



Capitol Hill is a compassionate, engaged community yet many of our neighbors struggle with homelessness, substance abuse, mental health and hunger. There are a number of public and private resources in our neighborhood that can provide treatment, shelter and meals to those in need. Please share this list with your neighbors, friends and co-workers.

**Here are a few organizations that provide direct, on the ground outreach to people in need:**



The DSA Outreach Team works to connect the homeless and mentally ill on the streets of Seattle with services, housing, treatment, employment and other basic needs. We offer support to homeless individuals who are willing, able and committed to participating in our program and receiving the services we offer.

Website: [www.downtownseattle.com/mid/](http://www.downtownseattle.com/mid/)  
Contact: Eric Dodd  
Phone: 206-973-1835  
Email: [ericd@downtownseattle.org](mailto:ericd@downtownseattle.org)



Law Enforcement Assisted Diversion (LEAD) is a public safety program to divert low-level offenders engaged in street-level drug possession or sales or sex work to community-based services instead of jail and prosecution. We work with communities to provide individuals with immediate access to harm reduction based intensive case-management to develop plans that provide relevant services.

Website: [www.defender.org/projects/lead](http://www.defender.org/projects/lead)  
Contact: Sokha Danh, Seattle/King County  
Najja Morris  
Email: [sokha.danh@defender.org](mailto:sokha.danh@defender.org)  
[Najja.morris@defender.org](mailto:Najja.morris@defender.org)



YouthCare is a youth services organization providing resources for youth and young adults experiencing housing instability. YouthCare builds confidence and self-sufficiency for homeless youth by providing a continuum of care that includes outreach, basic services, emergency shelter, housing, counseling, education, and employment training.

Website: [www.youthcare.org](http://www.youthcare.org)  
Phone: 206-724-0967



Operation Nightwatch is a nonprofit agency in Seattle that seeks to reduce the impact of poverty and homelessness, in keeping with Jesus' teaching to love our neighbors. We provide emergency shelter dispatch and a hot meal every night of the year, manage 24 low-income apartments for seniors, and conduct street outreach to folks living on the margins.

Website: [www.seattlenightwatch.org](http://www.seattlenightwatch.org)  
Contact: [info@seattlenightwatch.org](mailto:info@seattlenightwatch.org)  
Phone: (206) 323-4359



**A number of organizations are providing a range of services throughout the neighborhood, and you can support their work through volunteering and donating money and supplies. We encourage you to review and support organizations that appeal to you.**



The (AHF) provides cutting edge medicine and advocacy regardless of ability to pay. In partnership with Gay City, we provide confidential, free HIV testing at our Out-of-the-Closet Thrift Store on Pike Street. Our AHF Healthcare Center provides culturally competent HIV care for those living with HIV (and their HIV negative partners).

Website: [www.aidshealth.org](http://www.aidshealth.org)  
Contact: Kevin Hockley, Pharmacy Specialist  
Phone: 206-302-2020 Ext. 2468  
Email: [Kevin.hockley@aidshealth.org](mailto:Kevin.hockley@aidshealth.org)



Capitol Hill Housing works with the community to build and preserve housing that's affordable to everyday people and promote the things that make Seattle a more vibrant and engaged city. Today we provide affordable housing to over 2,000 of our low and moderate income neighbors across Seattle including those transitioning out of homelessness.

Website: [www.capitolhillhousing.org](http://www.capitolhillhousing.org)  
Contact: Joy Levien, Resident Services Coordinator  
Phone: 206-204-3808  
Email: [eswanson@capitolhillhousing.org](mailto:eswanson@capitolhillhousing.org)



Community Lunch provides hot meals and other essential services to homeless and low-income people in Seattle's Capitol Hill neighborhood. Our volunteers prepare and serve lunch on Tues & Friday, 12 – 1 PM at Central Lutheran Church and Wed and Thurs, 5 – 6 PM at All Pilgrims Christian Church

Website: [www.CommunityLunch.org](http://www.CommunityLunch.org)  
Phone: 206-972-2524  
Email: [info@communitylunch.org](mailto:info@communitylunch.org)



Country Doctor is a non-profit organization dedicated to serving the needs of patients, regardless of their ability to pay. A sliding fee discount is available for without insurance, as well as insurance eligibility specialists who can help patients find coverage.

