Resources for Keeping a Holy Lent

Low- and no-cost Lenten devotions, reflections, journals, and curricula for individuals and congregations:

Brother, Give Us a Word: A daily monastic practice from the Society for St. John the Evangelist

https://www.ssje.org/word/

d365: Journey to the Cross starting March 2

https://d365.org

Episcopal Charities 2022 Lenten Reader and bulletin inserts available for download

https://episcopalcharities.org/archive/lenten-reader-2022-year-c

Episcopal Relief & Development Lenten Devotions (downloadable PDF or daily emails) in English and Spanish

https://www.episcopalrelief.org/church-in-action/lent/

Life Transformed: The Way of Love in Lent from The Episcopal Church https://www.episcopalchurch.org/life-transformed-the-way-of-love-in-lent/

Living Well Through Lent from Living Compass https://www.livingcompass.org/lent

United Thank Offering "40 Days of Gratitude" Journal https://unitedthankoffering.com/wp-content/uploads/2021/10/40-Days-of-Gratitude-4.pdf