

Options for Learning Full-day Preschool Home Lesson Plan

Early Preschool Learners	Monday	Tuesday	Wednesday	Thursday	Friday
	Language & Literacy	Math & Cognition	Language & Literacy	Math & Cognition	Language & Literacy
Red Light intentional academic time set apart with your child Example: Learning to do Math at Home with Stacy Greener on YouTube	Making Letters Fun Give your child a paper plate and have him color it with their favorite color. Then add sugar to cover the whole plate. Show your child a letter and have him use his finger to trace/write that letter. The letter will stand out with the color background. Practice writing many letters.	Money Give your child some coins and have him count the number of coins in the pile, using 1-1 correspondence.	Letter Matching Play a game with your child where you make two sets of letter cards. Place the cards faced down. Then take turns turning over the cards matching two of the letters. Identify the letters when a match is found.	Dice Fun Using a box, mark dots to make dice. Have your child roll it and think of a movement they would like to do. For example, child rolls the dice and it lands on 5. Child will do 5 jumping jacks and will count out loud up to that number as he jumps.	Writing/Drawing Place paper, pencil and crayons in middle of table. Have your child choose a sheet of paper and pencil/crayon to write/draw freely. Talk about what they drew, and write down what they said, also talking about the letters and words you used to describe what they drew.
Yellow Light purposeful activities spread throughout the day	Alphabet Walk Take a walk outside with child and see how many letters they can find in their name and alphabet. Exp: billboards, street signs etc.	Drawing multiples Let your son/daughter use sidewalk chalk. Encourage them to draw items with certain amounts. Example: "I see you made a pretty butterfly can you make two? Can you draw three trees?"	Write words on sand Materials: tray, sand, and flash cards or paper and marker. Directions: Place sand on tray, on a flash card parents will write simple words like cat, dog, sun, car. Child will be able to practice writing words from the flash card in the sand using their fingers.	Watering Plants With parents help, using a cup, have the child water the house plants. Count how many times you need to go back to fill up the cup in order to water all plants. Also to count the number of plants.	Story Time Throughout the day when reading stories to children, parent should ask open-ended questions about what's happening in the book, characters, what will happen next, etc., to promote language.
Green Light learning songs	Sing from Memory or YouTube Search (personal preference in music styles) <ul style="list-style-type: none"> • <u>Learning Songs</u> • <u>Learning Number Songs</u> • <u>Learning Letter Sounds</u> • <u>Learning Rhyming Songs</u> 				