

MEDICAL DAY—OCTOBER 2022

Mon	Tue	Wed	Thu	Fri
3 9:00 - BREAKFAST(DR) Welcome Activities/Free Choice 9:45 - Announcements 10:00 - In Person/Virtual: Discussion(GR) In Person: Bingo(MPR) In Person: Gym Time w/Judy(GYM) 11:00 - LUNCH(DR) 12:30 - In Person/Virtual: Games Group(GR) In Person: Art Class(MPR) 1:30 - SNACK(DR)	4 9:00 - BREAKFAST(DR) Welcome Activities/Free Choice 9:45 - Announcements 10:00 - In Person/Virtual: Governor Forum (MPR) In Person: Trivia(GR) In Person: Gym Time w/Judy(GYM) 11:00 - LUNCH(DR) 12:30 - In Person: Art Class(GR) In Person/Virtual: Aerobics(MPR) 1:30 - SNACK(DR)	5 9:00 - BREAKFAST(DR) Welcome Activities/Free Choice 9:45 - Announcements 10:00 - In Person/Virtual: Midweek Pick Me Up(GR) In Person: Activity Stations (MPR) 11:00 - LUNCH(DR) 12:30 - In Person/Virtual: Wildcard Wednesday(GR) In Person: Race Mania(MPR) In Person: Sign Language(DR) 1:30 - SNACK(DR) GET FUNKY DAY	6 9:00 - BREAKFAST(DR) Welcome Activities/Free Choice 9:45 - Announcements 10:00 - In Person/Virtual: Music Appreciation (GR) In Person: Aerobics(GR-R) In Person: Daily Bread: Praise & Worship (MPR) 11:00 - LUNCH(DR) 12:30-In Person/Virtual: Wellness Class(MPR) In Person: Trivia(GR) 1:30 - SNACK(DR) WORLD CEREBRAL PALSY DAY	7 9:00- BREAKFAST(DR) Welcome Activities/Free Choice 9:45 - Announcements 10:00 - In Person/Virtual: Classic TV/Movie (GR) In Person: Art Class (MPR) 11:00 - LUNCH(DR) 12:30 - In Person/Virtual: Free Choice Friday(GR) In Person: Bingo(MPR) 1:30 - SNACK(DR) NATIONAL INNER BEAUTY DAY
10 9:00 - BREAKFAST(DR) Welcome Activities/Free Choice 9:45 - Announcements 10:00 - In Person/Virtual: Discussion(GR) In Person: Bingo(MPR) In Person: Gym Time w/Judy(GYM) 11:00 - LUNCH(DR) 12:30 - In Person/Virtual: Games Group(GR) In Person: Art Class(MPR) 1:30 - SNACK(DR)	11 9:00 - BREAKFAST(DR) Welcome Activities/Free Choice 9:45 - Announcements 10:00 - In Person/Virtual: Daily Bread(MPR) In Person: Trivia(GR) In Person: Gym Time w/Judy(GYM) 11:00 - LUNCH(DR) 12:30 - In Person: Art Class(GR) In Person/Virtual: Aerobics(MPR) In Person: Creative Writing (GR-R) 1:30 - SNACK(DR) NATIONAL SPREAD JOY DAY	12 9:00 - BREAKFAST(DR) Welcome Activities/Free Choice 9:45 - Announcements 10:00 - In Person/Virtual: Midweek Pick Me Up(GR) In Person: Games Station (MPR) 11:00 - LUNCH(DR) 12:30 - In Person/Virtual: Wildcard Wednesday(GR) In Person: Race Mania(MPR) In Person: Sign Language(FCR) 1:30 - SNACK(DR)	13 Welcome Activities/Free Choice 9:45 - Announcements 10:00 - In Person/Virtual: Music Appreciation (GR) In Person: Aerobics(GR-R) In Person: Daily Bread: Praise & Worship (MPR) 11:00 - LUNCH(DR) 12:30-In Person/Virtual: Mind, Body, & Soul (GR) In Person: Wellness Class(MPR) 1:30 - SNACK(DR)	14 9:00- BREAKFAST(DR) Welcome Activities/Free Choice 9:45 - Announcements 10:00 - In Person/Virtual: Classic TV/Movie (GR) In Person: Art Class (MPR) 11:00 - LUNCH(DR) 12:30 - In Person/Virtual: Free Choice Friday(GR) In Person: Bingo(MPR) 1:30 - SNACK(DR)
17 9:00 - BREAKFAST(DR) Welcome Activities/Free Choice 9:45 - Announcements 10:00 - In Person/Virtual: Games Group(GR) In Person: Bingo(MPR) In Person: Gym Time w/Judy(GYM) 11:00 - LUNCH(DR) 12:30 - In Person/Virtual: Advocacy(GR) In Person: Art Class(MPR) 1:30 - SNACK(DR)	18 9:00 - BREAKFAST(DR) Welcome Activities/Free Choice 9:45 - Announcements 10:00 - In Person/Virtual: Daily Bread(MPR) In Person: Trivia(GR) In Person: Gym Time w/Judy(GYM) 11:00 - LUNCH(DR) 12:30 - In Person: Art Class(GR) In Person/Virtual: Aerobics(MPR) 1:30 - SNACK(DR)	19 9:00 - BREAKFAST(DR) Welcome Activities/Free Choice 9:45 - Announcements 10:00 - In Person/Virtual: Midweek Pick Me Up(GR) In Person: Karaoke(MPR) 11:00 - LUNCH(DR) 12:30 - In Person/Virtual: Wildcard Wednesday(GR) In Person: Race Mania(MPR) In Person: Sign Language(FCR) 1:30 - SNACK(DR)	20 9:00 - BREAKFAST(DR) Welcome Activities/Free Choice 9:45 - Announcements 10:00 - In Person/Virtual: Music Appreciation (GR) In Person: Aerobics(GR-R) In Person: Daily Bread: Praise & Worship (MPR) 11:00 - LUNCH(DR) 12:30-In Person/Virtual: Best Buddies(GR) In Person: Wellness Class(MPR) 1:30 - SNACK(DR) CONFLICT RESOLUTION DAY	21 9:00- BREAKFAST(DR) Welcome Activities/Free Choice 9:45 - Announcements 10:00 - In Person/Virtual: Classic TV/Movie (GR) In Person: Art Class (MPR) 11:00 - LUNCH(DR) 12:30 - In Person/Virtual: Free Choice Friday(GR) In Person: Bingo(MPR) 1:30 - SNACK(DR)

