



UMC Food Ministry

Sunday Services

Worship:  
10:00 am  
online

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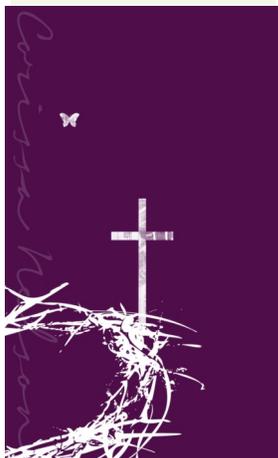
A year ago, March 2020, we did not know what it would be like today. At that time we had to put on hold many of the ministries we were involved in with our community. But we keep our community needs in our thoughts and prayers. We were heartbroken not able to make sandwiches for Brother Francis, have our monthly “A Place at the Table Meals”, or being able to provide for families through the “Emergency Cold Weather Shelter”.

This last month, Brother Francis reached back out with an opportunity for a new extension of our previous ministry. So on March 2nd we undertook this changed outreach ministry. Now we are not providing sandwiches for Brother Francis, we are now providing 2 meals for un-housed brothers and sisters in our community. Once a month we gather to prepare 75 sack lunches and 75 sack breakfasts. We have set up a volunteer page on our website ([firstumcanchorage.org](http://firstumcanchorage.org)) where we ask you to sign-up to participate. We understand that not everyone is able to be in person to pack these meals, but you are also encouraged to donate individually packaged items or donations of funds and we will do the shopping.

We are excited to be serving as Jesus’ hands and feet to our brothers and sisters in Christ.

Next opportunity: April 6th at 11:30 am

Link to sign up: <https://www.signupgenius.com/go/4090b4fa4a62aa4f49-brother>



# Coins for Lent 2021

BY KEVIN JOHNSON

During Lent, many of us are reminded once again to examine our lifestyles and ask, "What can we do for others?" Part of faith formation at any age is compassion and offering a serving heart to our neighbors. This past year has been challenging when trying to find ways to serve our neighbors while remaining physically distant. This past year also has reminded us that we need to demonstrate compassion to others



now more than ever. Lent is a good time to commit to giving money to a project that helps those in need. One way to involve the whole family is to collect coins during the season of Lent and then following Easter, donate the money. Follow our [Coins for Lent Giving Calendar](#) as a guide.

If you decide to do this as a family or as a congregation, first determine where you would like your money to go. Regardless of their age, let everyone have a voice. Maybe you have a community food bank that could use funds to purchase food for the hungry. Perhaps you could contribute to a larger project beyond your local community. Maybe you would like to contribute to those affected by COVID-19.

Heifer International is an agency that addresses needs around the world and helps families to become self-sufficient in sustainable ways. The United Methodist Church and Heifer International share a vision of ending hunger and poverty. You can find out more about Heifer International at [heifer.org](http://heifer.org). You may know of another project to which you would like to give your money. Click the link to the UMC General Board of Global Missions to find other Advance mission opportunities to donate money; <https://advance.umcmmission.org/>. Ask within your United Methodist Annual Conference or district to find other local projects you can also help to support. Select an agency that would appreciate your contribution.

Once you have selected a project, decide what coins you want to collect. You may want to contribute a quarter for every item on the giving calendar. You may want to simply collect loose change and give whatever coins you have for each item.

Now make a container to collect the money. Use a plastic tub, jar, or a coin bank that you aren't currently using in your home. Decorate it and place it where the entire family can see it (and contribute to it).

Items on the daily guide will remind us of all we have and how little others may have. Each Sunday, pray as a family for the project and the people who will benefit from your gifts. Our giving begins on Ash Wednesday and concludes with Holy Saturday. During Lent, Sundays are for worship and praise to God and are reflected with a weekly day of prayer.

