

Options for Learning Full-day Preschool Home Lesson Plan

Early Preschool Learners	Monday Language & Literacy	Tuesday Math & Cognition	Wednesday Language & Literacy	Thursday Math & Cognition	Friday Language & Literacy
Red Light intentional academic time set apart with your child Example: Learning to do Math at Home with Stacy Greener on YouTube	Car Race Materials: 2 different cars Directions: Use a low table where you and your child can race the cars. Make predictions which car will go faster? Why do you think it will go faster? Model explaining why yours is going to go fast or slow, then, encourage your child to talk about his racing car.	Cereal Sorting Materials: Fruit loops cereal or any multi-colored cereal. Directions: Have your child sort/separate the cereal into groups by color.	Family album Parent will use a key ring or yarn to create a family photo key chain by using pictures of family members and clipping them together. Encourage the child to tell you about each picture (ex. Who are they? What can you tell me about them?)	Lines Materials: Q-tips, markers and paper Directions: Make different size lines on a paper and have your child place Q-tips on the lines as they count how many Q-tips, they are using to fill the lines.	Obstacle course Set an obstacle course (using tables, chairs, boxes, etc). Give verbal instructions for your child to follow. Use preposition words such as Under, Over, Below, Above, In front of, etc.
Yellow Light purposeful activities spread throughout the day <u>ABCMouse</u> (use code SCHOOL1446)	Open-ended questions Take a walk around the neighborhood asking questions such as: “Why do we look both ways when we cross the street?” “Why does the dog bark when we walk past it?” “Why does the airplane in the sky make a loud noise?” “Why is the sun hot?” Etc.	Let your son/daughter use sidewalk chalk. Encourage their drawing asking them what it is. Then encourage them to draw more. Example: I see you made a pretty butterfly can you make two? Can you draw three trees?	Singing while washing hands When at home or school adults can help encourage proper hand washing by chanting to the tune of “Row, row, row, your boat”, “wash, wash, wash your hands so you can get them clean, wash the front and wash the back and wash them in between.” Repeating chant as children wet their hands, apply enough soap to rub their hands, interlacing fingers, rinse and dry thoroughly with paper towel, and use paper towel to turn off faucet.	Play “find and tag it.” Parent can ask the child to find something to tag. Parent can ask, “Can you tag two blue items”. This could be done thought out the day.	Play “I Spy Game” with your child. Describe the characteristic (color, shape, function, etc.) of the things you want your child to find. Take turn with the roles.
Green Light learning songs	Sing from Memory or YouTube Search (personal preference in music styles) <ul style="list-style-type: none"> • <u>Learning Songs</u> • <u>Learning Number Songs</u> • <u>Learning Letter Sounds</u> • <u>Learning Rhyming Songs</u> 				