

TRAIN YOUR BRAIN. TRANSFORM YOUR GAME!



Soccer
Resilience



Dr. Brad Miller

20-Year Licensed
Clinical Psychologist

ACC Champion

Wake Forest
Soccer Alumni



Wells Thompson

5th Overall Pick in
2007 MLS Superdraft

U.S. Open & MLS
Cup Champion

9-Year Pro



Jessica McDonald

2019 USWNT
World Cup Champion

2x NCAA
National Champion

3x NWSL Champion



Matt Spear

NCAA DI Final Four
Player/Captain

18-Year NCAA
DI Head Coach

Pro Soccer Club President



Walker Zimmerman

2020 MLS Defender
of The Year

2019 MLS All-Star & Best XI

2X MLS Supporters'
Shield Winner

We believe the psychological elements of the player, coach, parent and sport are vital. We believe that strengthening your mind is as important as strengthening your skill, tactics and athleticism. That's why our mission is to train the most underutilized competitive edge in sports, the MIND; and in so doing, transform the mindset and elevate the wellbeing of athletes, coaches and parents.

Soccer Resilience has the sports psychology base, soccer specific staff, informed knowledge and effective content to guide individuals, teams, clubs and organizations to transform lives.

As sports mindset advisors, we have many ways to serve and impact:

- We love to run mental training sessions - usually via Zoom for now, but looking forward to in person - for teams/groups as one example.
- One progression is our Core Foundational Training (3 sessions) to establish trust, to teach our 4 pillars, and to engage players/coaches - and then continued sessions with our Deep Dive Training (3 more sessions).
- In May 2021, we will launch 'Soccer Resilience FC,' an online academy with segmented and updated content for players, coaches and parents.
 - The inspiring videos, actionable lesson plans, live-casts and library will be offered for individual subscription or discounted for Club specific portal.



Contact Founder + MLS Cup Champion Wells
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[Learn more at soccerresilience.com](https://soccerresilience.com)

EVERY ATHLETE TRAINS THEIR BODY. WHY NOT THEIR BRAIN?