March						
S	M	T	W	T	F	S
	<b>1</b> A coin for every ball cap or hat.	<b>2</b> A coin for every pair of shoes.	<b>3</b> A coin for every pair of jeans or pants.	<b>4</b> A coin for every coat.	<b>5</b> A coin for every t-shirt.	<b>6</b> A coin for every sweatshirt.
<b>7</b> Pray today, thanking God for clothing that protects you from the elements. Pray for those who lack clothing to keep them warm and dry.	<b>8</b> A coin for every ball or piece of athletic equipment.	<b>9</b> A coin for every electronic video game.	<b>10</b> A coin for every smart device (phones, tablets, etc.).	<b>11</b> A coin for every television.	<b>12</b> A coin for every doll or stuffed animal.	<b>13</b> A coin for every board or card game.
<b>14</b> Pray today, thanking God for how you can enjoy entertainment in your home. Pray for those who would be grateful for just one of these items.	<b>15</b> A coin for every box of cereal.	<b>16</b> A coin for every can of soup.	<b>17</b> A coin for every type of bread.	<b>18</b> A coin for every jar of jelly.	<b>19</b> A coin for every bottle of salad dressing.	<b>20</b> A coin for every jar of peanut butter.
<b>21</b> Pray today, thanking God for the food you enjoy. Pray for those who have no food this day.	<b>22</b> A coin for every room in your home.	<b>23</b> A coin for every electrical outlet in your home.	<b>24</b> A coin for every chair in your home.	<b>25</b> A coin for every desk (virtual work/school) in your home.	<b>26</b> A coin for every bathroom.	<b>27</b> A coin for every bed.
<b>28</b> <b>Palm Sunday</b> Pray today, thanking God for shelter. Pray for those who have no place to sleep at night.	<b>29</b> A coin for every Bible.	<b>30</b> A coin for every book of hymns or sacred songs in your home.	<b>31</b> A coin for every cross in your home.			

April						
S	M	T	W	T	F	S
					1 A coin for every prayer you say today.	2 A coin for every story of Jesus you can tell.
					8	9
					15	16
					22	23
					29	30
4 <b>Easter Sunday</b> Pray, thanking God for Jesus and for the many ways we can gather and worship God. Pray for those who will receive the coins collected that they would see God's presence through them.	5	6	7			3 A coin for every person in your family.
11	12	13	14			10
18	19	20	21			17
25	26	27	28			24

**United Methodist Women**  
 On Saturday, March 20<sup>th</sup>, from 11:00 to 12:00 A M, all women are invited to the Virtual gathering for our annual “Prayer and Self – Denial Meeting”. This is a very appropriate meeting for Lent. More information will be forthcoming as to codes needed nearer the actual date.

### **United Methodist Women Auction**

As we all know, this year is different! We are hoping to hold our auction in December this year at the church with a catered brunch. BUT WE NEED YOUR HELP!

As always we will be asking for donations of handmade items for the live auction (what crafts have you done during these Covid times?) as well as silent auction items (anyone beside me feel like constantly spring cleaning?).

We will be sending a short survey via email asking your input! This amazing mission opportunity was missed in 2020 and we are looking forward to getting together for a great time!

### **Boiler Update**

The temperature is up and heating bills and maintenance costs are down! Thanks to many contributions from church members and friends, a memorial gift from the Stassel family, and a pending grant from the First United Methodist Church Foundation, the new heating system is installed, working, and paid in full. Together, we raised \$60,000 to replace the old steam boiler that has exceeded its useful life and could no longer be maintained in a safe, consistent state of operation. When the pandemic is over, it will be a great joy to return to a warm and comfortable church building.

Corinne McVee

Finance Chair

### **Notes from the Lay Leader**

My mom and I just finished our vaccination cycle - both shots - Moderna brand, and all is grand. I went online and broadened my range from Anchorage to the valley, and found openings with the pharmacy at Fred Meyer's in Eagle River.

Plenty of openings; easy-peasy in and out; friendly service and environment; and great follow-thru.

If I can be of any help to anyone in getting their vaccinations completed, please let me know.

email: [gusisme14@gmail.com](mailto:gusisme14@gmail.com) or text msg: 9079809952

Let's get this done!!!! Blessings, always.

