

# BLACK FRIDAY OPEN HOUSE at the J

**DIAMOND FAMILY FITNESS CENTER**  
OPEN TO ALL JCC MEMBERS AND THE ENTIRE COMMUNITY

**NOVEMBER 24** FITNESS CENTER OPEN 8AM-6PM  
BABYSITTING AVAILABLE 8AM-12PM

**ENTER & WIN 9AM-1PM**

## TURKEY TOSS



TOSS A FROZEN  
TURKEY  
THE FURTHEST  
TO WIN!

NON-MEMBERS **1 FREE YEAR**  
of Single Adult Membership

JCC MEMBERS **1 FREE**  
**HEALTH CENTER UPGRADE**  
for remainder of membership year  
OR **\$100** PERSONAL TRAINING PACKAGE  
OR **1 FREE WEEK** OF JCC SUMMER CAMP

## FREE CHAIR MASSAGES

10am - 12pm  
one per person



## SPECIAL FITNESS CLASS SCHEDULE

8:15 - 9:15am	Yoga, Jim
9 - 10am	Strength and Tone, Stacey D
10:15 - 11am	Zumba, Nurit
11:30am - 12:15pm	Zumbini, Nurit
11:45am - 12:30pm	Silver Sneakers Chair Flow Yoga, Stephanie

## RAFFLE MADNESS

RAFFLE OPEN TO ANY JCC MEMBER  
OR GUEST AGE 18 OR OLDER

**ENTRY IS FREE**

FREE week of JCC Summer Camp

FREE School's Out Day

FREE ECS Festival Day  
for 2 ECS Families

FREE Mighty Mites Sports Program  
(excludes Gymnastics and Tennis)

FREE JCC Gift Basket (includes JCC  
Gift Card, t-shirt, and water bottle)

FREE Fried Chicken Dinner

FREE Take & Bake Item

FREE Pair of Tickets to  
Gallery Players Production of  
Side Show (3/3 - 3/13/18)

FREE Admission for 2 People to  
Annual JCC Chinese Dinner on 12/19

FREE Admission for 5 People to the  
JCC Brunch on 12/25

50% OFF  
One Adult Basketball Season

50% OFF  
One Month of Group Swim Lessons

ONE ENTRY PER PERSON • YOU NEED NOT BE PRESENT AT TIME OF DRAWING  
TO WIN • WINNERS TO BE CONTACTED BY EMAIL ON MONDAY 11/27

