

Virtual Training 'The MCE Way'



Training Overview

MCE Training is now being offered virtually! Same great content, same great facilitators, new method of delivery – just at a safe distance.

MCE's virtual training courses can be one-hour, half-day, full-day, or multiple-day sessions.

All training will touch on a 'new reality' and feature content that reflects remote and face-to-face work. These courses remain highly interactive, complete with live-chat, exercises, quizzes, and much more.

What is the 'MCE Way'?

MCE has been exhaustively planning and building a virtual platform to deliver training the 'MCE way'. This means there has to be participant engagement, interaction, games, quizzes, and thought-provoking exercises that stimulate both the brain and the heart.

We have been pleasantly surprised by the level of engagement that can be accomplished through a screen, and this is a testament to our portfolio of dynamic facilitators that know the material inside and out.

The level of facilitation transfers very well virtually, and that is why we are confident in proposing an online learning environment to continue training in order to promote positive mental health and personal development.

Training Breakdown

An example of a **full-day** of virtual training (with flexibility to accommodate training outcomes and customized content):

| | |
|-------------------|---------------------------|
| 8:30am - 9am | Engagement Icebreaker |
| 9am - 10:30am | Facilitator-Led Session 1 |
| 10:30 - 10:45am | Break |
| 10:45am - 12:15pm | Facilitator Led Session 2 |
| 12:15pm - 12:45pm | Lunch Break |
| 12:45pm - 2pm | Break-Out Session |
| 2pm - 2:15pm | Break |
| 2:15pm - 3:45pm | Facilitator Led Session 3 |

Highlights of a full-day of training would include the following:

Multiple **facilitator-led, interactive sessions**, each encouraging participation via webcam, chat or audio discussion.

At least one **break-out session** where the participants will work in groups on an activity such as a case study, role play, or group discussion.

Same great content, same great facilitators, new method of delivery

"All the subject matter thus far has been very welcomed and really heightened my awareness in my role"

Walker Industries Virtual Training Participant
Future Ready Leadership

"Breakout rooms online were great - I never knew this was possible in Zoom. I enjoyed that everyone in the session was able to participate."

Six Nations Virtual Training Participant
Future Ready Leadership

Training Features

Interactive Tools

Participant engagement and interaction is key.

MCE has incorporates some or all of the following tools in virtual training to create and keep the conversation going:

Audio/Video Controls
Real-Time Polls
Live Chat & Text
Live Annotation
Breakout Rooms (used for icebreakers, role plays, debates, group activities, etc.)
Digital Document Sharing

Training Value

MCE likes to survey participants on their experience, collecting data that will enhance subsequent virtual training modules.

This is demonstrated in the strength of our Instructional Design that remains flexible enough to adapt to changing environments.

Through participant feedback and design that reflects a 'new reality', your training value remains the same as Face-to-Face.

Your Contact

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