



*Suggestions for What to Say When Contacting Your Congressional Representative to THANK Them for Voting NO on the AHCA*

Dear Representative [INSERT NAME HERE],

My name is [INSERT YOUR NAME]. I live in your District and I'm a registered voter. I would like to thank you for your pledge to oppose the AHCA in its current form. As an advocate for mental health reforms that are currently law thanks to the Affordable Care Act, it is good to know that my Member of Congress will not support a health bill that cuts *mental health* and *substance use* benefits, as well as funding for Medicaid, the primary funder of behavioral health care. [INCLUDE 1 OR 2 SENTENCES ON HOW THESE CHANGES CAN/WILL IMPACT YOU PERSONALLY]

---

*Ways to Contact YOUR Congressional Representative*

---



Via Phone



Via E-mail



In Person