

Spring PD Workshop – Food Literacy: Building Community Through Food

This Online workshop is being offered for FREE, presented by the Nova Scotia Library Association. All are welcome!

Please consider joining NSLA and supporting library PD initiatives such as this, our advocacy work, conference and other activities that support our Library Community. All are welcome to join, visit our website for more information about becoming a member – <https://www.nsla.ns.ca/join-nsla>

Food Literacy: Building Community Through Food

This FREE online session will provide a snapshot of how food programming can be a powerful outreach tool to welcome and empower communities. Participants will hear about dynamic community-led programming with emphasis on libraries as a third place.

Presented by Emily Glover, Food Literacy Specialist at the Halifax Public Libraries. This workshop will:

- Increase understanding of the benefits of food literacy programming for all ages
- Explore ways to reduce food insecurity and social isolation in your community
- Develop skills needed to plan food literacy programming in your library, big or small

Topics will include:

- Intro to food literacy
- Teaching food skills and food safety in public libraries
- Snacks in the stacks: Addressing food insecurity by offering healthy after-school snacks to youth and vulnerable adults
- Case study: How we got started with food at HPL (case study for the newcomer cooking club, and description of all the food literacy programming we have been offered for all ages)

Emily will also be providing attendees with a number of hand-outs and talking about how the Halifax Public Libraries continued their food literacy programming during the pandemic.

At the end of the presentation feel free to ask questions, or share some of the food programming or partnerships that are happening in your library or region, or ideas.

Emily Glover is a professional dietitian and a trained chef with an immense passion for anything to do with food and nutrition. She also has a love for teaching these topics in community settings whenever and wherever possible.

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Visit our website for more information about becoming a member – www.nsla.ns.ca

Date:

Monday, May 3 / 10–11:30am

Cost: FREE

Registration:

To register, please email NSLA PD Convenor, Ray Fernandes: ray.fernandes@novascotia.ca