

Nebraska Association for the Gifted Presents



Tools of the Trade: **Creating a Survival Kit for Gifted Kids**

Would your gifted child like to learn more about themselves and have an opportunity to meet with other students just like them? If so, the Nebraska Association for the Gifted is offering a first-time experience for students and parents!

Who? Gifted & Talented Students in 5th through 8th Grade

When? January 27th 9AM-2PM @ ESU 3 6949 South 110th Street LaVista, NE 68128

Students attend from 9AM-2PM. Parents are welcome to attend from 1-2PM to learn more about advocacy for their gifted students. Lunch is brown bag - bring your own!

Cost? \$10.00 per student (Fee also includes a morning snack)

Transportation? Schools are encouraged to bring a bus or pass this information along to parents. Transportation is not provided and is up to the school or individual.

Registration deadline 1/10/20.

4 Breakout sessions:

- **Perfectionism, Stress & Anxiety** Learn about the "perfection infection" and become more self-aware of your own stressors and anxieties about trying to be the perfect student.
- **Battle the Boredom!** Do you ever get bored in class? Do you procrastinate on big assignments? Come to this session to learn skills of engagement to fend off the Boredom Blues! (It will be anything but boring!!)
- **What Does It Mean To Be Gifted?** What does it mean to be identified gifted and talented or high ability? Explore strategies to navigate the myths and realities and make the most of your strengths!
- **Growth Mindset for the Gifted Kid** Use your gifts and talents to their furthest potential by understanding what it takes to learn better.

Questions? Email - negifted@gmail.com

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REGISTRATION FORM Payment is due with registration! \$10 per student! Registration due 1/10/20 Space is limited!

Student Name:

Parent Name:

Day of emergency phone:

Email:

NAG will be taking photographs for social media posts and our website, reach out if you do not want your child photographed!

**Please note - if there is inclement weather and OPS schools are cancelled this will be rescheduled.

Note any food allergies:

Please arrive by 2pm to pick up your student!

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