

Options for Learning Full-day Preschool Home Lesson Plan

Early Middle Preschool Learners	Monday	Tuesday	Wednesday	Thursday	Friday
	Language & Literacy	Math & Cognition	Language & Literacy	Math & Cognition	Language & Literacy
<div>Red Light</div> <div>intentional academic time set apart with your child</div> <div>Example: Learning to do Math at Home with Stacy Greener on YouTube</div>	Foods you like Materials: Grocery store ads, glue stick, scissors, and blank paper. Directions: For this activity you and your child are going to cut out pictures of his/her favorite food to eat. Ask your child why he/she likes the food. Name the foods.	Match the Numbers Materials: Bowls with numbers written on them (1-10) and cotton balls. Directions: Ask the children to get cottons and place them in the bowls according to the numbers. While placing the cottons, ask the children to count them to make sure the right amount of cottons will be placed in each bowl.	Reading favorite book Read to your child and take the time to ask open ended questions such as why, when, how, Make predictions throughout the day.	Count eating utensils Materials: Plates, forks, spoons Direction: While setting up for a meal, ask the child to set-up the table. Count with your child and point to each eating utensil. Ask your child to count the number of chairs and match with the eating utensils set-up on the table.	Rhymes Materials: You tube videos Directions: Play rhymes such as I’m a little teapot, Humpty Dumpty, Itsy Bitsy Spider, Jack and Jill, etc. Sing along and act out using your voice and body movements.
<div>Yellow Light</div> <div>purposeful activities spread throughout the day</div> <div>ABCMouse (use code SCHOOL1446)</div>	Why question? Directions: At different times during the day ask child why questions. For example: “Why does the rooster make noise in the early morning?”, “Why do we brush our teeth after we eat? “Why do we wash our hands?”, “Why do you think it feels cooler in the morning?”	Count your food items Materials: finger foods such as, chicken nuggets, fish sticks and or fruit, vegetable pieces. During mealtime, ask your child to count how many pieces of chicken, vegetables, and or fruit pieces he/she will serve on his/her plate.	I spy shapes Materials: small notepad and a pencil Directions: Take a walk and have your child look for shapes around the environment and tally how many of each shape were spotted. What shape has the most or the least times found?	Where are my socks? Materials: socks Direction: Hide socks in different places and encourage your child to look for them. Ask your child to count the socks as he/she finds them. Use different familiar objects for same activity.	Sorting Materials: large container or basket, toys, mixture of toy items. Directions: Ask the child to create different colors piles of toys according to category, color, or size. Ask questions, “Why do you think this belongs in this pile? Is this the same color?” Etc.
<div>Green Light</div> <div>learning songs</div>	Sing from Memory or YouTube Search (personal preference in music styles) <ul style="list-style-type: none">• <u>Learning Songs</u>• <u>Learning Number Songs</u>• <u>Learning Letter Sounds</u>• <u>Learning Rhyming Songs</u>				