

## Catholic Trivia 2-21-25 Answers:

1. Here are six names for the day before Ash Wednesday (and there are more that are particular to various ethnicities):
  - **Mardi Gras** (“Fat Tuesday”): French-speaking countries and most of North America
  - **Shrove Tuesday**: UK, Ireland, Australia
  - **Pancake Day**: UK, Ireland, Australia, Canada
  - **Sledziówka** (“Herring Day”): Poland
  - **Vastenavond** (“Fasting Evening”): Netherlands
  - **Carnival, Carnaval, Carnevale, Karnival, Karnaval, etc.**: Used for the celebration period ending the day before Ash Wednesday in various other parts of the world.
2. The Glory to God (Gloria) is omitted during Lent.
3. Likewise, the word Alleluia is never spoken or sung during Lent.
4. Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence. For members of the Roman Catholic Church, the norms on fasting are obligatory from age 18 until age 59.
5. Lent officially ends at sundown on Holy Thursday before the beginning of the Mass of the Last Supper. That’s when the Paschal Triduum begins (which is not a part of Lent).