



## THE SECOND SUNDAY IN LENT

March 5, 10:30 AM

The Rev. David S. Sugeno *Rector*  
The Rev. Claire Field *Associate Rector*  
Mrs. Leesa Lewis *Seminarian*

Trinity's Mission: *to follow Christ through the ministries of worship, education, and service.*

Trinity's Vision: *to be a major Christian presence in the Highland Lakes area, proclaiming the Gospel of Jesus Christ.*

# THE SECOND SUNDAY IN LENT

## The Prelude

- ✠ The Processional *The God of Abraham praise* (vs 1-2, 4-5) Hymnal 401

## The Acclamation

Bless the Lord who forgives all our sins;

- ✠ **His mercy endures forever.**

- ✠ **The Decalogue** (*The Decalogue may be said, the people kneeling.*)

Hear the commandments of God to his people:

I am the Lord your God who brought you out of bondage.

You shall have no other gods but me.

- ✠ **Amen. Lord have mercy.**

You shall not make for yourself any idol.

- ✠ **Amen. Lord have mercy.**

You shall not invoke with malice the Name of the Lord your God.

- ✠ **Amen. Lord have mercy.**

Remember the Sabbath Day and keep it holy.

- ✠ **Amen. Lord have mercy.**

Honor your father and your mother.

- ✠ **Amen. Lord have mercy.**

You shall not commit murder.

- ✠ **Amen. Lord have mercy.**

You shall not commit adultery.

✠ **Amen. Lord have mercy.**

You shall not steal.

✠ **Amen. Lord have mercy.**

You shall not be a false witness.

✠ **Amen. Lord have mercy.**

You shall not covet anything that belongs to your neighbor.

✠ **Amen. Lord have mercy.**

If we say that we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness.

*1 John 1:8-9*

Let us confess our sins against God and our neighbor.

### The Confession

✠ **Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways to the glory of your Name. Amen.**

### The Absolution

## The Kyrie

Lord, have mer - cy. Lord, have mer - cy.

Christ, have mer - cy. Christ, have mer - cy. Lord,

Lord, have mer - cy. Lord, have mer - cy. Lord,

Lord, have mer - cy, have mer - cy.

Lord, have mer - cy, have mer - cy.

## The Collect of the Day

The Lord be with you.

✠ And also with you.

Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever.

✠ Amen.

*Please be seated.*

## The First Reading

*Genesis 12:1-4a*

The Lord said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.”

So Abram went, as the Lord had told him; and Lot went with him.

The Word of the Lord.

✠ **Thanks be to God.**

✠ The Psalm 121

*The people say the Psalm*

I lift up my eyes to the hills; \*  
from where is my help to come?  
My help comes from the Lord, \*  
the maker of heaven and earth.  
He will not let your foot be moved \*  
and he who watches over you will not fall asleep.  
Behold, he who keeps watch over Israel \*  
shall neither slumber nor sleep;  
The Lord himself watches over you; \*  
the Lord is your shade at your right hand,  
So that the sun shall not strike you by day, \*  
nor the moon by night.  
The Lord shall preserve you from all evil; \*  
it is he who shall keep you safe.  
The Lord shall watch over your going out and your coming in, \*  
from this time forth for evermore.

## The Second Reading

*Romans 4:1-5, 13-17*

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? “Abraham believed God, and it was reckoned to him as righteousness.” Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, “I have made you the father of many nations”) —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

The Word of the Lord.

✠ **Thanks be to God.**

The Sequence Hymn *If thou but trust in God to guide thee* *Hymnal 635*

## The Holy Gospel

*John 3:1-17*

The Holy Gospel of our Lord Jesus Christ according to John

✠ **Glory to you, Lord Christ.**

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, “Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.”

Jesus answered him, Very truly, I tell you, no one can see the kingdom of God without being born from above.” Nicodemus said to him, “How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?” Jesus answered, “Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, ‘You must be born from above.’ The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.” Nicodemus said to him, “How can these things be?” Jesus answered him, “Are you a teacher of Israel, and yet you do not understand these things?

“Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

“For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

“Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.”

The Gospel of the Lord.

✠Praise to you, Lord Christ.

The Sermon

*The Rev. Claire Field*

## The Nicene Creed

- ✠ We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

## The Prayers of the People

*Form IV*

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world. Give grace to Michael our Presiding Bishop; Andrew, Jeff, Hector, and Kai, our bishops; Dave and Claire our priests; Leesa, our seminarian.

*Silence*

Lord, in your mercy

- ✠ Hear our prayer.

Guide the people of this land, and of all the nations, in the ways of justice and peace, in particular, Joseph, our President; Greg, our Governor; Richard, our Mayor; Mike, our city manager, that we may honor one another and serve the common good.

*Silence*

Lord, in your mercy

✠ **Hear our prayer.**

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

*Silence*

Lord, in your mercy

✠ **Hear our prayer.**

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

We give thanks for those celebrating birthdays.

Lord, in your mercy

✠ **Hear our prayer.**

We commend to God's gracious care and keeping all the men and women of our armed forces at home and abroad, all first responders, and all who labor for justice and peace in the world.

*Silence*

Lord, in your mercy

✠ **Hear our prayer.**

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

*Silence*

Lord, in your mercy

✠ **Hear our prayer.**

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

*Silence*

Lord, in your mercy.

