

## Options for Learning Full-day Preschool Home Lesson Plan

Early Middle Preschool Learners	Monday	Tuesday	Wednesday	Thursday	Friday
	<u>Math &amp; Cognition</u>	<u>Language &amp; Literacy</u>	<u>Math &amp; Cognition</u>	<u>Language &amp; Literacy</u>	<u>Math &amp; Cognition</u>
<b>Red Light</b> <b>intentional</b> <b>academic</b> <b>time set apart</b> <b>with your</b> <b>child</b> Example: Learning to do Math at Home with Stacy Greener on YouTube	<b>Activity: Card Games</b> Using a deck of cards encourage your child to match and group the cards. To challenge your child ask him or her to find all the cards of the same suit. Then ask your child "How else could you group them?" (Other ways to group by number, by color.)	<b>Activity: Writing</b> Name objects and type names on a piece of paper. Ask the child to name the item of his or her preference that is around the house and encourage him or her to say the sound of the letter he or she hears. Example: table-tttt; seat-sssss etc.	<b>Activity: Math w/coins</b> Provide coins, pennies or dimes. Encourage children to count the coins. They can sort the different coins and count out loud each coin. How many pennies do you have? How many Dimes do you have? How many altogether?	<b>Activity: Naming letters</b> Materials: Paper, marker Directions: Create an alphabet line, with upper- and lower-case letters, also create letter cards, one set lower case and one set upper case. Encourage child to name letters as they match the letter to the line. Start with one set first, also have them identify their letters in their name. Encourage children to say letters as he/she points to them.	<b>Activity: Counting</b> Materials needed: Cotton balls, tweezers and plastic containers. Spread the cotton balls on an open area. Encourage your child to count each cotton ball as they pick them up with the tweezers and place them into the container. Ask children to count cottons picked, in or outside the container.
<b>Yellow</b> <b>Light</b>  purposeful activities spread throughout the day  <u>ABCmouse</u> <u>(use code</u> <u>SCHOOL1446)</u>	<b>Activity: Bath Time</b> While you're scrubbing from head to toe encourage your child to name their body parts. Ask, "How many arm's do you have?" "I wonder how many eyes?" "I wonder which are your elbows?" "Can you touch your neck?" "Locate your legs and count how many you have!" "Touch your belly button" "Help me count your fingers and toes".	<b>Jump on ABC puddles</b> Materials: paper with individual letters written on them; or chalk to draw letters on the sidewalk. Directions: Place the paper with letters on the floor or draw drops of water on the floor with chalk and write letters from the alphabet on them. Start with two letters. Practice with your child by jumping over each letter and giving him his name or sound.	<b>Activity: Patterns w/ Fruit</b> You can choose two or three different fruits of different colors or the same fruit such as grapes. Ask your child to create an AB pattern red grape, green grape, red grape, green grape. Using a wooden skew thread, create a fruit Kabob inserting one piece at a time creating an ABC pattern, strawberry, watermelon, grape, and repeat the action.	<b>Activity: I Spy the Letter</b> Materials: Paper towel tube Directions: Take a walk around the neighborhood. Use a paper towel tube to look for letters, Spy letters on license plates, signs and store names etc. E.g. "I spy letter S on the stop sign".	<b>Activity: Bowling</b> Materials: Empty water bottles, ball. Talk to children about bowling, "What do you think bowling means?" Children can help in lining up the water bottles, "How many bottles do you think we have?" Have the child throw the ball to the empty bottles. Encourage to count how many bottles are standing up and bottles are down, compare which number is more or less.
<b>Green</b> <b>Light</b>  learning songs	Sing from Memory or YouTube Search (personal preference in music styles) <ul style="list-style-type: none"> <li>• <u>Learning Songs</u></li> <li>• <u>Learning Number Songs</u></li> <li>• <u>Learning Letter Sounds</u></li> <li>• <u>Learning Rhyming Songs</u></li> </ul>				