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24 9:00 - BREAKFAST(DR) Welcome Activities/Free Choice 9:45 - Announcements 10:00 - In Person/Virtual: Discussion(GR) In Person: Bingo(MPR) In Person: Gym Time w/Judy(GYM) 11:00 - LUNCH(DR) 12:30 - In Person/Virtual: Games Group(GR) In Person: Art Class(MPR) 1:30 - SNACK(DR) NATIONAL FOOD DAY	25 9:00 - BREAKFAST(DR) Welcome Activities/Free Choice 9:45 - Announcements 10:00 - In Person/Virtual: Daily Bread(MPR) In Person: Trivia(GR) In Person: Gym Time w/Judy(GYM) 11:00 - LUNCH(DR) 12:30 - In Person: Art Class(GR) In Person/Virtual: Aerobics(MPR) In Person: Creative Writing (GR-R) 1:30 - SNACK(DR)	26 9:00 - BREAKFAST(DR) Welcome Activities/Free Choice 9:45 - Announcements 10:00 - In Person/Virtual: Midweek Pick Me Up(GR) In Person: Activity Stations/NailShop (MPR) 11:00 - LUNCH(DR) 12:30 - In Person/Virtual: Wildcard Wednesday(GR) In Person: Race Mania(MPR) In Person: Sign Language(DR) 1:30 - SNACK(DR)	27 Welcome Activities/Free Choice 9:45 - Announcements 10:00 - In Person/Virtual: Music Appreciation (GR) In Person: Aerobics(GR-R) In Person: Daily Bread: Praise & Worship (MPR) 11:00 - LUNCH(DR) 12:30-In Person/Virtual: Sis, Can We Talk (GR) In Person: Wellness Class(MPR) 1:30 - SNACK(DR)	28 9:00- BREAKFAST(DR) Welcome Activities/Free Choice 9:45 - Announcements 10:00 - In Person/Virtual: Classic TV/ Movie(GR) In Person: Art Class (MPR) 11:00 - LUNCH(DR) 12:30 - In Person/Virtual: Free Choice Friday(GR) In Person: Bingo(MPR) 1:30 - SNACK(DR)
31 9:00 - BREAKFAST(DR) Welcome Activities/Free Choice 9:45 - Announcements 10:00 - In Person/Virtual: Discussion(GR) In Person: HALLOWEEN CELEBRATION (MPR) In Person: Gym Time w/Judy(GYM) 11:00 - LUNCH(DR) 12:30 - In Person/Virtual: Games Group(GR) In Person: HALLOWEEN CELEBRATION (Cont.) (MPR) 1:30 - SNACK(DR) HALLOWEEN				