



ENGAGE MOUNT KISCO MONDAYS

Presents: *Tell Me Your Story*
A Writing Workshop Facilitated by
Susan Gilbert, LMSW, MFA

UJA-Federation of New York
ENGAGE
JEWISH SERVICE CORPS
Westchester

Please join us for
Tell Me Your Story,
a writing workshop facilitated by
Susan Gilbert, LMSW, MFA

Taking part in activities such as creative writing classes can help stimulate mental acuity and keep the mind sharp. In the *Tell Me Your Story Workshop* participants will tap into personal memories and observations through engaging writing prompts. Bring a notebook and pen or a computer and be prepared to relax, think, and explore a story or meaningful event and write a bit about it for yourself or possibly to share.



Susan Gilbert has two decades of experience working with senior citizens and other community center groups. A Licensed Social Worker with a Masters in Fine Arts/Creative Writing, Susan will inspire individuals to remember their pasts, tell their stories, and preserve their memories on paper, on the computer, or simply by sharing in the moment.

MONDAY, JANUARY 13th, 11:00am – 12:30pm
Engage Mount Kisco, 27 Radio Circle Drive (Corner Lexington Ave., 1st Fl)
RSVP to Debra Cerbini at dcerbini@shamesjcc.org or
Call new Direct Dial # (914) 874-8280

TIME FOR GOOD
UJA Federation

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Harold & Elaine
Shames
Jewish
Community
Center
on the Hudson