

Name:

Email:

Address:

Member:

Non Member:

Read, Reflect, Implement

1. DHS Training Topic: **Child Nutrition**

2. READ: Teaching Young Children Article: **14 Day Salad: Using Project Based Learning to Grow Microgreens -attached**

3. Reflective Questions: **Why this activity at this time for these children? How will this activity promote children's learning and confidence?**

4. Create a Plan for Play for the Children: List Expectations, goals, objectives, skills

Things to consider: What materials are needed? What Concepts will be covered? How will it be introduced? How will you know it was successful

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Things to consider: Changes to environment; independent activity or pairs, groups of 3-5 children;

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