

Flu Vaccines for Medical Staff

Maine Medical Center will be offering the following vaccines: Quadrivalent Influenza Vaccine and High Dose Trivalent Influenza Vaccine (for those 65 and over). Vaccinations for Medical Staff are free of charge and will be **offered through Flu Clinics starting Tuesday, October 2**. Vaccines are also offered on units and at practices by embedded staff.

As in previous seasons, for the protection of our patients and staff, those members of the Medical Staff who decline vaccination or cannot receive the vaccine for medical reasons will be required to wear surgical masks throughout the season when they are involved in direct patient care. It is particularly important during influenza to clean work areas with approved germicides regularly and to practice impeccable hand hygiene, avoid touching the face and practice respiratory etiquette.

If you can't make the times listed, call Employee Health Services to set up an appointment, 662-4011.