The Scope: Clinical Topics

U.S. News & World Report Names MMC 'Best Regional Hospital' For Seventh Straight Year

By The Scope

U.S. News & World Report has named Maine Medical Center (MMC) the best hospital in Maine for 2019 - 2020. This marks seven years in a row that MMC has been named a "Best Regional Hospital."

MMC's gynecology program tied for #34 in the nation, and the hospital earned a "high performing" ranking in three additional specialties and all nine common procedures and conditions included in the annual survey of U.S. hospitals.

"This recognition reflects the hard work our team puts in every day to ensure patients receive the best possible care close to home," says MMC President Jeff Sanders. "I want to thank our colleagues for continuing to support our vision of working together so our communities are the healthiest in America."

For the 2019 - 20 ratings, *U.S. News* evaluated more than 4,500 medical centers nationwide in 16 specialties and nine procedures and conditions. With a ranking of #34 in gynecology, MMC is among the four percent of hospitals that are nationally ranked in at least one specialty.

"As a provider that serves high-risk patients from all over Maine and parts of New Hampshire, we are proud to be listed among the top 50 hospitals in the country in this measure of women's health," says John Pulvino, MD, interim chief of OB/GYN at Maine Medical Center. "These rankings put an emphasis on hospitals' ability to deliver high-quality care to patients with the most complex health care needs. This is a tremendous honor for our entire team."

The hospital also earned a "high performing" rating in the specialties of gastroenterology & GI surgery, pulmonology & lung surgery and urology, as well as in all nine common procedures and conditions surveyed:

- Abdominal Aortic Aneurysm Repair
- Aortic Valve Surgery
- Colon Cancer Surgery
- Heart Bypass Surgery
- Congestive Heart Failure
- Hip Replacement
- Knee Replacement
- Lung Cancer Surgery
- Chronic Obstructive Pulmonary Disease (COPD)

"High performing" is the highest rating U.S. News awards, a reflection that the hospital ranks in the top 10 percent nationwide for that specialty or condition, as measured by factors such as patient outcomes. Fewer than one third of all hospitals

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received any high-performing rating, and only 57 of the 4,500 hospitals surveyed earned this rating in all nine procedures and conditions.

The full rankings are available here.