The Importance of SEPAC

“By law, the role of SEPAC is to advise the school administration, without limitation, on the education and safety of students with disabilities.” We were thrilled to see so many new faces at our first virtual meeting on October 6. We hope to see more of you at our upcoming meetings. Your voices, your network, your passions, and your participation is needed. This year, we are seeking support from RTCPS families to us communicate the needs of our students with disabilities and learning differences. Please email us if you are interested in becoming involved, from event planning, to fundraising, to community outreach, and to serve as a parent representative for board meetings.
Join Us!

On October 18, RT-SEPAC will host Kristen Simon of NESCA. Kristen is a transition specialist and psychoeducational counselor will be presenting on: Understanding your teen’s anxiety and ideas for collaborating with the school. Children and adolescents are experiencing greater amounts of stress and anxiety than ever before. This presentation will help parents understand what anxiety may look like for children and what stressors are contributing to their mental health. Kristen will provide suggestions on how to collaborate with the school to support your children and address accommodations/goal areas for the IEP. Kristen has extensive experience working with children and adolescents with a range of learning and social/emotional abilities. Her particular interests include working with children and adolescents on the Autism spectrum as well as individuals working to manage stress or anxiety-related challenges. Kristen is an expert evaluator and observer who has extensive working knowledge of the special education process and school-based special education services, particularly in Massachusetts. She has been an integral part of hundreds of IEP teams and has helped to coordinate care, develop goals, and guide students and their families through the transition planning process. She is committed to teaching students—as well as parents and educators—how to participate in student-centered team meetings and the IEP processes. Registration is required as this event is virtual. Please click HERE to register.

On November 17, RT-SEPAC will host Tabitha Monahan of NESCA. Tabitha Monahan, MA, CAGS, CRC, is a transition planning expert and brings experience helping transition-aged youth, adults and their families navigate the complex systems of post-secondary life. Tabitha has over a decade of experience assisting individuals in determining and obtaining appropriate available resources and benefits. Tabitha’s in-depth transition assessments focus on a holistic approach that engages the individual in formal and informal measures to assist families and providers in developing transition plans which incorporate the person’s vision and abilities for their post-secondary life. Through her role at NESCA, Tabitha provides a wide array of services including, individualized transition planning, consultation, assessment, skills training and individual program development. Keep your eyes peeled for more information and the registration link in an upcoming Monday Memo.