

Medical Staff Elections Results, 2018

By Lisa Almeder, MD, Med Staff President

Thank you to all staff for participating in the elections process. We are pleased to announce our new officers and new MEC members.

President Elect: **Nathan Mick, MD**

Secretary/Treasurer: **Stuart Abramson, MD**

At-large MEC Members

- **Patricia Lerwick, MD**
- **Isabella Stumpf, DO**
- **Christopher Wellins, MD**
- **Kolleen Dougherty, MD**

APP representative to MEC: **Deborah Hoch, APRN-ACNP**

All elected members begin their terms November 1 and serve for two years, 2018 - 2020.

[See the full MEC committee here.](#)

We invite everyone to attend, meet and congratulate colleagues at the upcoming Medical Staff dinner on Wednesday, October 17, in the Dana Lobby.

A special thanks to our outgoing members: Lisa Beaulé, MD, John Erickson, MD; and thanks to both Stuart Abramson and Patricia Lerwick, MD, for their continued service to Medical Staff.

President elect:



Nathan Mick, MD, MMC Emergency Medicine Department

As an Emergency Medicine/Pediatric Emergency Medicine provider at Maine Medical Center over the past 14 years, I have enjoyed working with virtually every subspecialty at the hospital in one form or another. I have been impressed with the commitment and professionalism of this diverse group and would be honored to represent these providers as President Elect of the Medical Staff. With the changes that are on the horizon both locally at MMC with the Master Facility Plan as well as regionally with Maine Health discussions on Unification and Alignment, the voice of the Medical Staff has never been more important. Representing the "whole" medical staff during this time is critical and I believe my administrative and clinical work at the medical center has uniquely prepared me for this role.

Secretary/Treasurer:



Stuart Abramson, MD, Maine Nephrology Associates, PA

I am very eager to have the opportunity to serve as the Secretary/treasurer on the Medical Executive Committee. I have enjoyed and learned a great deal as a member at large of the MEC. I would like to continue on in the MEC as the secretary/treasurer.

As a member of MEC, I have gained a great appreciation of the role of the MEC in the MMC community in particular and Maine Health in general. So much is happening at MMC with the MEC playing a pivotal role in the decision-making process. Currently we are working on the MMC master facilities expansion, bylaws revision and update, clinical goals for 2018 and 2019, and role of advanced practice providers (APPs) in management and stewardship of Maine Medical Center to name just a few important tasks. As a member at large, I have felt so blessed to be able to participate in these very important discussions that will have a major impact on our community for years to come. For example, the revisions to the bylaws will have a large impact on the structure of MMC as we adjust to a different clinical structure that includes not only medical departments but also service lines and how we choose their leadership. If I am elected to the position of secretary/treasurer of the MEC, I would be able to continue to be involved in these very important decisions. I could also have input into the goals of the MEC going forward and where to spend the available funds.

At-large MEC Members:

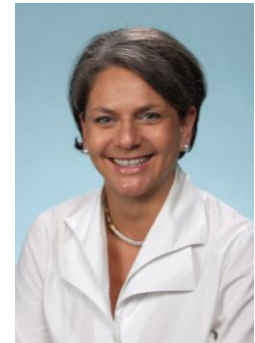
- **Patricia Lerwick, MD, Chest Medicine Associates/MMC Dept. of Critical Care**

At a time of considerable change around the hospital (and within the MaineHealth system), I have the advantage of having been around long enough to have the perspective earned over years. In addition, my current term on the Medical Executive Committee has given me a sense of how the medical staff and hospital administration work together, which I believe will allow me to be more effective in representing my colleagues going forward. My practice brings me into contact with physicians from a wide range of disciplines, offering me a broad sense of people's concerns that need to be part of the discussions in our changing environment. Part of that is the need for clear voices for women physicians in a time that diversity has become a more prominent concern. I believe I can provide such a voice.



- **Isabella Stumpf, DO, MMC Palliative Medicine**

The opportunity to serve as a physician member on the Medical Executive Committee at Maine Medical Center is a privilege and I would be honored with this responsibility. Supported by my career as a physician and staff member at MMC, several key aspects stand out in my commitment and interest to serve in this position. These include: (1) representing the entire medical staff, (2) bringing an understanding and experience of a physician in both private and employed practice to the decision making at MEC, (3) integrating Advanced Practice Professionals into team-based professional practices, (4) and recognizing the cultural, generational, and diversity considerations within our medical staff that will require unique attention for the coming years.



Through my past and current leadership experience and committee involvement, I am hopeful to serve as an ambassador to facilitate the evolving relationship between the medical staff and MaineHealth in an environment of organizational change and payment reform. Lastly, I want to foster professionalism as the foundation for our clinical, educational, and research responsibilities. Thank you for your consideration.

- **Christopher Wellins, MD, MMP Cape Elizabeth Internal Medicine**

My interaction with Maine Medical Center started in 1991 as a University of Vermont medical student. Since then I have served as a house officer, attending physician on general medicine teaching services including the iPACE unit, and various administrative roles. During my Internal Medicine residency I was sent to what is now called the Dartmouth Institute where I received training in quality and performance improvement which lead to the previous focus of my administrative roles at MMC including medication safety, order set review and pharmacy and therapeutics committees. Currently I co-chair the patient safety committee and am the senior medical director of utilization management. The utilization management role means that I have frequent exposure across all clinical service lines as well as interacting with clinicians from other MaineHealth hospitals. In addition to the work at MMC I have been seeing patients at MMP Internal Medicine in Cape Elizabeth since 1996, as of this year I am down to two half days per week. I have spent my career at MMC/MMP and am grateful for the opportunities that the institution has provided me for education, collegiality, and amazing interactions with both patients and staff. I would be proud to serve as a representative of the medical staff and believe that my varied experiences in the outpatient and inpatient settings as well as broad exposure to departments across the institution make me an excellent candidate to serve on the medical executive committee.



- **Kolleen Dougherty, MD, Spectrum Medical Group**

I am board certified in Anesthesiology and Critical Care Medicine and have been a part of the Maine Medical Center staff for over 19 years. I feel lucky that I practice alongside so many talented and dedicated professionals in operating rooms, procedure rooms, and delivery suites as well as in the intensive care units.



Over my time here, I have seen Maine Medical Center evolve in its breadth of care and the service lines it now encompasses as well as its evolving direction towards becoming an academic center of excellence.

All these changes have brought new opportunities as well as new challenges.

Change, albeit exciting, can add stress to a system, something which has been seen in many divisions, and across service lines. Engagement surveys have highlighted the need for staff to re-engage and for institutional and departments to address stress and burnout. The health of an organization's providers is paramount to being able to deliver great care to our patients and community.

We need to take care of ourselves in order to care for others. To that end, I

believe we need to find the necessary means to insure adequate resources to the providers to alleviate as many unnecessary stresses as possible. We need to provide opportunities and forums for staff to re-engage and be heard with meaningful feedback. We need to openly discuss gender biases. We need to address mental health.

I am asking for your vote in the upcoming election for the Medical Executive Committee so that I can help advance some of these concerns and help be part of the ongoing dialogue surrounding these and other issues.

Thank you for your consideration.

APP representative to MEC:

Deborah Hoch, APRN-ACNP