Carolyn Gordon

We had a great meeting as we discuss Nickel Boys by Colson Whitehead. We discussed the racial divide that is still felt today.

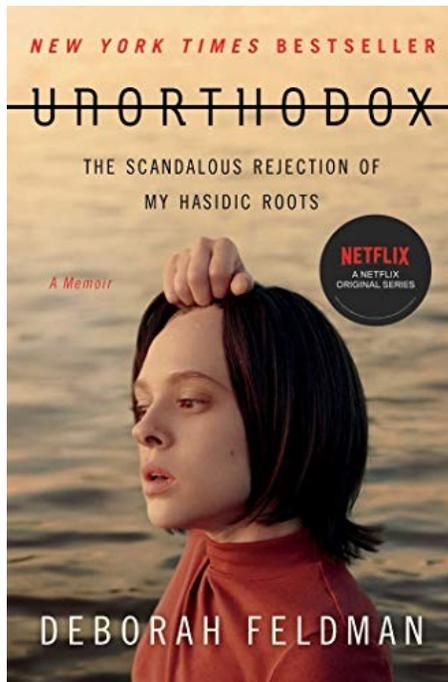
Our next meeting will be on March 22nd at 7:00 p.m. We will be discussing Unorthodox by Deborah Feldman.

As a member of the strictly religious Satmar sect of Hasidic Judaism, Deborah Feldman grew up under a code of relentlessly enforced customs governing everything from what she could wear and to whom she could speak to what she was allowed to read. Yet in spite of her repressive upbringing, Deborah grew into an independent-minded young woman whose stolen moments reading about the empowered literary characters of

Jane Austen and Louisa May Alcott helped her to imagine an alternative way of life among the skyscrapers of Manhattan. Trapped as a teenager in a sexually and emotionally dysfunctional marriage to a man she barely knew, the tension between Deborah's desires and her responsibilities as a good Satmar girl grew more explosive until she gave birth at nineteen and realized that, regardless of the obstacles, she would have to forge a path—for herself and her son—to happiness and freedom.

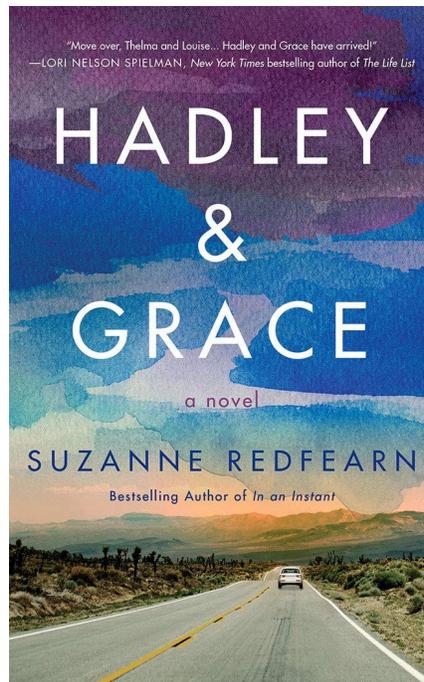
Join us for our next meeting ONLINE on March 22nd at 7:00 p.m. Bring your own snacks! Sit in your favorite chair! Dress in your comfy PJs!!!!

