

Options for Learning Full-day Preschool Home Lesson Plan

Older Preschool	Monday	Tuesday	Wednesday	Thursday	Friday
Learners	<u>Language & Literacy</u>	Math & Cognition	<u>Language & Literacy</u>	Math & Cognition	<u>Language & Literacy</u>
Red Light intentional academic time set apart with your child Example: Learning to do Math at Home with Stacy Greener on YouTube	Identify letter names and sounds Using magnetic alphabet letters, clothes pins with letters written on them, or pieces of paper with letters written on them, place in a bowl of rice, sand or beans. Children will go "fishing" for letters. Children can match their found letters to letters on paper or they can spread them out on the table in alphabetical order while naming them and their sound.	Counting Materials: Ice Tray or Egg Carton & counting items; beans, cotton ball, pasta. Directions: Write numbers in order and stick them on the tray. Have your child use the counting items and count them and place the correct amount on the number on the tray.	Letters of name Using advertisements paper from the mail or magazines, have your child find all the letters in their name by circling them on the paper, this will help them recognize their letters and the letters sounds that are in the paper. They can cut the letters and paste them to make their name.	Matching Numbers You will need plastic eggs, pieces of paper with numbers folded for inside the egg, small bucket of water, paper with numbers written on it and large spoon. Place numbers in eggs and place eggs into bucket of water. Have your child scoop out eggs, open them and match the number with a number on the paper.	Letter recognition Write different letters on different pieces of paper, fold them and place them on a box. Label furniture and objects around the house. Have child pick out a paper and say the name of the letter they got. Have child go around the house and look at the letters and match the letter in each word.
Yellow Light purposeful activities spread throughout the day	Bowling Game Have children take off labels from bottles. Then use a permanent marker to write upper- case and lower-case alphabets on each bottle. Place all bottles on floor and began playing bowling by using any ball you have. Ask your child what letters he dropped and if he knows what words start with that letter. Have him come up with several words.	Backyard Scavenger Hunt Materials: paper bag, rocks, twigs, leaves, acorns, pebbles Directions: Take your child outside, have them collect nature objects, before counting the objects ask them to predict how many they think they found. Then count them.	Writing a grocery list Have your child help by drawing pictures of items that they enjoy eating. You can help them write the word for each drawing. Once they are at the market help your child with list they made and have him cross it out of the list as completed.	Nature walk in search of numbers Walk around your neighborhood and ask open-needed questions such as, "What numbers do you see?" "Why do you think we need numbers?" Focus on number recognition and on what numbers represent and why they are useful.	Social Story Parent and child will create a small book on what they will do for the day. Child draws pictures of each place they will visit, as the parent dictates what they will do when they get there. For each stop they will read the page, so they'll know what to expect.
Green Light learning songs	Sing from Memory or YouTube Search (personal preference in music styles) • Learning Songs • Learning Number Songs • Learning Letter Sounds • Learning Rhyming Songs				

