

CORE PLAYER DEVELOPMENT

PLAY. TRAIN. PERFORM.

Programs focused on building the technical, physical, and decision-making foundations every player needs to succeed.

PLAY.

FUTSAL

MORE DETAILS

Built to accelerate technical growth, speed of play, creativity, and decision-making in tight spaces.

- Tight-space ball mastery
- Played on a firm surface with a weighted ball

Birth Years 2018- 2013 (U8-U14)

STREET SOCCER

MORE DETAILS

Fast-paced, small-sided games with zero pressure and maximum creativity.

- Quick decision-making under pressure
- Two 20-min games with subs on the fly

Birth Years 2019-2011 (U8-U15)

TRAIN.

TECHNICAL DEVELOPMENT

MORE DETAILS

High-paced, high-rep circuits designed to sharpen touch, soccer IQ, and confidence on the ball.

- Small group, high-paced, high-rep
- Speed, Direction & Dribbling

Birth Years 2018+ (U8+)

PERFORM.

ATHLETIC PERFORMANCE

MORE DETAILS

Develops age-appropriate movement mechanics that support speed, strength, durability, and long-term athletic health.

- Cutting & change of direction
- Core strength, coordination & mobility

Birth Years 2015-2011 (U11-U15)



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