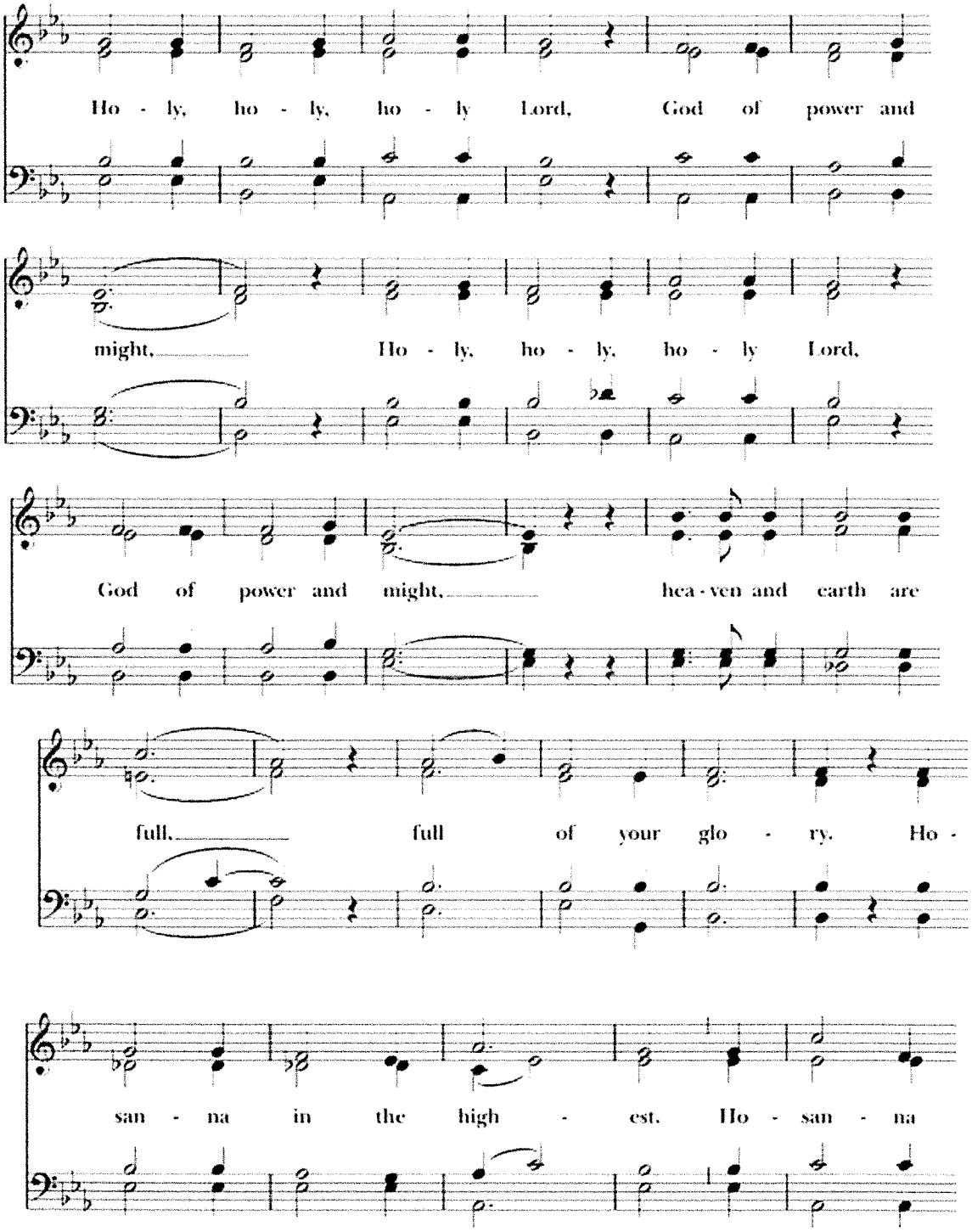
✠ **It is right to give God thanks and praise.**

