

Options for Learning Full-day Preschool Home Lesson Plan

Early Middle Preschool Learners	Monday	Tuesday	Wednesday	Thursday	Friday
	Language & Literacy	Math & Cognition	Language & Literacy	Math & Cognition	Language & Literacy
<div>Red Light</div> <div>intentional academic time set apart with your child</div> <div>Example: Learning to do Math at Home with Stacy Greener on YouTube</div>	Make a Book Read a book with your child and ask about the story. Parents can have children draw something, something they did, saw, etc. The parent writes what the child said about the picture. Each day have the child draw and talk about the picture as it progresses. At the end of the week, read the story together and ask the child some questions about it using why, where when, questions.	Button Counts Using multicolored buttons, challenge your child to see who can find the most buttons of each color. Have your child count the number of buttons too and compare the different amounts of each color.	Grocery store newspaper For this activity you and your child are going to cut out your favorite food to eat. Ask your child why he or she likes that food, name the foods and introduce new foods as you have a conversation.	Counting at Lunch Time During lunchtime you can assign an ingredient for a child to serve. The child will serve the item (something countable like chicken nuggets or meatballs) to each person at the table. Child is to tell each person what they just were served and the quantity.	Rhymes Play rhymes such as I’m a little teapot, Humpty Dumpty, itsy bitsy spider, jack and jill, etc. Sing along and act out using your voice and body movements.
<div>Yellow Light</div> <div>purposeful activities spread throughout the day</div>	Alphabet Game Make square on the floor with chalk and write letters inside. Call out different letters and have your child jump in the letter you call as they work to identify letters. As children advance from identifying the letters, they may also begin identifying the letter sounds. This game can be made for inside using a paper with scrambled letters and your child can point to the letter you call out.	Coloring When coloring with your child, you can use that opportunity to have him/her count crayons. Ask, “Can you give me 5 crayons?” or “Can you give me 2 yellow crayons?” The idea as that you ask your child to count using the crayons.	Mystery Bag Using a paper bag, have child collect a few items to place in bag. Without you peeking, your child will ask you “what’s in the bag?” To foster speech production you will say, “Describe it to me.” Your child will have to describe item. For example, “it’s soft and fluffy. It’s heavy. It’s like a circle.” Etc. This activity promotes language as they use descriptive words to describe real tangible items.	Watering your flowers As you step out of your door to get to your garden, have the child count how many steps will it take to get to the garden.	I can Read! While out of the house, driving or walking in your neighborhood, help your child READ environmental print. Say something like, “The name of that store is (M...m) McDonalds, (T...t) Target, etc.”. Make sure to sound off beginning sound. This helps develop pre-literacy skills and children feel competent knowing they CAN read.
<div>Green Light</div> <div>learning songs</div>	Sing from Memory or YouTube Search (personal preference in music styles) <ul style="list-style-type: none">• <u>Learning Songs</u>• <u>Learning Number Songs</u>• <u>Learning Letter Sounds</u>• <u>Learning Rhyming Songs</u>				