September 2023

Prepared Homesteaders

Preparedness Community News from the Ozarks and around the world.

Moving and Shaking!

Travis Maddox

2023 has been a very exciting year for our local group! While the world continues its spiral, we here in the Ozarks are strengthening our bonds and building out an amazing community, which focuses not just on surviving the troubled times ahead, but also thriving during these troubled times.

We have seen so many new people come through our doors and move into the area that are very focused on getting away from Babylon and finding a community of likeminded preppers and homesteaders. We haven't just seen growth in numbers but growth in the quality of people joining... People that are serious about community and preparedness.

We have also become more organized and decentralized. As a large group, we have become a private membership association with a set of governing bylaws, while at the same time successfully encouraging people to form small local MAGS/groups. We are working toward more training as a group and establishing communication networks through radio repeaters, relay communications, and non-technical communications.

As a local group, we have also been reaching out to local businesses, prominent community leaders, and the general public to build a positive image of what we are doing. This has been met with overwhelming success. We have established working relationships with other likeminded organizations in our area, which promotes community partnerships with some of these groups.

All in all, we have had a very busy year, and even though the world is filled with problems, we are looking forward to our future as Prepared Homesteaders.



September Meeting

September 24th, 2pm

Our next meeting is September 24th. Our meetings start at 2pm, but our doors open at 11am, so you can come early to meet others and mingle. We meet at the Citizens Center in Roby, MO. Our meetings are a potluck, so if you're able to bring a dish to share, please do so. There is always plenty to eat. We are very family friendly, so bring the whole crew!

We have a community seed bank, so if you have seeds to donate please bring them. If you need seeds, please see our table! We also have an open market area for those selling or bartering their wares or services. An arts and crafts table is always available for the little ones; we always need donations for this.

This meeting, we have a very well-known area Chiropractor giving a class on ways to combat "CV19" naturally this season.

As always, our meetings are a great time for fellowship with others that are likeminded. Hope to see you there!



Community News

What guides the Prepared Homesteaders of the Ozarks?

Statement of Faith
The Prepared Homesteaders of the Ozarks is an association of believers in the Almighty Creator who has provided us with guidelines for living a lifestyle governed by HIS scriptures.

Our Mission
To build communities of like-minded individuals whose common goals are to be self-sufficient and prepared for a changing world and to support those communities with fellowship, training and guidance.

Our Vision
To empower families and communities with knowledge, training and relationships so that they may provide mutual assistance to each other during times of need.

Our Values
· Honesty, Trust and Integrity
· Family, Community and Relationships
· Respect, Morality and Kindness
· Hard Work, Sacrifice and Endurance

Our Goals
To gather a remnant of moral and God-focused families whose common goal is to create communities of people that are prepared to face a challenging world.

The Prepared Homesteaders of the Ozarks is now a private membership association run by a seven person board. We also have specific committees that the board or the president create to run the day-to-day activities of the association. Our monthly meetings are still open to the public for anyone to attend, but we now offer membership to families for a small annual fee to those wishing to become more involved. Members will have a greater say on the direction of the group, and be involved in certain activities only open to members.
For more information, please email us at tphcommunity@protonmail.com

Community News

Community calendar provided by Alan Busiek awbusiek@gmail.com

PrepperNet Southwest MO – Ozarks Bug-Out Camp 2023
Sep 14 – 17 (Thursday – Sunday)
Roaring River State Park, Cassville MO (36.5841, -93.8386)
Info: swmoprepper@protonmail.com www.youtube.com/channel/UC7XxzDlkw2B9OSdsvyt0PnA

Prepared Homesteaders
Sep 24 (Sunday) 2 pm – 4:30 Roby MO
Info: tphcommunity@protonmail.com http://www.thepreparedhomestead.com

Prepper Camp 2023
Sept 22 - 24 (Friday-Sunday) 9 am – 6:30+ (gates open at 7 am)
Saluda NC – 460 Orchard Lake Rd (Orchard Lake Campground) (35.198371, -82.353060)
Info: SurvivorGarden@att.net www.preppercamp.com www.orchardlakecampground.com

PrepperNet Southwest MO
OCT 13 (Friday) 6 – 8 pm
Springfield MO – Northview Senior Center at Doling Park, 305 E Talmage St (37.245, -93.290)
Info: preparedandmoreus@gmail.com www.youtube.com/channel/UC7XxzDlkw2B9OSdsvyt0PnA

Prepared Homesteaders
Oct 29 (Sunday) 2 pm – 4:30 Roby MO
Info: tphcommunity@protonmail.com http://www.thepreparedhomestead.com

