



Faith-Based
Mental Health Academy



SAINT PATRICK CATHOLIC COMMUNITY

Invites you to participate in our
Community Education Presentation

Te invita a participar en nuestra
Presentación Educativa Comunitaria



SATURDAY
October 25th, 2025
AT THE PARISH HALL



**Wellness, Faith, and
Spirituality in Mental Health**

Time: 9:00 - 10:00 AM



**Construyendo la
Resiliencia**

Hora: 10:30 - 11:30 AM

THERE WILL BE RESOURCE TABLE
AND REFRESHMENTS

HABRÁ MESA DE RECURSOS Y
REFRIGERIO

3821 ADAMS ST, CARLSBAD, CA 92008