## Upcoming Books:



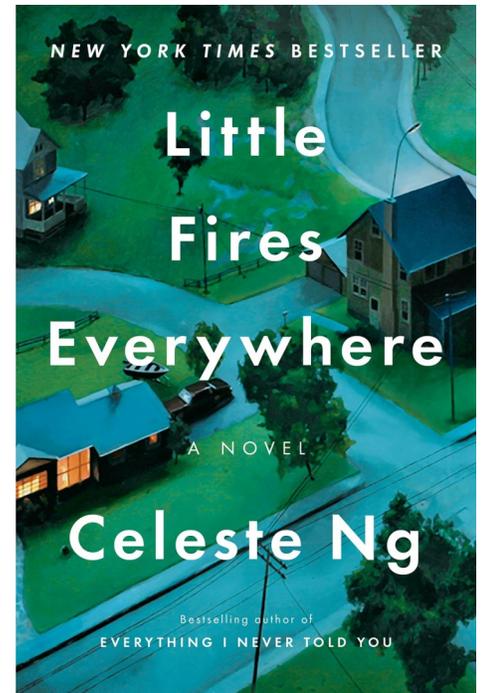
### March

**Unorthodox: The Scandalous Rejection of My Hasidic Roots**  
by Deborah Feldman



### April

**Hadley & Grace**  
by Suzanne Redfearn



### May

**Little Fires Everywhere**  
by Celeste Ng

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 11:30 am Brother Francis Meal Prep	Clare House Dinner delivery 3 9:00 am Pastor's Café Online 6:00 pm Pastor's Lenten Study	4	5	6
7 10:00am Worship Online	8	9	10 9:00 am Pastor's Café Online 7:00 pm Pastor's Café Online	11	12	13
14 10:00am Worship online	15	16	17 9:00 am Pastor's Café Online 6:00 pm Pastor's Lenten Study	18	19	20
21 10:00am Worship Online	22 7:00 pm Book Club	23	24 9:00 am Pastor's Café Online 6:00 pm Pastor's Lenten Study	25	26	27
28 10:00am Worship Online	29	30	31 9:00 am Pastor's Café Online 6:00 pm Pastor's Lenten Study			

## February Birthdays

Jeff Welch	2	Doug Lindsay	15	Alice Chaney	22
Denise Carey	3	Nancianna Schaaper	15	Russell Derrick	28
Tina Kile	4	Brian Zuke	17		
Don Keil	5	Tom York	18		
John Braden	9	Clancy Derrick	19		
Jeffrey Linxwiler	10	John Waters	20		
Kendall Leibach	15	Cody Behr	22		



A Call  
to Prayer  
& Self-Denial

Llamado  
a la Oración  
y el Sacrificio

기도와  
절제의 날

2021

*SHE LEADS*  
EMPOWERING  
WOMEN TO MAKE  
A DIFFERENCE

ELLA DIRIGE: EMPODERAR A LAS MUJERES  
PARA HACER UNA DIFERENCIA

그녀가 이끈다: 변화를 일으키기 위해 여성 강화



March 20, 2021

11:00 am

Zoom ID 871 7805 1533

## You Are Invited

United Methodist Women invites you to be part of an observance in sisterhood with women from the local unit and your community. Every year, "A Call to Prayer and Self-Denial" encourages women to step out in faith and bring the love of Christ into a hurting world through their prayers and selfless giving.

In 2021, we will come together around the theme "She Leads: Empowering Women to Make a Difference." We welcome you to come pray, learn and offer your gifts that will make a real change in the lives of women, children and youth around the world.

- **PRAY** - As we unite in prayer, we prepare ourselves to listen.
- **LEARN** - As we learn about the impact of the Call to Prayer and Self-Denial, we also learn about the impact our giving has on the world.
- **GIVE** - As we generously give, we remember with confidence all that God has already done in and through us and all that God has yet for us to do.

Join together to bring justice and inspire change, living into United Methodist Women's faith and action.



**If I have ever understood what it means to operate in faith, it is most certainly now. We are finding new ways to serve our low-income families because we know that God has put us in this place at this time to serve this community. As we face this battle there is no group I would rather have on my side than United Methodist Women!"**

— REGINALD SMITH  
Executive Director  
United Methodist Neighborhood  
Centers/Bethlehem Center  
Chattanooga, Tenn.

### YOUR PARTICIPATION MATTERS

With the experience of more than 150 years of service and advocacy for women and children, United Methodist Women impacts women, their families and their communities all around the world. It takes members of United Methodist Women giving generously to make this happen.