PrepperNet Southwest MO
NOV 10 (Friday) 6 – 8 pm
Springfield MO – Northview Senior Center at Doling Park, 305 E Talmage St (37.245, -93.290)
Info: preparedandmoreus@gmail.com www.youtube.com/channel/UC7XxzDlkw2B9OSdsvyt0PnA

PrepperNet Southwest MO
DEC 8 (Friday) 6 – 8 pm
Springfield MO – Northview Senior Center at Doling Park, 305 E Talmage St (37.245, -93.290)
Info: preparedandmoreus@gmail.com www.youtube.com/channel/UC7XxzDlkw2B9OSdsvyt0PnA

Prepared Homesteaders of the Ozarks

November and December meetings.

November 26th will be our second annual Thanksgiving dinner! Last year, we had around 120 people gather to fellowship and eat more food than we should. We are very excited to do this again this year! Because of last years large response, we are forming a Thanksgiving Committee to help with the planning and organizing. Rivkah Maddox will be in charge and you may sign up at the September meeting to help with this event or email us directly at phoevents@proton.me . We will have a sign-up-to-attend sheet at the October meeting along with a place for you to list what you will bring. The November gathering will not be a meeting, but an all day event to fellowship together, especially those that do not have a family to visit.

For December, we will NOT have a big monthly meeting, but we are encouraging the small MAGS/groups to meet together in December.

Faith News

When you're up against an enemy, most people will agree there is strength in numbers. The more people on your side, the more likely you are to win. But in Judges 7, we learn that numbers are meaningless when Elohim is involved.
"Watch me," he told them. "Follow my lead."
JUDGES 7:17

The Lord tasked Gideon with leading the Israelites into battle against the Midianites who had oppressed them for seven years (Judges 6:1). Their power was "oppressive" (6:2). In the valley, their warriors were as "thick as locusts", and their camels like "the sand on the seashore" (7:12).

The odds were clearly stacked against Gideon and his army. His army consisted of 32,000 soldiers. However, Elohim knew that even with this many people, they would boast about their strength (vv. 2–3). So, Gideon eliminated 22,000 soldiers who were too fearful to fight. With 10,000 remaining, Elohim decided there were still too many. Like a master gardener pruning shrubs, Elohim continued to remove men from Gideon's army. After drinking from the river, only the ones who kept alert by lapping the water from their hands were allowed to stay (vv. 5–8). This reduced the army to a measly 300. Elohim wanted only the alert and courageous to fight for Him.

Despite the small size of his army, Gideon received confirmation through a Midianite's dream that the Lord was in control (vv. 13–15). That night, he gathered his men and concocted a plan that most likely baffled his seasoned warriors. Perhaps they thought it was a result of his inexperience, but they trusted him and Elohim. Leadership can be frightening because you are taking people where they have never been before. Here we see Elohim teach Gideon that our strength is not in numbers; our strength must come only from Elohim.



Charles and Susan - moving protection

Alissa - complete cancer recovery

Eva - pain from eye surgery and another eye surgery

Tim - work struggles

Jacob - prayers needed

please send your prayer requests to
tphcommunity@protonmail.com
Put PRAYER in subject line

He gives strength to the weary,
And to him who lacks might He increases power.
Though youths grow weary and tired,
And vigorous young men stumble badly,
Yet those who wait for the Lord
Will gain new strength;
They will mount up with wings like eagles,
They will run and not get tired,
They will walk and not become weary.
Isaiah 40:29-31

This newspaper is completely community supported. Please send us you articles, stories, notifications and more to be published. If you would like to make a monetary donation to help cover the printing costs please contact us at tphcommunity@protonmail.com

Free Market

Community Businesses

Trash Service in Shenandoah County Virginia www.vallytrashservice.com

Realtor Services Nationwide
Robert Mandella is based in Florida and Alabama but can help you find a reputable agent anywhere.
334-946-4300

Handmade Soaps and Body Care



Grafted in Designs, a faith-based apparel brand.
Proudly made in the USA, our small business is dedicated to crafting quality clothing, hats, home decor and wood related products that reflect your faith and values.
Reach out to us for custom orders at graftedindesigns@pm.me or visit our website at www.graftedindesigns.com

We always encourage our members to patronize businesses owned by likeminded people. We also encourage bartering, trading, and using alternative currencies like gold and silver. We must take back our purchasing power every chance we get!

