



GRIEF SUPPORT WALKING GROUP

Every Wednesday
4:45pm - 530pm

Starting September 22nd
in Canmore

This is a no-cost, drop-in grief conversation group.
Open to all 18+ who are grieving.

We will meet at the community mailboxes at Riverside Park
which is south of 8th on River Road.

We will walk and chat for about 30 minutes and then stop for a
guided conversation on the themes of loss and grief.

For more information, contact
Bill at bill.harder@pcsbv.ca



Palliative Care Society
of the Bow Valley

