



Reopening Guidelines

Reservations

- 1) Download the Mindbody App:
<https://apps.apple.com/us/app/mindbody-fitness-salon-spa/id689501356>
- 2) Search for us – Momentum Fitness (Eau Claire, WI)
- 3) Build your account using your email (please use the one you have on file with us).
- 4) Book your desired time.
 - Choose the preferred date
 - Select the class you wish to attend by clicking “BOOK”
 - There will be a pop-up that comes up and you must click the orange “BOOK” button
 - It will say, “You can sign up now and pay when you arrive.” Click “book” anyway.
It will not charge you.

Classes

We are allowing a maximum of 18 participants per class. We ask that out of courtesy for our members, you do not book more than two days out. We will have a wait list of up to 3 people for each class.

***Out of respect for fellow members, please be sure to cancel a class AT LEAST two hours prior to class start time if you know you will not make it.**

Kid's Corner

There will be a maximum of 6 kids in the kid's area. The following class times must have a spot reserved for your child: **8am, 9am, 11am, and 4pm.** (other class times do not require sign-up). The Kid's Corner sign-up is also available in the Mindbody App.

Open Gym Access

Four spaces for open gym access are available from 5am-10am. That means 4 people can be in open gym at one time. We would appreciate if you could book in one-hour segments beginning on the hour. Maximum of 2 hours. 12pm-8pm will NOT require a sign-up at this time.