Whole Bible believing apparel. Custom designed products encouraging believers to share their faith.
www.sanctifiedsupplyco.com

Last Stand Leather
Custom leather patches and hats
www.etsy.com/shop/laststandleather

Moose Run Coffee
Small batch organic fresh roasted coffee.
From now until September 15th 15% of all sales will go to Kaleb House a ministry combating human trafficking.
www.mooseruncoffee.com

Iron Survival is a tactical and defense training company.
The Iron Survival network is comprised of retired senior operators from U.S. military Tier-1 Special Mission Units, and an unmatched, highly diverse, and carefully selected team of top-tier experts from the special operations, conventional military, law enforcement, intelligence, and academic communities. Iron Survival offers online training courses, peer-to-peer online training, live in-person training, and property security assessment.

Iron Survival is hosting a VCQB & Extraction Training in southern Missouri on 30 Sept-1 Oct. This is an intense 2 day course. For more information go to www.ironsurvivalgroup.com/training/special-training-events

For a free business listing or classified ad contribution please email us at tphcommunity@protonmail.com . Please put FREE MARKET in the subject line.

Natural Health

Our resident Naturopathic Doctor and core member of our PMA has been gracious enough to offer the use of his natural supplement dispensaries. If you have any questions or need advice on what supplements you may need, please contact Dr. Lewis at the number below.



Charles Lewis ND
Simply Your Health
870 277-1172

Three Dispensaries
Here's the information about our dispensaries:

BIOTICS RESEARCH CORP
Set up your account by calling: (800) 231-5777.
Use registration code #05-TD-1828
You are now registered under Dr. Lewis.

After you have set up your account, you can order online at bioticsresearch.com or by telephone.

We have two other dispensaries below. Doctor's Supt. Store carries many brands, and Dr. Lewis has made available only the brands he would recommend for you. DSS offers assistance with your shopping by calling their phone, and offers auto ship with 5% off and free shipping. If they cannot answer your product questions, they will contact Dr. Lewis for his recommendations for you.

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DOCTOR'S SUPPLEMENT STORE
This is a large dispensary.

All companies listed, were selected by Dr. Lewis from successful use in the clinic.
Shop online at: www.dssorders.com/SYHPMA
... or call (877) 846-7122 – option 1
Use code: PMA
Free shipping over $75
Auto ship available with free shipping and 5% discount
You are now registered under Dr. Lewis.

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PREMIER RESEARCH CORP
Premier offers very pure and clean supplements, and fermented supplements.

Set up your account by going to prlabs.com -
Click on the New Account Registration button –
Use this access code: 3762e1
You are now registered under Dr. Lewis.
Then shop online at prlabs.com or call (800) 325-7734

Hope you find everything you are looking for!
Give me a call if you need anything further.

Susan
Director of Client Services

Community News

From The Colonel

As we watch the end of the summer season come upon us, so we see the end of the American we knew, slowly careening at full-speed into the oblivion for which the rich and powerful have prepared us. If you and your heart are not ready, if your family is not ready, or if your home is not ready, these are the last few moments that we have to prepare for the time to come. I pray that all of you will seek the Almighty and your decisions reflect having put Him first when seeking His counsel. For, the time is coming that we, like those before us, will be called upon to serve the Kingdom to be a witness and to bear the truth against this wicked world. We must be prepared for all that we are to endure! This is a time during which we must band together and be stronger together than we have ever been, forgetting our egos, our differences, and remember that we are the children of Elohim. We are Americans. We are patriots. We are the salt of the earth. We cannot waiver and we cannot fall back. The time of our final stand in this world is coming, and it will feel like kicking against the pricks/goads. However, we must endure and maintain course. Remember; the times that we seem to be living in, we have scripture and a promise to lean into. The Scriptures say that for those who shall fall upon Messiah shall be broken, but for those he falls upon will be crushed into powder forever. Whatever we must endure, whatever we must suffer, it will only be as a twinkling of an eye, only but a moment. But, remember, the eternity that we are promised will band us altogether as one body, brothers. Let us, together, seek after His truth and let us continue in brotherly love.

"Behold how good and how pleasant it is for brothers to dwell in unity." -Psalm 133

"If ye love wealth greater than liberty, the tranquility of servitude greater than the animating contest for freedom, go home from us in peace. We seek not your counsel, nor your arms. Crouch down and lick the hand that feeds you; May your chains set lightly upon you, and may posterity forget that ye were our countrymen." Samuel Adams

Recipes

Black Walnut Hull Tincture:
Sliced green walnut hulls, vodka or another 80 proof or higher alcohol. Place the hulls in a clean, dry jar with tight-fitting lid. Fill the jar with hulls 1/2 to 3/4 full. Pour 80 proof or higher vodka or other alcohol over the hulls to within 1/2 inch of the top. Cover tightly and place the jar in a cold, dark place. Shake the jar every few days. Watch the alcohol level and add more if needed. Soak the hulls for 6 to 8 weeks. Strain the mixture through a fine sieve or cheesecloth. Squeeze out all liquid.
Discard the hulls. Place the alcohol extract in a cool place, undisturbed overnight. Strain again through a coffee filter or decanter to remove any hull residue. Store the tincture in a tightly capped glass bottle in a cool, dark place.

