

## Options for Learning Full-day Preschool Home Lesson Plan

Early Preschool Learners	Monday	Tuesday	Wednesday	Thursday	Friday
	Language & Literacy	Math & Cognition	Language & Literacy	Math & Cognition	Language & Literacy
<b>Red Light</b>  <b>intentional academic time set apart with your child</b>  <b>Example:</b> <b>Learning to do Math at Home with Stacy Greener on YouTube</b>	<b>Language with objects</b> Material: Various objects in the house like a stuffed animal, fruit, book Directions: Have the child describe what they see in the object. You can ask how it feels, taste (if food) or what they simply see.	<b>Rock Collector</b> Directions: Take your child on a walk, collect as many rocks and sticks as possible. Take them back home and wash them. Together sort and count how many rocks and sticks you found.	<b>Make their name</b> Write your child's name on a piece of paper and then have child use playdough make letters to mold their name. Help them as is necessary.	<b>Snack Time</b> Have children make a fun snack box, including items they can count, like, baby carrots, raisins, nuts, etc. Have them count the items as they are eating them and enjoy a healthy snack.	<b>Let's talk</b> Materials: Books Directions: Read a book with your child and talk about the story. You can ask, "Who was in the story? What did you see?" Ask where and how questions.
<b>Yellow Light</b>  <b>purposeful activities spread throughout the day</b>	<b>Jump on the letter</b> Materials: chalk Directions: Make circles some with letters and others without. The child will jump only on the circles with a letter. Call out the letter that the child jumps on and have them repeat.	<b>Patterns</b> Materials: small balls & basket Directions: Have your child throw balls into the basket using a pattern. You can use different colored balls or different sizes. For example, use a blue ball, then red, then blue again, then red.	<b>"The Three Little Pigs"</b> Materials: sticks, blocks, blanket Directions: Work together to build different forts with different items and role play The Three Little Pigs.	<b>Counting w/Clothespins</b> Materials: Clothespins and paper plates Directions: Make dots in the middle of the paper plates, with different amounts of dots on each plate. Invite your child to clip the same number of clothespins as dots on the plates.	<b>I Spy Letters</b> While out on a drive or a walk encourage your child to play a game of "I spy", looking for items that start with the first letter of their name.
<b>Green Light</b>  <b>learning songs</b>	Sing from Memory or YouTube Search (personal preference in music styles) <ul style="list-style-type: none"> <li>• <u>Learning Songs</u></li> <li>• <u>Learning Number Songs</u></li> <li>• <u>Learning Letter Sounds</u></li> <li>• <u>Learning Rhyming Songs</u></li> </ul>				