

Homeroom Teacher _____

Grade _____

My child _____

has raised at least **\$5 in donations** for
Hoops For Heart.

Signed by _____
(his/her parent)

☐ Jax ☐ Donation

Heart Attack Warning Signs

- Uncomfortable pressure, squeezing, fullness or pain in the center of the chest that lasts more than a few minutes or goes away and comes back.
- Pain or discomfort in one or both arms, the back, neck, jaw or stomach.
- Shortness of breath with or without chest discomfort.
- Breaking out in a cold sweat, nausea or lightheadedness.

Not all of these warning signs occur in every heart attack. If some start to occur, get help immediately. Heart attacks are a medical emergency — CALL 9-1-1.



American
Heart
Association®
life is why*



SHAPE
America
SOCIETY
OF HEALTH
AND PHYSICAL
EDUCATORS®
health. moves. minds.

SHAPE America and the American Heart Association collaborate on the Hoops For Heart program.

YOUTH CONSENT, RELEASE, AND INDEMNIFICATION

As the parent or guardian of the child listed below ("Child"), I understand, consent, and agree that:

1) Events — My Child and I expressly assume all risks, including potential personal injury and fatality, which may arise out of my Child's participation in any school events that are sponsored by or affiliated with the American Heart Association ("AHA"), such as Hoops For Heart, Jump Rope For Heart any other similar activities affiliated with AHA ("Events"). My Child's school may on its own develop Events that follow the heart-healthy programs of AHA or may involve online charitable fundraising for AHA, and any such Events are also covered by this Release.

2) Being Prepared — It is my sole responsibility to make sure my Child's clothing and any equipment are properly fitted and appropriate for the Event, and that my Child is physically fit and able to participate in the Events. Prior to any Event, I will instruct my Child to stop and request assistance if he/she experiences any adverse symptoms such as dizziness, excessive tiredness, shortness of breath, pain or any other conditions that would make it difficult or unsafe to continue in the Event.

3) Optional Online Participation — Some of the Events may offer you the option of registering your Child for an AHA online fundraising program. This program allows you and your Child to track his/her individual and team's progress and allows access to AHA's educational and fundraising resources. I have the option of including a photo of my Child on his/her site as well as sending out emails to family and friends in support of his/her participation. Learn more about how AHA uses, shares, and protects personal information by reading AHA's Privacy Statements at http://www.heart.org/HEARTORG/General/Privacy-Policy_UCM_300371_Article.jsp. I understand and agree that if I do not want my Child to participate in such online activities, then it is my sole responsibility to prevent my Child from doing so.

Release and Indemnity Agreement

I agree, for myself, my Child/Ward, and our heirs, executors and administrators, to not sue and to release, indemnify and hold harmless AHA, its affiliates, officers, directors, volunteers and employees and all sponsoring businesses and organizations and their agents and employees, from any and all liability, claims, demands, and causes of action whatsoever, arising out of my Child's participation in any AHA sponsored or affiliated school Events and related activities, including but not limited to online activities, whether it results from the negligence of any of the above or from any other cause. This agreement is as broad and inclusive as is permitted by the State in which the event is conducted. If any portion of it is held invalid, the balance will continue in full force and effect. I have read, understand and agree to the terms of this Release and Indemnity Agreement.

Media Release

I authorize the use, copyright, or publication of my Child's name, image, or voice from participating in the Event and related activities as may be captured by photograph or recording, or in any other medium now known or hereafter devised, including for promotional, advertising and publicity purposes or use.

I AM THE PARENT OR LEGAL GUARDIAN OF THE PARTICIPANT, AND I HEREBY CONSENT TO HIS/HER PARTICIPATION IN EVENTS AND RELATED ACTIVITIES. I HAVE READ AND EXPLAINED THIS RELEASE TO MY CHILD, AND I HEREBY AGREE TO ALL OF ITS TERMS AND

CONDITIONS. I will sign and turn in the parent permission form and give it to the school coordinator.

Parent/Guardian's Printed Name _____

Signature _____

Date _____

☐ Yes, I will be a parent volunteer and help with this event. I may be reached at this phone number: _____

Student's Printed Name _____

Home Room Teacher's Name _____

Date _____

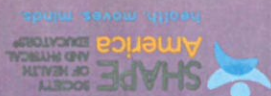
Student's Signature (required if 18 years or older) _____



This seal signifies that the
American Heart Association -
National meets the BBB Wise
Giving Alliance's Standards
for Charity Accountability.



American Heart Association.
Life is why.



SHAPE America and the American Heart Association contribute to the Hoops For Heart program.



Camden, Age 8

A routine ultrasound during pregnancy revealed Camden had two holes in her heart. She received a feeding tube which she had until she was 3 years old. At 17 months old, doctors determined it was time to correct her condition with heart surgery. Camden is much better now. She has moderate hearing loss and wears hearing aids to compensate and visits her cardiologist annually for stress tests. In Camden's free time, she enjoys playing with friends, riding her bike and playing school. She tells us that she would like to be an actress someday.

Parents,

When your child raises \$5 for Hoops For Heart — fill out this coupon, tear it off and send it back to school with your child. They will receive their first Scare Squad character, Jax, as well as a monster clasp to attach to your backpack!

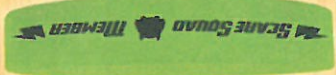


Scan me now!
UNLOCK ME USING
JUMP/HOOPS MOBILE APP



Search **jump/hoops** in your app store to download the **Free mobile app** and see your wristband, tattoo and monsters come to life!

- Step 1** — Register online and earn the **FREE GLOW Wristband**.
- Go to **heart.org/hoops**, search for your school and then click if you're a new or returning student!
 - Or download the mobile app by searching for jump/hoops in your app store.
- Step 2** — SEND EMAILS to friends & family to ask for donation.
- Step 3** — Return your coupon or get your first donation online to earn your first monster!



heart.org/hoops