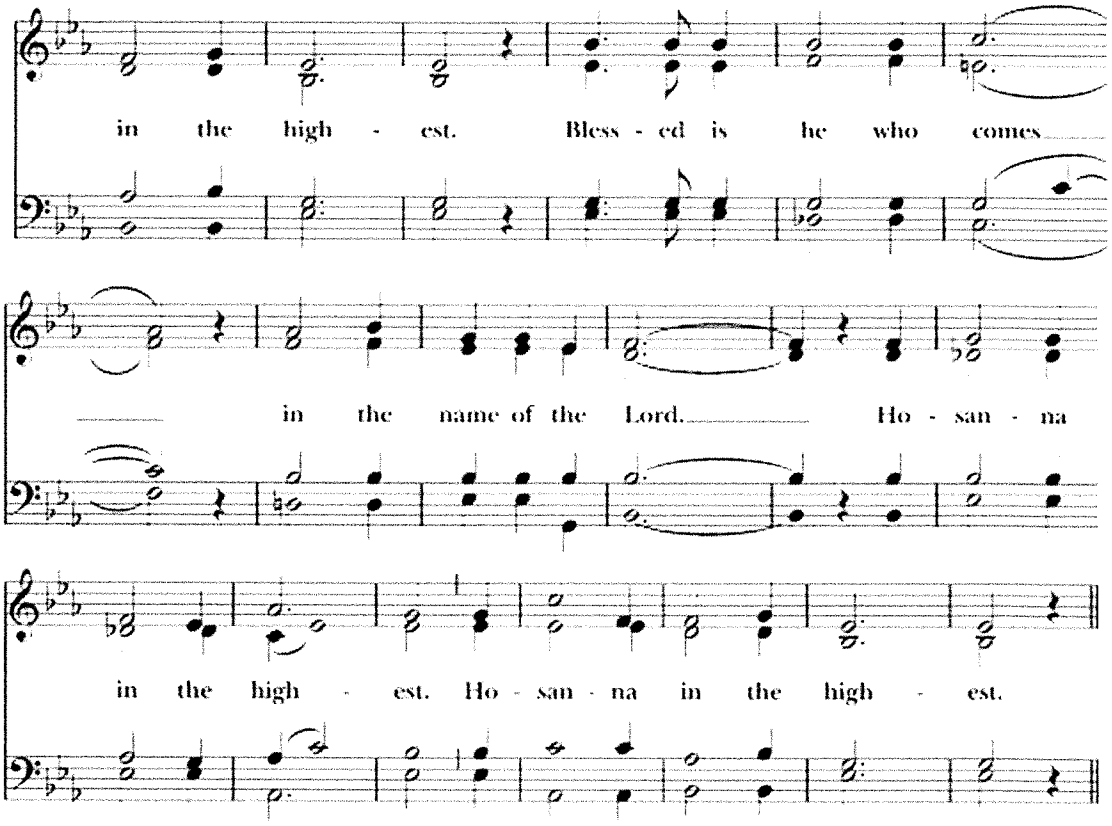
It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

A Proper Preface is said

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

✠ The Sanctus


Ho - ly, ho - ly, ho - ly Lord, God of power and
might, Ho - ly, ho - ly, ho - ly Lord,
God of power and might, hea - ven and earth are
full, full of your glo - ry. Ho -
san - na in the high - est. Ho - san - na



Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all, He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you:

This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

✠ **Christ has died.**

✠ **Christ is risen.**

✠ **Christ will come again.**

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

✠ **AMEN.**

The Lord's Prayer

And now, as our Savior Christ has taught us, we are bold to say,

✠ **Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

The Breaking of the Bread

Christ our Passover is sacrificed for us.

✠ **Therefore let us keep the feast.**

The Invitation

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion. Those worshiping virtually are invited to say the following prayer while communion is being distributed to the in-person gathering:

✠ Jesus, we believe that you are truly present in the Blessed Sacrament of the Altar, and we desire to offer you praise and thanksgiving as we proclaim your resurrection. Loving you above all things, we long to be united to you in love. Since we cannot receive you in the Sacrament of your Body and Blood, come spiritually into our hearts. Cleanse and strengthen us with your grace, Lord Jesus, and let us never be separated from you. May we live in you, and you in us, in this life and in the

The Communion Hymn

Creator of the earth and skies *Hymnal 148*

(Sung in a plainsong tune)

There is a balm in Gilead *Hymnal 676*

The Post-Communion Prayer

Let us pray.

✠ **Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us s**

trength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

A Solemn Prayer Over the People

✠ **The Recessional** *Lift up your heads, ye mighty gates* *Hymnal 436*

The Dismissal

The Priest announces the dismissal, after which the People respond:

✠ **Thanks be to God.**

LIFE AT TRINITY

Sunday Adult Education

9:15 - 10:15am in the Parish Hall Classroom

March 3—The Gospel of John, continued

The second half of John's Gospel is known as the Book of Glory. How have you seen Jesus' Glory as the Son of God revealed in the events, words, & prayers of these chapters, chapters 13-21? What questions do these events or Jesus' own words raise for you?

