

November 2019
A Message from the Principal

“When you have eaten and are satisfied, praise the LORD your God
for the good land he has given you.”

Deuteronomy 8:10

Dear Parents,

Welcome to November and the beginning of the holiday season!

Some of my best memories as a child came around our family dinner table. I cherish the stories my father shared about his upbringing and experience as an immigrant to America. I loved hearing my mom share stories from her childhood in Seattle and her move to Santa Cruz as a teenager. These, and many other stories, happened around the kitchen table.

One of my highlights every week is when I set to pause from my busy schedule and enjoy “Lunch with Principal” with a small group of students every Wednesday. We sit at the table under the redwood trees and talk about the high and lows of the school year. It blesses me to be able to listen and to share with your children.

As we head into the chaos of the holidays, I want to encourage you to be intentional about creating these shared experiences around meal times. A quick google search on the importance of family meals will reveal article after article about the multiple benefits of being together as a family. If this practice is not currently part of your family’s schedule, incorporating regular family meals, free of distractions, has the potential to create a transformative home environment. I hope we are all able to enjoy these fleeting moments together with our children and extended family this holiday season.

God bless you and your family!

Sincerely,
Principal Guven