This year's Call to Prayer and Self-Denial offering will provide the means for women to be able to gain control of their lives and futures. It will support the programs offered by National Mission Institutions and international partner organizations that promote leadership development and foster the well-being of underserved women, children and families. Projects include, but are not limited to: GED and ESL, job readiness, life skills and livelihood training, scholarships and microenterprise programs. Through your Call to Prayer and Self-Denial offering, you are witness to God at work, empowering women to make a difference.

Year after year, United Methodist Women has faithfully answered the call to prayer and sacrificial giving by raising hundreds of thousands of dollars. In this challenging year, the Call to Prayer and Self-Denial offers a unique online opportunity to get involved and help continue this vital and powerful witness.

### THE POWER OF YOUR GIFT

Women's lives are transformed through A Call to Prayer and Self-Denial giving. When we invest our presence, prayers and gifts we participate in sowing seeds of hope while nurturing women to be gifts themselves to others in this world. As a result, what we give keeps on giving from generation to generation, near and far. Here are examples of stories from some of the work that the offering will support:

### Leadership Development for Women

The Poultry Project	Entrepreneurship Advocacy	<a href="https://unitedmethodistwomen.org/news/the-poultry-project-when-opportunity-meets-preparation">unitedmethodistwomen.org/news/the-poultry-project-when-opportunity-meets-preparation</a>
Girls Without Future: Sewing Project	Empowerment Program	<a href="https://unitedmethodistwomen.org/news/girls-without-future-sewing-project">unitedmethodistwomen.org/news/girls-without-future-sewing-project</a>
Soap Project	Skill Development	<a href="https://unitedmethodistwomen.org/blogs/for-a-time-like-this/april-2020/making-soap-during-a-health-crisis">unitedmethodistwomen.org/blogs/for-a-time-like-this/april-2020/making-soap-during-a-health-crisis</a>
Moore Community House	Women in Construction	<a href="https://moorecommunityhouse.org/winc">moorecommunityhouse.org/winc</a>
Red Bird Mission	Vocational-Technical School	During the 2020-2021 school year, the Mission will seek to re-establish vocational technical education to expand training and workforce-ready certification offerings to Red Bird High School students—helping those whose livelihood was based on fossil fuel production transition to new areas of work, including in the energy sector.
Gum Moon	ESL classes	Professional and life-skills training to immigrant women.

#### Profile of an International Impact

**Felizarda Joaquim** needed help to achieve her goal of running a broiler chicken business. United Methodist Women was able to give her the opportunity that she needed at just the right time through seed funding. The Poultry Project is one of many successful international initiatives that A Call to Prayer and Self-Denial gifts have made possible to support women such as Felizarda. Created to assist the community in employment opportunities, particularly for women and youth through entrepreneurial development by United Methodist Women in Mozambique South Annual Conference, this project is training women and youth to develop their business skills. Felizarda thrives both in her chicken business and offers ongoing support to the UMW Poultry Project. Read more about Felizarda’s story and the Poultry Project at

 [unitedmethodistwomen.org/news/the-poultry-project-when-opportunity-meets-preparation](https://unitedmethodistwomen.org/news/the-poultry-project-when-opportunity-meets-preparation)

#### Profile of a National Impact

**Emily** is a new immigrant to the San Francisco Bay Area from China. Her husband works very hard to make ends meet. His hours are long and he does not have much time to spend with his family: Emily and their little toddler, James. Emily learnt about Gum Moon’s ESL classes when she visited a resource fair hosted by the Mayor’s Office. She enrolled in the ESL class and Gum Moon was able to provide childcare for James. Her goal was to help alleviate some of the financial burdens that her husband was shouldering for the family. Teachers helped Emily develop a résumé and apply for jobs online. Staff prepped her in interview skills and employment etiquettes. During the holiday season, Emily was hired to work at Old Navy/Gap. She worked very hard and the employer was impressed with her performance. After the holidays, she was offered permanent part-time employment at Old Navy/Gap.

 Learn about Gum Moon at [gummoon.org](https://gummoon.org)

In **2019** United Methodist Women raised **\$570,281** for programs that promote well-being and equal opportunities for children and youth in need.

