Mental Illness Awareness Week

EVENTS
*sponsored by the PHPD Student Wellness Organization and PHPD Student Senate

Oct 4

12-2PM EDT
Jaharis Courtyard & Greenspace

Messages of Kindness
Join us in contributing kind messages which will be displayed on campus and serve as a reminder of our community’s resilience. Snacks will be available!

7PM EDT
Zoom

National Alliance on Mental Illness presents: "In Our Own Voice"

*In Our Own Voice aims to change attitudes, assumptions, and stereotypes. Presenters will share experiences living with a mental health condition and how they found pathways to hope and healing. Attendees will have the opportunity to ask questions, learn more and challenge misconceptions.

Join via zoom: tufts.zoom.us/j/98410965680
Meeting ID: 984 1096 5680    Passcode: 468738

Oct 6

6PM EDT
Zoom

Journaling for Jing

In tribute to Dr. Jing Mai, a resident at Highland Hospital in Oakland who tragically committed suicide during her residency. We will be partnering with "Let’s Talk and See", for a journaling activity and discussion about personal and community mental health.

Join via zoom: tufts.zoom.us/j/99690054211
Meeting ID: 996 9005 4211    Passcode: 743134

Questions?

Email SWO Co-Presidents ariella.wagner@tufts.edu or sayuj.narayan@tufts.edu or PHPD Senate President kriti.sharda@tufts.edu or Vice President jordan.wood@tufts.edu