



Cong. Etz Chaim's

## Torah at the Table

Parshat Vaeira

In the beginning of the Parsha, we find the 4 expressions of Geula, redemption, that we recite at the Seder each year. Vehotzei, he took us out. Vhitzalti, he saved us, etc. Each one of these actions, these redemptions, were exactly what the Jewish people needed at that moment.

**What redemption are you waiting for in life? What's a word that describes the Geula you are personally waiting for?**

When told to speak to Paroh, Moshe mentions he is an "Arel Sefataim," someone who is unable to speak well. Moshe believed that this was standing in the way of him being able to fulfill his mission. In the end, he found a way to make it work.

**What is something in your life that you have always told yourself is standing in the way of you growing? Is there a way for you to overcome it?**

In this past weeks Parsha, Paroh rejects Moshes proposal of letting the Jews free by responding, "Who is Hashem that I should heed His voice to send out Israel?" Paroh believed himself to be a god, and therefore refused to acknowledge the presence of Hashem. Hashem responded by bringing the Makkot. The first set all came from under the ground. The next set from on the land. The last set were all from the sky. The message was clear: I am Hashem who rules over every facet of this world.

**Are there areas of your life where you find it hard to see Hashems hand? Do you see Hashem outside of shul? In the office? At the doctor?**