**100%** of the money given through A Call to Prayer and Self-Denial goes directly to fund projects and partners related to the Call to Prayer and Self-Denial theme of the year.

## PROMOTE AND CONNECT

Host an observance of the 2021 Call to Prayer and Self-Denial and invite women to participate in this prayer-centered experience with the community of United Methodist Women.

Plan your communications so that you have the greatest impact possible over a defined period of time. Encourage your church to participate in sharing announcements about the occasion using the poster and Save-the-Date Prayer Card and social media graphics. Consider scheduling a series of invitations and informational moments. Here are some promotion ideas:

### Connect with UMW Community

- If your local unit has not hosted a Call to Prayer and Self-Denial observance in the past, try getting started this year, joining a movement that has been a part of our heritage for generations.
- Reach out to other units/circles in your area and plan the observance as a cluster.

## Spread the Word

- Send the Call to Prayer Save-the-Date Prayer Card to your network of friends.
- Plan shareable social media posts.
- Share stories and pictures from past Call to Prayer observances.

## Announcements and Graphics

- Share favorite quotes or passages from this brochure to encourage and inspire.
- Send digital calendar and event invitations to encourage participation and automatic reminders.
- Provide giving information before, during and after the observance.

In **2019** there was **100%** conference participation in the Call to Prayer and Self-Denial observance. All conferences raised funding for children and youth worldwide through this supplemental giving.

## ONLINE RESOURCES TO HELP YOU

### 🔄 Downloads

- **This brochure:** [unitedmethodistwomen.org/media/pdf/worship/CallToPrayer2021Brochure.pdf](https://unitedmethodistwomen.org/media/pdf/worship/CallToPrayer2021Brochure.pdf)
- **Poster:** [unitedmethodistwomen.org/media/pdf/worship/CallToPrayer2021Poster.pdf](https://unitedmethodistwomen.org/media/pdf/worship/CallToPrayer2021Poster.pdf)
- **Save-the-Date Prayer Cards:** [unitedmethodistwomen.org/media/pdf/worship/CallToPrayer2021Poster.pdf](https://unitedmethodistwomen.org/media/pdf/worship/CallToPrayer2021Poster.pdf)
- **Order form:** [unitedmethodistwomen.org/media/pdf/worship/CallToPrayer2021Poster.pdf](https://unitedmethodistwomen.org/media/pdf/worship/CallToPrayer2021Poster.pdf)
- **Program:** [unitedmethodistwomen.org/2020-2021-program-book-call-to-prayer](https://unitedmethodistwomen.org/2020-2021-program-book-call-to-prayer)
- **PowerPoint:** [unitedmethodistwomen.org/worship/CallToPrayer2021PPT](https://unitedmethodistwomen.org/worship/CallToPrayer2021PPT)
- **Social media graphics:** [flickr.com/photos/umwomen/albums/72157716556681118](https://www.flickr.com/photos/umwomen/albums/72157716556681118)
- **Information on How to Organize a Virtual Meeting on Zoom:** [unitedmethodistwomen.org/Media/PDF/HowToHostVirtualEvent.pdf](https://unitedmethodistwomen.org/Media/PDF/HowToHostVirtualEvent.pdf)

### ☰ Helpful Links and information

- **Online downloads page:** [unitedmethodistwomen.org/call-to-prayer](https://unitedmethodistwomen.org/call-to-prayer)
- **Online giving:** [unitedmethodistwomen.org/donate](https://unitedmethodistwomen.org/donate)
- **E-mail:** [calltoprayer@unitedmethodistwomen.org](mailto:calltoprayer@unitedmethodistwomen.org)
- **Website:** [unitedmethodistwomen.org](https://unitedmethodistwomen.org)
- **Facebook:** [facebook.com/UMWomen](https://facebook.com/UMWomen)
- **Twitter:** [twitter.com/UMWomen](https://twitter.com/UMWomen)

*Thank You!*

Your participation in prayer and giving matters, especially during a global pandemic. Together let us make a difference in the world.