✠ **Hear our prayer.**

*The Presider adds a concluding collect.*

**The Peace**

The peace of the Lord be always with you.

✠ **And also with you.**

*The Ministers and People greet one another in the name of the Lord.*

## The Celebration of the Holy Eucharist

**The Offertory**

*I to the Hills will Lift Mine Eyes*      *Parish Choir*

✠ **The Presentation**

*The glory of these forty days  
we celebrate with songs of praise;  
for Christ, through whom all things were made,  
himself has fasted and has prayed.*

*O Father, Son, and Spirit blest,  
to thee be every prayer addressed,  
who art in threefold Name adored,  
from age to age, the only Lord.*

**The Great Thanksgiving**

**Eucharistic Prayer A**

The Lord be with you.

✠ **And also with you.**

Lift up your hearts.

✠ **We lift them to the Lord.**

Let us give thanks to the Lord our God.

✦ **It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

*A Proper Preface is said*

Therefore we praise you, joining our voices with Angels and Archangels and with all the Company of heaven, who forever sing this hymn to proclaim the glory of your Name:

✦ **The Sanctus**

Ho - ly, ho - ly, ho - ly Lord, God of pow-er and  
might, hea - ven and earth are full of your glo - ry. Ho -  
san - na in the high - est. Bless - ed is he who  
comes in the name of the Lord. Ho - san - na in the high - est.\_\_\_\_\_

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all, He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

✠ **Christ has died.**

✠ **Christ is risen.**

✠ **Christ will come again.**

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

✠ **AMEN.**

### The Lord's Prayer

And now, as our Savior Christ has taught us, we are bold to say,

✠ **Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.**

## The Breaking of the Bread

Christ our Passover is sacrificed for us.

✠ **Therefore let us keep the feast.**

## The Invitation

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

The Communion Hymns     *Shepherd of souls*                      Hymnal 343  
   *Creator of the earth & skies*     Hymnal 148  
   *(Sung to tune Hymnal 60)*

*A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion. Those worshipping virtually are invited to say the following prayer while communion is being distributed to the in-person gathering :*

✠ **Jesus, we believe that you are truly present in the Blessed Sacrament of the Altar, and we desire to offer you praise and thanksgiving as we proclaim your resurrection. Loving you above all things, we long to be united to you in love. Since we cannot receive you in the Sacrament of your Body and Blood, come spiritually into our hearts. Cleanse and strengthen us with your grace, Lord Jesus, and let us never be separated from you. May we live in you, and you in us, in this life and in the life to come. Amen.**

*(Adapted from St. Alphonsus de Liguori, 1696-1787)*

## The Post-Communion Prayer

Let us pray.

✠Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

## The Solemn Prayer Over The People

### The Recessional

*How firm a foundation*

*Hymnal 637*

### The Dismissal

*The Priest pronounces the dismissal, after which the congregation responds:*

✠Thanks be to God.

# Lenten & Easter Services

## LENTEN SERIES March 8, 22, & 29

### Wednesday Evenings

5:30 PM	Lenten Supper
6:15–7:00 PM	Lenten Program
7:00 PM	Compline

## PASSION SUNDAY April 2

8:15 AM	Liturgy of the Palms & Holy Eucharist Rite I
10:30 AM	Liturgy of the Palms & Holy Eucharist Rite II

## MAUNDY THURSDAY April 6

7:00 PM	Holy Eucharist Rite II & Sermon Stripping of the Altar
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## GOOD FRIDAY April 7

10:00 AM	Good Friday Liturgy
12:00 Noon	Main Street Stations of the Cross

## EASTER DAY April 9

6:30 AM (Tent)	Sunrise Service
8:15 AM	Festival Holy Eucharist Rite II
10:30 AM	Festival Holy Eucharist Rite II & Flowering of the Cross

## TRINITY EPISCOPAL CHURCH

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### TRINITY STAFF

The Rev. David S. Sugeno, *Rector*

The Rev. Claire Field, *Associate Rector*

Mrs. Leesa Lewis, *Seminarian*

Janie Cunningham *Parish Secretary*

Georgia Parsons *Administrative Assistant*

Barbara Warden *Choir Director*

Janie Cunningham *Organist*

Norma Snyder *Choir Librarian*

Barbara Parmeter *Webminister*

& *Bookkeeper*

### TRINITY VESTRY

Basil Bigbie *Senior Warden*

Greg Soechting *Junior Warden*

Kim Soechting *Vestry Clerk*

Harvey Dyer

Teresia Harwell

John Loftis

Randy Viereck

Jenny Waldo

Nannette Watkins

## THIS WEEK AT TRINITY

### Sunday, March 5

8:15 AM Holy Eucharist Rite II & Sermon

9:15 AM Adult Christian Education

9:45 AM Choir Warm-up

10:30 AM Holy Eucharist Rite II & Sermon

10:30 AM Children's Chapel

10:30 AM Livestream

11:45 AM Choir Practice (following 10:30 service)

### Tuesday, March 7

9:00 AM Worship in the Courtyard

Noon Women's Book/Bible Study

### Wednesday, March 1

9:00 AM Men's Bible Study

3:15 PM Choir Skills Practice

4:00 PM Choir Practice