Lenten Soup Suppers
Wednesday Evenings
5:30 PM - 7:00 PM

We're keeping things simple again this year, with a focus on conversation and fellowship. Our conversations are centered around the Living Well Through Lent devotional series. These devotionals are now available in the Narthex and Church Office, so please pick one up, or contact the church if you need us to mail you a copy. You can also download a free electronic version **https://shop.livingcompass.org/products/living-well-through-lent-2024-pdf-file**

Also again this year, we accept cash donations at the soup line. At the conclusion of our Lenten Soup Suppers, **the collected donations will be divided equally among area food pantries.**
This year's theme is forgiveness, always a timely Lenten topic! Plan to bring your booklet with you, but we will have extras if you forget! We hope you will join us for delicious soups, great conversation, and relaxing evening worship on **March 6, and March 20.**

The Communion of the People

The Holy Eucharist is open to all who seek a deeper relationship with God. To receive the Sacrament, either bread and wine, or bread alone – come forward and stand or kneel at the rail. If you choose to receive the bread alone, you receive the full grace of the sacrament. You may also come forward for a blessing – simply fold your arms across your chest. Gluten-free wafers are available at communion. At the communion rail, mention your need for a gluten-free wafer to the Eucharistic minister. As you return, please make use of the side aisles.

Shampoo Donations Continue!

Keep the Shampoo & Conditioner donations coming for the Highland Lakes Crisis Network (HLCN) Commissary! We've had a wonderful response, and we've decided to **continue collecting full-size bottles or cash**

Women's Bible/Book Study, Tuesday March 5

Imagine. Ten people are on a lifeboat. Three days go by. No one is coming for them; no helicopters, no other boats. They are running out of food and water. They're calling out for help. Suddenly, they see a body floating in the ocean. They pull him into the raft. One of the women says, "Thank the Lord we found you." He says, "I am the Lord." Imagine. Tuesday, March 5th, at noon our women's book and Bible study group begins a study of Mitch Albom's new book, *The Stranger in the Lifeboat.* *This would be a good time to join us.* ***We meet first and third Tuesdays from noon until 1:30pm.*** *See you soon.*
Sally

Everything is Sacred John Phillip Newell

Trinity Church is one of the proud sponsors of a two-day event at Abiding Love Lutheran Church in Austin featuring Celtic scholar and writer John Philip Newell. Tickets are selling quickly!
Wednesday, May 15: 7-9 p.m. Tickets: $20/person (in person or livestream)
Thursday, May 16: 8:30 a.m.-Noon Tickets: $50/person (in person or livestream) Student discount available – Attend both events for $60.

For more information & tickets, **https://www.eremos.org/event/everything-is-sacred**

Lenten & Easter Services

LENTEN SERIES March 6 & 20
Wednesday Evenings

5:30 PM — Lenten Supper

6:15—7:00 PM — Lenten Program

7:00 PM — Compline

PASSION SUNDAY March 24

8:15 AM — Liturgy of the Palms & Holy Eucharist Rite I

10:30 AM — Liturgy of the Palms & Holy Eucharist Rite II

MAUNDY THURSDAY March 28

7:00 PM — Holy Eucharist Rite II & Sermon
Stripping of the Altar

GOOD FRIDAY March 29

10:00 AM — Good Friday Liturgy

12:00 Noon — Main Street Stations of the Cross

EASTER DAY March 31

6:30 AM (Tent) — Sunrise Service

8:15 AM — Festival Holy Eucharist Rite II

10:30 AM — Festival Holy Eucharist Rite II
& Flowering of the Cross

TRINITY EPISCOPAL CHURCH

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TRINITY STAFF

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The Rev. Claire Field, *Associate Rector*

Georgia Parsons, *Administrative Assistant & Organist*
Barbara Parmeter *Webminister & Bookkeeper*
Patti Malone, *Nursery Staff*
Barbara Warden *Choir Director*
Norma Snyder *Choir Librarian*

TRINITY VESTRY

Greg Soechting *Senior Warden*
Teresia Harwell *Junior Warden*
Kim Soechting *Vestry Clerk*
Harvey Dyer
Beverly Bowen
Nannette Watkins
Dave Ellis
Michael Gay
Jenny Waldo
Mike Hodge

THIS WEEK AT TRINITY

Sunday, March 3

8:15 AM Holy Eucharist Rite I
9:15 AM Adult Christian Education
10:30 AM Holy Eucharist Rite II & Livestream
10:30 AM Children's Chapel

Tuesday, March 5

9:00 AM Worship in the Courtyard
Noon Women's Bible/Book Study

Wednesday, March 6

9:00 AM Men's Bible Study