Website: [www.cdchc.org](http://www.cdchc.org)  
Phone: 206-299-1637



First Covenant Church is a congregation with a long history on Capitol Hill dedicated to the flourishing of all people. We provide resources specifically for those experiencing homelessness, including hot breakfasts, bi-annual hosting of Mary's Place Shelter, collection of socks, food and toiletries, and regular one-to-one care and support.

Website: [www.firstcovenantseattle.org](http://www.firstcovenantseattle.org)  
Contact: Paul Corner, Senior Pastor  
Phone: 206-322-7411  
Email: [pcorner@firstcovenantseattle.org](mailto:pcorner@firstcovenantseattle.org)



PSKS exists to support homeless and at-risk youth and young adults to become empowered to lead positive and self-sufficient lives. Our philosophy and practice of inclusion has allowed us to develop low access barriers to engage young people who are at risk of falling through gaps in community services.

Website: [www.PSKS.org](http://www.PSKS.org)  
Contact: Millie Heye  
Phone: (206)726-8500  
Email: [millie.heye@psks.org](mailto:millie.heye@psks.org)



Pioneer Human Services works with individuals recovering from substance abuse and recently incarcerated to provide treatment, housing and job skills training. Our mission as a social enterprise is to provide individuals with criminal histories the opportunity to lead healthy, productive lives.

Website: [www.PioneerHumanServices.org](http://www.PioneerHumanServices.org)  
Contact: George Calderon  
Phone: 206-790-1506  
Email: [George.calderon@p-h-s.com](mailto:George.calderon@p-h-s.com)



Sound Mental Health is a nonprofit state licensed behavioral health provider, operating continuously since 1967. We now provide services to more than 19,000 children, men and women each year. These services range from short term support to complex substance use disorders, family and behavioral health programs. Sound Mental Health's diverse programs include: housing services; military and veteran's programs; criminal justice and re-entry services; employment programs; substance use disorder treatment, developmentally disabled services; middle school support programs; grief and loss counseling; therapeutic and foster care services, individual, group and family counseling and much more.

Website: [www.smh.org](http://www.smh.org)  
Phone: 206-302-2300  
Email: [info@smh.org](mailto:info@smh.org)



VOCAL-WA builds power among low- and no- income people directly affected by the war on drugs, homelessness, mass incarceration, and the HIV/AIDS epidemic to create healthy and just communities for all. We accomplish this through community organizing, leadership development, public education, participatory research and direct action.

Website: [www.vocal-wa.org](http://www.vocal-wa.org)  
Contact: Patricia Sully  
Email: [patricia.sully@defender.org](mailto:patricia.sully@defender.org)



Seattle's Union Gospel Mission provides emergency care and long-term recovery services to hurting and homeless people in the greater Seattle area. We also offer companionship to those experiencing serious mental illness on the streets of Seattle and provide mental health training to equip community members to better engage mental illness and substance use disorder in their spheres.

Website: [www.ugm.org](http://www.ugm.org)  
Contact: Ryan Likes, Community Mental Health Specialist  
Phone: 608-201-7393  
Email: [rlikes@ugm.org](mailto:rlikes@ugm.org)

#### Capitol Hill Needle Exchange

Needle exchange programs provide new, sterile syringes and clean injection equipment in exchange for used, contaminated syringes. They also get drug users into drug treatment and health care. Other services include testing for HIV, hepatitis, TB and other infections to which drug users are prone; treatment readiness counseling and case management services; education about harms associated with drug use and how to minimize them; and safe disposal of contaminated equipment.

Website: [www.kingcounty.gov](http://www.kingcounty.gov)  
Contact: 206-263-2000