Caregiver Connections

A support and networking group for people caring for others



Caring for others is a journey of love, but it can feel difficult and lonely at times. We invite you to join us for **Caregiver Connections**: a peer group of caregivers. This is a time to socialize with others who understand, and to share experiences and resources.

All caregivers are welcome, whether you are caring for children with special needs, adults with disabilities, loved ones with serious illnesses, aging parents, or some combination of these things. ***This group is open to the public; all are welcome!***

When: **12:00-1:30 pm on the 1st and 3rd Wednesdays** of the month

Where: **UUCSW** (*the Unitarian Universalist Church*)
64 West Main St. in Westborough (Ruggles St. door)
and on Zoom

Coffee, tea, and snacks will be provided; and you are welcome to bring your lunch. For questions or to receive the Zoom link, please contact UUCSW at 508-366-2635, or email us at office@uucsw.org