

Hear More from Our SCALE Members

All of our SCALE members have **aphasia**. The mission of The League's SCALE Aphasia Program is to provide individuals with aphasia a place to connect by offering interactive group activities designed to support and empower members as they re-engage in community. Through the Life Participation Approach to Aphasia (LPAA), we are able to maximize members' communicative potential, psychosocial well-being, and quality of life by reducing barriers in their environment. All those affected by aphasia are entitled to programming so that they can participate fully in life despite language impairments.

Some of our members also have **apraxia**, a motor speech disorder that makes it hard to speak by causing difficulty in saying the right words and sounds. Other members have **dysarthria**, which occurs when the muscles used for speech are weak or hard to control. Dysarthria often causes slurred or slow speech that can be difficult to understand.

Despite these frustrating obstacles to communication and accompanying physical disabilities, SCALE members find ways of expressing themselves and building a community of strength where they celebrate individual and collective achievements. Because aphasia affects every person differently, levels of success range from tying our shoes with one hand to making fantastic watercolor paintings to facilitating Bible Study classes for our fellow members, locally and nationally.

SCALE members are people, just like everyone else. We have families that continue to grow through marriages and grandchildren. We love to travel to places inside and outside of the country and we have the photographs to prove it! We go to swim meets and competitions to support our teenagers. We love music and singing along – sometimes singing is easier than speaking! And we continue to work hard towards our goals and explore old and new passions together.



"Talk to us about aphasia!"