This tincture can be used internally against parasites or rubbed on knees or throat in the case of radiation exposure. The iodine in the walnut can protect against radiation sickness.



WILDERNESS SURVIVAL

T L C N F L K Y W L I V E J I M B
L B F A K N I H T V C S N O J L U
N F F L W A F H J G K A U N W S Q
X U V P V F L F A V C L S E I S Z
O B H X C F A B Y U G T T N L N S
F C L M E T A G I V A N P F D E H
O W W C O C I B R Y W K T H E V E
Z T Y S U R V I V A L J D U R E L
G U Q T S C O R D A G E E N N R T
S O N H E F I N K F T E X T E M E
X F A T E D C U Q W R A J X S X R
Z A S I Z R K E U A J T T W S Y Y
A E D A P W M R I T T F F U O Y E
C T T F N U E I T E O A P U L G T
A E W A X E B F K R P U O C Q X C
L I J W P L O B S E R V E Q Y N J
U D X Z D N F I S H P P P Y L K W

TEA	AXE	EAT	YOU	POT
SUN	SALT	PLAN	FIRE	CORDAGE
FAITH	THINK	QUIT	NEVER	KNIFE
LIVE	DIE	HUNT	FISH	WATER
SHELTER	OBSERVE	NAVIGATE	SURVIVAL	WILDERNESS

Handout

It is advisable to keep bulk medical supplies on hand. Medical kits are great in the moment but you will go through those items quickly. Most medical supply items can be purchased in bulk at a reasonable price. Individuals and groups should stock up on some of these items while you still can.

Personal Safety/CPR
Gloves
pair Safety Goggles
CPR Microshield®

Minor Cuts and Scrapes
Adhesive fabric bandages
butterfly bandages
2x2 Gauze Pads (2 packs)
Roll Plastic Medical Tape,
1" x 10 yds
Roll Porous Medical Tape,
2" x 10 yds
Roll Cloth Medical Tape,
1" x 10 yds
Roll Self Adherent Waterproof Wrap, 1 inch
Triple Antibiotic Ointment packets

Larger Injuries/Trauma
pair Trauma Shears
5 x 9 Gauze Dressing/Abdominal Pads
4x4 Gauze Pads (2 packs)
Trauma Dressing, 10x30
Gauze Rolls, 3" to 4"
Triangular Bandage
Elastic Bandages, 2 inch
Mylar Survival Blanket
Set of 5 Oral Airways
Stethoscope
Blood Pressure Cuff
C-Collar, Adjustable, Adult Size
Vented chest seals
Israeli bandages
Quick clot bandages
SAM splints
Catheter needles for decompressing chest
Aluminum finger splints

Bulk Medical Supply Stores Online (not a complete list)

In His Hands Birth Supply
www.inhishands.com

Gynecological Equipment
www.obgynsupply.com

Atlantic Medical Supply
www.atlanticmedicalsupply.com

Medical Supply Store
www.usamedicalsurgical.com

Hey Med Supply
www.heymedsupply.com

Sedation Kit
www.sedationkit.com

Other

Instant Cold Packs, large
Bandage Scissors, 4.5 inch
Insta-Glucose
Tongue Blades / Finger Splints
Disposable Penlight
Splinter Forceps
Forehead Thermometer
2x2 gauze sponges
4x4 gauze sponges
Wound Cleaning/Misc.
Eyewash / Irrigation Solution, 4 oz.
Antiseptic Wipes
Alcohol Preps
Resealable Plastic Bag
Red Biohazard Trash Bags
2 Ink Pens
BZK antiseptic towelettes
Betasept

Surgical/Emergency

IV kits
IV Tubing, catheters, administration set, extension port, infusion set, etc
Sutures, various sizes
Suture Staple
Disposable hospital towels
Large syringes for flushing wounds
Surgical kit with hemostats and forceps
Sterile sealed surgical towels
Manual Resuscitator
Nasopharyngeal Kit
Oropharyngeal Kit

Birthing

Umbilical cords clamp kit
Baby blankets
Cold packs
Heating pads
Nursing pads
Maxi pads
Postpartum underwear
Peri bottles