



## Hawai'i Association for the Education of Young Children

An Affiliate  
of **naeyc**

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Name: \_\_\_\_\_

Email:

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## Read, Reflect, Implement

1. DHS Training Topic: **Child Nutrition**
  2. READ: Teaching Young Children Article: **14 Day Salad: Using Project Based Learning to Grow Microgreens -attached**
  3. Reflective Questions: **Why this activity at this time for these children? How will this activity promote children's learning and confidence?**

#### 4. Create a Plan for Play for the Children: List Expectations, goals, objectives, skills

**Things to consider: What materials are needed? What Concepts will be covered? How will it be introduced? How will you know it was successful**

## 5. Create an activity to support expectations and goals

Things to consider: Changes to environment; independent activity or pairs, groups of 3-5 children;