

Alleghany Lives
3rd Annual
Unity in the Community!
Linking Lives in Alleghany County

Bringing friends, family, and neighbors together in support of mental health and suicide prevention—breaking down stigma and empowering community to help one another.

May 30th, 2025
4:00 pm - Dark
Crouse Park, 60 Cherry St. Sparta, NC

Featuring the JOE FRIDAY BAND!

Highlights Include:

Live Music

Keynote Speakers

Raffle Prizes-including a Grand Prize drawing

Food & Drinks

Interactive Activities for all ages

Local Resources for mental health, wellness, and crisis support

Luminary Ceremony- Everyone is invited to light a luminary for the loss of a loved one, regardless of how they died, we are acknowledging our collective grief together.



Hope & Help.



Call. Text. Chat. 24/7



For more info: email- alleghanylives@gmail.com